



Happy November Birthdays to Our Pirates!



Lilly Hucek Marteeny

Eduardo Loza

Cade Weitzel

Kolbe Montes

Raul Guerrero Lara

Matthew Spellman

Blaze Hartford

Alejandra Alcazar Arellano

Joseph Bailey

Benjamin Holm

Krishi Patel

Skylar Cunningham

Yasmine Cruz Lilly



Congratulations to our November Students of the Month

Jasper Hartford and Megan Neahrng

We Miss All of You

Thanksgiving Holiday 11/25-11/27 No School

A NOTE FROM THE PRINCIPAL



Dear Students, Staff, Families and Friends;

Happy first week of November !

With the Governor's press conference last week and the newest changes to the Oregon Department of Education's safe school metrics, Neah-Kah-Nie School district is in the green zone- meaning that it is "safe" for us to start bringing students back to school. This will not happen immediately for all students but we are in the process of planning to make that happen.

We have already started engaging in Limited In Person Instruction. Each week we are expanding the number of students that are participating. Starting next week we will also be adding back the opportunity for students to participate in athletics and activities after school. All of these opportunities are based on signup requests and invitations because we have to maintain strict safety protocols and maintain a student contact log for contact tracing purposes. We also have to meet capacity limits for transportation.

Our school board meets on the second Monday each month. Next week's meeting will feature principals sharing our return to learn plans with the board.

We at the high school started planning for this last March. I would like you to know that the High School Plan has to be a hybrid model where half of the students come back to school in person two days per week, and the other half come a different two days in the week. The reason for this is that our classrooms are not large enough to accommodate all of our students at the same time and maintain a safe physical distancing as required with 35 square feet of space per person.

You should have received a survey yesterday sent out by the district asking among other things if you are able to provide transportation for your student once we return to in-person learning. Your answer is very important because it may impact our daily schedule. We may have to consider staggered start and end times to accommodate transportation needs.

If you have any questions or would like to share your perspectives please reach out to me (heidib@nknisd.org) or attend my weekly zoom meetings- Thursdays at 3p.m.

<https://us02web.zoom.us/j/81012054443?pwd=M3pGYVJuZnVkNk14MkhYUFRXMUpQQT09>

The staff at NKN are committed to making each day of learning the best it can be regardless of the circumstances.

With only 3 weeks left until the end of this first trimester, our student's success is our greatest concern. We are still actively working on that 100% parent teacher conference rate. If you have not yet rescheduled a missed appointment- we ask for your assistance to get that going as soon as possible- we will work with your schedule to make it happen!

Please check your ParentVue / StudentVue accounts to stay up to date classroom grades. You can also see second trimester schedules now!

Please check the daily announcements and read our school newsletters to stay up to date on information and activities. We are working very hard to communicate regularly because we know clarity reduces anxiety!

Upcoming Calendar Notes:

No School November 11- Veteran's Day (Thank you to all of our Veterans for your service to our country! Proud Staff member Veterans: Russell Zaugg, Samantha Brown, and Nadja Paulissen)
No School November 25, 26, 27 for Thanksgiving Holiday
Trimester 1 ends...no school December 4th- grade day.

Have a great weekend everybody!

Sincerely,

Heidi Buckmaster, Ed. D.
Principal, NKN HS
Proud Pirate Alumni- Class of 1986

NOTES FROM OUR COUNSELORS

Career Speaker Event: Friday, November 20th, 1pm. Our career focus for these presentations will be for the Arts, Information and Communications career pathways. We have a variety of speakers presenting: Television & Film Actor, Pacific University, Pacific Northwest College of Art, TCCA IT Operations Manager, and Corporate Communications, Social Media Strategy and Community Management Coordinators, Community Theater, Artist, Animator, Photographer and Nike Design Director. <https://sites.google.com/nknsd.org/career-presentations>

The Importance of Getting Involved: Research has shown that students who are involved in extracurricular activities are more likely to be happy, healthy and more successful in academics. Getting involved in clubs, athletics or working in the community can also assist with the career exploration process and provide the student with insight into their interests as well as skill development. Here is a link to NKN's current clubs, activities and opportunities list:
<https://sites.google.com/nknsd.org/nkn-clubs-and-activities>

TBCC is once again offering their classes for free to students who qualify for the winter term. Students must be 16 yrs old (or receive special permission), have passed previous dual credit or college classes, and met with the counselor (Esther) to schedule. **Deadline: 12/13/2020** (due to Winter Break)

Great Opportunity for Students! In partnership with Tillamook Works our students now have the opportunity to take advantage of job shadows and internships. This is a great way to explore interest areas to see if they're the right fit for you. Having a direction to move towards while in high school can save you time and money down the road. Talk with your students to see what they might be interested in looking at and then contact Esther to get started! esthert@nknsd.org

