

## MEMORANDUM

FROM: Michael Sitter - Athletic Director

TO: District 301 Board of Education

DATE: December 12, 2025

RE: Recommendation to add Girls' Flag Football as an IHSA Competitive Sport  
Beginning in the 2026 - 2027 School Year

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**Purpose:**

The Purpose of this Memorandum is to recommend that Central School District 301 introduce Girls' Flag Football as a competitive sport beginning in the 2026 - 2027 school year, aligning with the Illinois High School Association's (IHSA) continued expansion of the sport.

**Background:**

Girls' Flag Football has seen rapid growth statewide and nationally. The IHSA has recognized this momentum by supporting and organizing girls' flag football competitions, including postseason opportunities and official partnerships with athletic organizations. Many Illinois districts have already established programs or pilot teams, and participation continues to rise each year.

Introducing the sport in 2026–2027 provides District 301 ample time to prepare for staffing, facilities, scheduling, and promotion, ensuring a successful launch and competitive experience for student-athletes.