

Conference Schedule

**Agenda may be subject to change.*

DAY 1 November 1, Tuesday

1:00PM - 4:30PM

- **1:00PM - 4:30PM** - *Navigating the Nervous System: A Polyvagal Theory Approach to Clinical Work* - Professor Stephen Porges & Deb Dana - [Presentation Details \(3 CE Credits\)](#)
- **1:00PM - 4:30PM** - *A Pragmatic Guide to Effectively Measuring Addiction Treatment Success* - Dr. Nicholas Hayes & Dr. Annie Peters - [Presentation Details \(3 CE Credits\)](#)

7:00PM - 9:00PM

- **7:00PM** - Welcome Reception

DAY 2 November 2, Wednesday

7:30 AM - 8:30 AM

- **7:30 AM** - 12-Step Meeting

8:30 AM - 10:15 AM

- **8:30 AM** - Opening General Session - *Trauma, Illness & Healing in a Toxic Culture* - Dr. Gabor Maté - [Presentation Details \(1 CE Credit\)](#)

10:30 AM - 11:30 AM

- **10:30 AM** - *Coherence – A Unified Whole Person Approach to Self-Regulation* - John Amaral - [Presentation Details](#)
- **10:30 AM** - *A Historical Reflection on the Progression of the Trauma Resolution Model* - Dr. Peter Levine & Professor Stephen Porges - [Presentation Details \(1 CE Credit\)](#)
- **10:30 AM** - *Expertise, Authority and Trust: Best Practices Around Building and Growing Online in 2023. A Look into How Search Has Evolved, Current Best Practices, Techniques and Tips, As Well As Where the Future May Head with Online Search Engines* - David Curtis - [Presentation Details](#)

- **10:30 AM** - *Trauma and Dissociation: an integrative trauma treatment model for complex PTSD and dissociative clients* - Dr. Karol Darsa - [Presentation Details \(1 CE Credit\)](#)
- **10:30 AM** - *The Practical Application of Exercise as an Adjunct Therapy for the Treatment of Substance Use Disorders* - Nicole Golden - [Presentation Details \(1 CE Credit\)](#)
- **10:30 AM** - *Effects of a Diet & Lifestyle intervention on Biological Aging* - Dr. Kara Fitzgerald - [Presentation Details \(1 CE Credit\)](#)
- **10:30 AM** - *Alcoholics Anonymous and Related 12-step Facilitation Treatments (AA/TSF) as Frontline Treatment Options* - Professor John Kelly - [Presentation Details \(1 CE Credit\)](#)

11:30 AM - 1:00 PM

- **11:30 AM - 1:00 PM** - Lunch Break
- **11:45 AM - 12:45 PM** - Clinical Lunch - *Liberating Our Patients* - Zina Rodriguez
- **11:45 AM - 12:45 PM** - Leadership Lunch - *The Evolution of the Opioid Crisis* - Linda Clark, **Hosted by KIPU**

1:00 PM - 2:30 PM

- **1:00 PM** - *The Utility of Psychosocial and Collaborative Multidisciplinary Treatments in Pain Recovery and Chronic Disease Management* - Dr. James Flowers - [Presentation Details \(1.5 CE Credits\)](#)
- **1:00 PM** - *Manage Stress, Boost Memory and Protect Your Brain Today, Tomorrow and Years From Now* - Dr. Marc Milstein - [Presentation Details \(1.5 CE Credits\)](#)
- **1:00 PM** - *Exploring Internal Family Systems: Restoring Wholeness* - Dr. Richard Schwartz - [Presentation Details \(1.5 CE Credits\)](#)
- **1:00 PM** - *A New Paradigm of Leadership –What is Needed Now and in the Future* - Susan Paley - [Presentation Details \(1 CE Credits\)](#)
- **1:00 PM** - *Compulsive and Addictive Sexual Behavior: The Controversy, Diagnosis, and Implications for Treatment* - Dr. Stefanie Carnes - [Presentation Details \(1.5 CE Credits\)](#)
- **1:00 PM** - *Where are they? Importance of a Physical Wellness Expert and plan to an Integrated Mental Health Program* - Dr. Marc Boff - [Presentation Details \(1.5 CE Credits\)](#)
- **1:00 PM** - *Rise of the Planet of the Neurodivergents: How ADHD Influencers Are Driving Global Change* - Dr. Alberto Pertusa - [Presentation Details \(1.5 CE Credits\)](#)
- **1:00 PM** - *Suicide and the Organization* - Jaime Vinck - [Presentation Details \(1.5 CE Credits\)](#)