School Social Emotional Resources:

Please reach out to Margaret Whiting, Social Emotional Learning and Mental Health School Counselor, for more information. Follow this link to connect: [Schedule an Appt with Margaret](#) Email: margaretw@nknsd.org
Phone: 503-355-3564

If you or a student you know are struggling with drug and alcohol use please reach out to Ashley Atwood either during [Office Hours with Ashley](#), email: atwooda@nknsd.org or Phone/text: 503-468-6259



Gratitude

With Thanksgiving around the corner now is as important as ever to think about adding a gratitude practice into your life. Gratitude has been shown in [research studies](#) to change the chemistry in your brain! By just practicing a few of the following sentences or reading the affirmations out loud each day you can help your brain function better and be a healthier person over all. Check out the gratitude link in this [Virtual Wellness Room](#) for more gratitude ideas. In addition, you can celebrate Random Acts of Kindness Day on Friday November 27th which is also shown to positively impact your mental well being for both yourself and others around you!

“A single act of kindness throws out roots in all directions, and the roots spring up and make new trees.” – Amelia Earhart

Sentence Starters: <ul style="list-style-type: none">-I am grateful for...-I show kindness by...-I appreciate...-Others appreciate that I...-Today I am thankful for...	Affirmations: <ul style="list-style-type: none">- I am grateful for everything in my life- I am grateful for my strength. Healthy body and appreciate all that it does for me.- I am grateful to be surrounded by people who love and care about me. I am not alone and I ask for help anytime I need it.- I am grateful for all that I have, all that I am, and all that is.
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NOTES FROM THE OFFICE

Tillamook County Library has sent us applications for library cards. If you do not already have a county library card and would like to get one, so you have access to even more books and online content, please email Erin @ erind@nknsd.org and I will send an application via the bus delivery system. The application will need to be filled out completely and signed by a parent or guardian and can then be returned via the bus system or can be mailed directly to the High School. I will gather returned forms and submit them to the library and they will send out cards via US mail along with a welcome letter.

ParentVue

During this time of online distance learning, it's even more important that the school has the most up to date contact information for families. Please ensure you have a ParentVue account and that your contact information is correct with the office if you have moved or changed numbers recently. Activation keys were sent out with the last progress reports to those parents and guardians that did not have one as of yet. If you need further help activating your account please contact Delpha @ delphac@nknsd.org

Remind

The Remind app is an easy and quick way to reach the school's office staff or teachers if you are a student or parent. If you are a parent or guardian you can easily text the office and let them know that your student will be absent from school (remember only parents and guardians can excuse students from class, students cannot do this themselves). Join the NKN HS Office Communications @ <https://www.remind.com/join/82bgch>

Family ID Online Forms

We still have families that have not completed their registration forms on Family ID. As we move toward Hybrid and limited in person learning, we need to have these forms completed. Please go to [FamilyID.com](https://familyid.com) and complete **Welcome back Pirates 20-21, Bus Registration**

Monthly Newsletter

Please ensure you are reading our monthly newsletter posted on the district website @ [Neah-Kah-Nie High School](https://neah-kah-nie-high-school.org). If you are a student and are interested in submitting a piece of art work or an article for inclusion in the Newsletter please send them to Erin @ erind@nknhsd.org. The 15th of the month is the deadline for inclusion in that month's newsletter.

NOTES FROM THE LIBRARY

Library Circulation

To have books delivered to you, please fill out the form [Library Book Order Form](#).

This form lets us know what kind of books you would like and where to have them delivered. If you want a book to read, but you don't know which book you want exactly, that's okay! The library will surprise you with books we think you would like.

Buses will be able to deliver library books to your door, along with any other school materials your teacher sends out. Every household has an assigned day each week - every student should have received an email with their assigned day. Inform Erin in the office if you have not at erind@nknhsd.org

Monday - Manzanita

Tuesday - Nehalem/Bayside Gardens

Wednesday - Wheeler/Rural Nehalem

Thursday - Bay City

Friday - Rockaway/Garibaldi

When you are done with a book, the buses can pick it up for you on your assigned delivery day. Schedule a pickup with this form (please have items out in a labelled waterproof container prior to 8AM on your day). **Also please schedule your pick up a full 24hrs ahead to give First Student time to include it in the route for the next day.**

<https://forms.gle/7kv2DPEZSNkWHvxx7>

If you want to know which books are in the library, you can check out destinydiscover.com NKN HS. Destiny is a great website where you can browse all of the thousands of books in the library. Each book will list its AR information and if it is available for check out.

