



Delivering on Student Well-Being



November 2014



Kitchen Manager's Retreat

Kitchen Manager's went to beautiful Salem, Oregon to meet other manager's and share best practices' stories. They also attended different classes such as: learning how to prepare the dough we use for Pizza, Cinnamon rolls, etc. They also learned how to relax by using Yoga. And finally how to improve communication and leadership skills.



Healthy, Hunger-Free Kids Act Update

2014-2015

1. Increased fruit/vegetable portions for breakfast

Students are required to take at least 1/2 a cup fruit and/or vegetable for breakfast and lunch.

2. 100% whole grain rich for breakfast and lunch.

PSD uses all whole grain and whole wheat products.

3. First sodium targets to be met.