3:00 PM - 4:00 PM

- **3:00 PM** - *Stay Free* - Russell Brand - [Presentation Details](#)

4:30 PM - 5:30 PM

- **4:30 PM** - *The Future of Well Being* - Deepak Chopra - [Presentation Details \(1 CE Credit\)](#)

DAY 3 November 3, Thursday

6:00 AM - 7:00 AM

- **6:00 AM** - Yoga / Tai Chi / Meditation at EPCOT (Registration Required)
- **6:00 AM** - Virtual Techno Gym Workout at Dolphin Hotel
- **6:00 AM** - Beach Yoga at Dolphin Hotel Beach
- **6:00 AM** - Fun Run

7:30 AM - 8:30 AM

- **7:30 AM** - 12-Step Meeting

8:00 AM - 9:30 AM

- **8:00 AM** - Opening General Session - *Spirituality and Mental Health* - Marianne Williamson - [Presentation Details \(1 CE Credit\)](#)

8:30 AM - 11:30 AM

Registration Required

- **8:30 AM** - *Compassionate Inquiry workshop* - Dr. Gabor Maté - [Presentation Details \(3 CE Credits\)](#)

10:00 AM - 11:00 AM

- **10:00 AM** - *AJOIA – A Multi Sensory Musical Experience* - Anthony Gorro & Andrew Lovell - [Presentation Details](#)
- **10:00 AM** - *Supporting Youth Resilience: Exploring the 2021 U.S. Surgeon General's Advisory on Youth Mental Health* - Sara Polley / Desirae Vasquez - [Presentation Details \(1 CE Credit\)](#)
- **10:00 AM** - *Gray Area Drinking* - Kelly Kitley - [Presentation Details \(1 CE Credit\)](#)

- **10:00 AM** - *Flow as a Countermeasure to Languishing and Burnout* - Chris Bertram - [Presentation Details](#)
- **10:00 AM** - *Advanced Brain Imaging Produces Improved Outcomes for Behavioral and Mental Health Recovery* - Karen Odell Barber - [Presentation Details](#)
- **10:00 AM** - *Workforce Wellness: Navigating the New Workplace Culture* - Lizz Acee - [Presentation Details](#)
- **10:00 AM** - *Compassionate Accountability: Healing Unconscious Racial Bias* - Ester Nicholson - [Presentation Details \(1 CE Credit\)](#)

11:00 AM - 12:30 PM

- **11:00 AM - 12:30 PM** - Lunch Break
- **11:15 AM - 12:15 PM** - Clinical Lunch - *Take the Guesswork Out of Healthcare: Importance of Diagnostic Evaluations in Complex Mental Health & Medical Cases* - James Flowers - [Presentation Details \(1 CE Credit\)](#)

12:30 PM - 2:00 PM

- **12:30 PM** - *Why We Sleep* - Dr. Matthew Walker - [Presentation Details \(1.5 CE Credits\)](#)
- **12:30 PM** - *Sociometrics and Psychodrama as Expressive Arts Therapies* - Dr. Tian Dayton - [Presentation Details \(1.5 CE Credits\)](#)
- **12:30 PM** - PANEL: *Can Digital Mental Health Live Up To The Promise?* - Matt Vogl / Debra Boeldt / Walter Greenleaf / Solome Blue - [Presentation Details \(1.5 CE Credits\)](#)
- **12:30 PM** - *Clinical Consideration for Working with the Queer, Gay, Non binary, and LGBTQIA2+Population* - Kristina Padilla - [Presentation Details](#)
- **12:30 PM** - *Reconceptualizing Relapse Prevention: Addressing Patients' Unique Needs* - Rabbi Yekesie (JD) Kalmenson - [Presentation Details](#)
- **12:30 PM** - *Culturally Informed Care for Addiction, ADHD and Other Mental Health Challenges? How Culture Impacts Diagnosis, Treatment and Outcomes in Addiction and Psychiatry* - Dr. Constant Mouton - [Presentation Details \(1.5 CE Credits\)](#)

2:30 PM - 4:00 PM

- **2:30 PM** - Margaret Trudeau - [Presentation Details](#)
- **2:30 PM** - *How the Body Releases Trauma and Restores Health* - Dr. Peter Levine & Betsy Polatin - [Presentation Details \(1.5 CE Credits\)](#)
- **2:30 PM** - *The Representation of Madness in 19th Century Opera* - Dr. Neil Brener - [Presentation Details \(1.5 CE Credits\)](#)
- **2:30 PM** - *Substance Use Disorder Continuum: New Era of Recovery Oriented Systems of Care* - Peter Nielsen - [Presentation Details \(1.5 CE Credits\)](#)