Destiny also has hundreds of ebooks and audiobooks that are ready to check-out immediately at home on your computer. Just find an ebook or audiobook you would like, log in, and read (or listen) away!

UPCOMING ANNOUNCEMENTS



NKN SD Fitness Challenge

Our school district staff, students and families are invited to participate in a NKN SD Fitness Challenge for the months of October and November.

This is a free program to try and get people moving during CDL. There is also a little competition built in...and the person with the most time logged gets a cool prize...TBD. All participants who set a goal and meet their goal during the two months will receive a free t-shirt in early December. The t-shirts will be designed soon. Stay tuned.

Participants are asked to log their activities and time spent doing activity for the two months by:

- using this Google Form link: [NKN Activity Tracker Google Form](#)

- or by printing a Word doc Activity Tracker log- Yes, it's Word! Not Google! :) - Please email Erin at erind@nknsd.org to receive a copy to print

ATHLETICS, CLUBS AND ACTIVITIES

Student Council: Contact Advisor Mr Billstine @ jamesb@nknsd.org

ELECTION RESULTS FALL 2020

Student Body President: **Travis Bennett**

Student Body Vice President: **Kara Rumage**

12th Grade Class

12th Grade Class President: **Bella Grimes**

12th Grade Class Representative: **Kaitlyn Koch**

11th Grade Class

11th Grade Class President: **Rylee Stinnett**

11th Grade Class Representative: **Emma Miller**

10th Grade Class

10th Grade Class President: **Cole Brown**

10th Grade Class Representative: **Jack Stanfield**

9th Grade Class

9th Grade Class President: **Kailyn Stinnett**

9th Grade Class Representative: **Tiara Quarles**

Leo's Club: Contact Advisor Ms. Goodland @ skyannag@nknsd.org

If anyone is interested in joining the Leo's club or doing community service please contact Ms. Goodland at the above email address.

Robotics Club: Contact Advisor Ms. Harmon @ kathrynh@nknsd.org
Robotics recently elected new leadership for this school year: Congratulations to President Bella Simmons, and Vice President Parker Fagen. Our team has been learning Python programming, and spent this week carving virtual pumpkins in our CAD modeling software Onshape! We are planning on creating some competitions with other county schools where we can show off our skills virtually. Stay tuned for details.

Art Club: Contact Advisor Ms. Marden @ marylynmm@nknsd.org

An informal art/social gathering with a focus of doing art, primarily drawing, coloring and painting. This student group will meet outside of school time, virtually, one evening/week. Art Club will begin meeting **Wednesday, November 11th, at 4:30 pm**. We might discuss methods, techniques, Professional work as it comes up. People may share their work if they choose, but it is not required." If you are interested in the zoom link and meeting information please contact Ms. Marden at the email above or contact the office.

FBLA: Contact Advisor Ms Jackson @ steviej@nksd.org

FBLA Regional Skills Conferences will be VIRTUAL with the main event on Saturday, January 30th, 2021. Please contact Mrs. Jackson for more details. If you want to participate you will need to be registered with FBLA this year.

See Flyer at the end of this Newsletter

Athletics:


We have started having small groups start conditioning M, W & F from 4-6pm. If your interested contact [Corey](#) , [Carla](#), or [Q](#) to get added to the list.

Yearbook: Contact Advisor Mr. Albrechtsen @ stephena@nksd.org

Great gift idea: a 2020 yearbook, 114 pages of fun memories of the good ol' days.

To order a yearbook go to: <https://nknhighschool.picaboo.com/nkn-2020>

OPTION 1: Order Basic Yearbook CLOSE



FRONT COVER

[Share](#) [Tweet](#)

If you want the regular yearbook without personalizing it, then choose this option.
You can order as many yearbooks as you want:

Hardcover	\$45.00 + shipping
Softcover	\$35.00 + shipping
eYearbook	\$10.00

All prices shown in U.S. dollars.

Order Basic Yearbook

JUNTOS: Contact Natalie Macias @ natalie.macias@oregonstate.edu

See flyer attached to this Newsletter's Spanish version for information on **PCC Youth Conference Friday 12/4/2020**

JUNTOS CLUB


Come join Juntos club and learn more about:

- College and career readiness
- Financial aid and scholarships
- Listen and engage with guest speakers
- Participate in cultural activities

First meeting will be held:
Monday November 23rd at 3:30pm

For more information contact:
Natalie A. Macias
Juntos Coordinator | Oregon State University – Tillamook County
Office 503-842-3433 | Cell 209-535-6731 | E-mail natalie.macias@oregonstate.edu
Office 111 | 4506 Third Street Tillamook, OR 97141

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ASPIRE: Contact Margaret Whiting,
ASPIRE Coordinator @ margaretw@nknsd.org

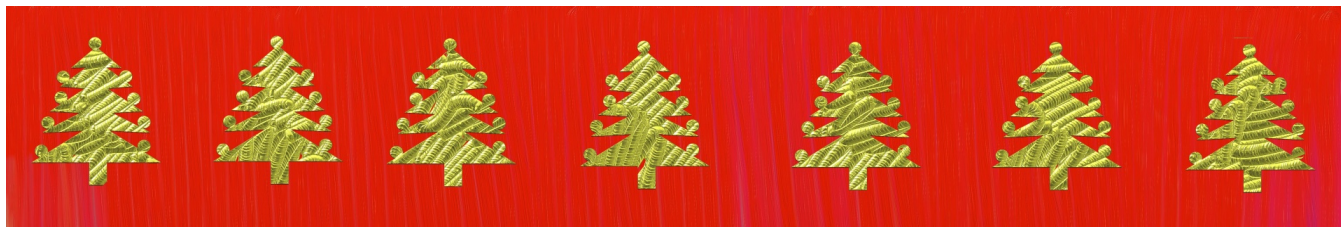
(Access to Student Assistance Programs In Reach of Everyone) is a mentor program that matches trained and supportive adult volunteers with our high school students to help you plan and prepare for life after high school. ASPIRE provides you with someone “in your corner” who is committed to helping you pursue the next steps in your academic lives or careers. Students get one-on-one help with college and career exploration, applications, reminders about meeting deadlines, directions to financial aid resources, assistance finding and applying for scholarships and more. Please visit the link for more information <https://oregonstudentaid.gov/aspire.aspx>

Natural Resource Leaders Club:

Christmas Tree sale at the High School front parking lot, starting Friday November 27th.

Weekends, from 10:00-4:00pm.

All proceeds will benefit the Future Natural Resource Leaders club



LUNCH PROGRAM & ACCOUNTS

The school cafeteria has worked tirelessly to continue to provide nutritional meals (both breakfast and lunch) to our students in this very difficult time. Meals can be picked up at the school cafeteria doors by the middle school flagpole each day from 11am to 12:30pm Monday through Friday. Meals are also being transported, with the assistance of First Student Transportation, to central locations throughout the district. If you would like to access the meals provided by the school please contact Ashley Arthur at the District Office (ashleya@nknsd.org) for information on the drop off times and locations or access the most up to date schedule at the district website at

<https://nknsd.org/wp-content/uploads/2020/09/2020-2021-Bus-Routes-1st-Trimester-rev2.pdf>

<https://nknsd.org/wp-content/uploads/2020/09/2020-2021-Bus-Routes-1st-TrimesterSpanish-rev2.pdf>

If someone besides a parent or guardian will be picking up meals for your children, you will need to fill out a permission slip. One can be obtained by emailing Ashley Arthur at the district office at (ashleya@nknsd.org).

AFTER SCHOOL TUTORING

As you review your student's report card, if you believe they would benefit from some extra support with their classes, tutoring is offered after school Monday through Thursday. Hours are 3:45 p.m. to 6:00 p.m. Students staying for tutoring can ride the activity bus home. Students simply need to sign up in the office with Margaret. If you have any questions, please call the high school.

Only students attending after school tutoring or practice for school sponsored clubs and sports are allowed to stay after school. Students are not allowed to be unsupervised after school and students are not allowed to leave after school then come back and ride the activity bus.

Employment Opportunity

Substitute Employment



Beginning with the 2020-21 school year, Neah-Kah-Nie School District has contracted with [ESS](https://www.ess.com) for our substitute services. To become a substitute for the District please go to [ESS.com](https://www.ess.com), click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process.

If you have questions about the application process, or becoming a substitute, please contact ABrueske@ess.com or our Human Resources office at 503-355-3506.

TILLAMOOK COUNTY MENTAL HEALTH CRISIS LINE

Life can be stressful and overwhelming daily for adults and children/teens alike. Tillamook County residents have access to a 24-hour crisis response mobile unit:

Tillamook County Mental Health Crisis Line

503-842-8201

Suicide Prevention Lifeline

1-800-SUICIDE/1-800-273-TALK

Safe Oregon

<https://www.safeoregon.com/>

NEAH-KAH-NIE



FBLA is the premier organization for student leaders preparing for careers in:

- Business
- Management
- Entrepreneurship
- Technology



Neah-Kah-Nie FBLA Chapter Wants You!

Contact Mrs. Jackson today:
503-355-2272
steviej@knksd.org



FBLA IS THE PLACE WHERE BUSINESS AND EDUCATION COME TO LIFE!