- **2:30 PM** - *Unspoken Legacy - Reverberations of Trauma in the Addictive Family* - Dr. Claudia Black - [Presentation Details \(1.5 CE Credits\)](#)
- **2:30 PM** - *Peak Performance - Understanding the psychology behind mental skills and the impact it plays in the sports world, mental health, and addiction populations* - Dr. Derick Anderson & Jim Soda - [Presentation Details \(1.5 CE Credits\)](#)

4:30 PM - 5:30 PM

- **4:30 PM** - *Happy Days* - Gabby Bernstein - [Presentation Details](#)
- **4:30 PM** - *Creative Counseling Techniques: Using Creative Arts to Promote Client Self-Efficacy and Resilience.* - Mary Affee - [Presentation Details \(1 CE Credit\)](#)
- **4:30 PM** - *A Walk Through the Continuum & How to Know What to Ask When Vetting A Treatment Center* - Peter Lazar - [Presentation Details](#)
- **4:30 PM** - *The Allure of Self-Destruction: How Acceptance & Commitment Therapy (ACT) Can Redefine Addiction Recovery* - Dr. Annie Peters - [Presentation Details \(1 CE Credit\)](#)
- **4:30 PM** - *Are Illegal drugs the future of mental health and addiction treatments?* - Professor David Nutt - [Presentation Details \(1 CE Credit\)](#)

7:00 PM - 10:00 PM

Animal Kingdom

DAY 4 November 4, Friday

6:00 AM - 7:00 AM

- **6:00 AM** - Yoga
- **6:00 AM** - Virtual Techno Gym Workout

7:30 AM - 8:30 AM

- **7:30 AM** - 12-Step Meeting

8:00 AM - 8:15 AM

- **8:00 AM** - Opening Session

8:30 AM - 9:30 AM

- **8:30 AM** - *Navigating Challenging Times: A Polyvagal Theory Perspective* - Deb Dana - [Presentation Details \(1 CE Credit\)](#)

- **8:30 AM** - *Therapeutic applications of Transcranial Magnetic Stimulation in the era of Covid-19* - Dr. Antonello Bonci - [Presentation Details](#)
- **8:30 AM** - *The Healing Power of Breath* - Annelies Richmond - [Presentation Details \(1 CE Credit\)](#)
- **8:30 AM** - *Workaholism: The “Respectable” Process Addiction* - Dawn Nickel - [Presentation Details](#)
- **8:30 AM** - *Therapeutic Presence-Mindful Based Support and Connection* - Francine Miller - [Presentation Details](#)

10:00 AM - 11:30 AM

- **10:00 AM** - *Dopamine Fasting: A Neuroscience-Informed Approach to Compulsive Overconsumption in a Reward-Overloaded World* - Dr. Anna Lembke - [Presentation Details \(1.5 CE Credits\)](#)
- **10:00 AM** - *What’s Love Got to Do With It? The Traumatic Cycle of Love Addiction/ Love Avoidance* - Jean Collins-Stuckert - [Presentation Details \(1.5 CE Credits\)](#)
- **10:00 AM** - *Fueling Well in A New World; The Latest Data on How to fuel Better for Mental Health, and Immunity* - Dr. Kristin Kirkpatrick - [Presentation Details \(1.5 CE Credits\)](#)
- **10:00 AM** - *The Saboteurs of Teamwork - Egos, Trauma, and Unconsciousness* - Dr. Lou Cox & Jeff Doemland - [Presentation Details \(1.5 CE Credits\)](#)
- **10:00 AM** - *Stronger Together - The Science of Community Healing* - Jacki Hilios - [Presentation Details \(1.5 CE Credits\)](#)
- **10:00 AM** - *The Future of Financing Mental Health and Addiction Services* - Erin Booker / Tom Britton / Eric Bailly / Andy Kelly / Greg Williams - [Presentation Details](#)
- **10:00 AM** - *Doctors, Lawyers, and Pilots Oh My! When and how will we take care of our own?* - Judy Crane - [Presentation Details \(1.5 CE Credits\)](#)
- **10:00 AM** - *The Healing Power of Belonging* - Beck Gee-Cohen & Jordan Held - [Presentation Details \(1.5 CE Credits\)](#)

11:30 AM - 1:00 PM

- **11:30 AM - 1:00 PM** - Lunch Break
- **11:45 AM - 12:45 PM** - Clinical Lunch - *Intergenerational & Historical Trauma; Working with Native American Indians and Understanding the Trauma to Start the Wellness of Healing* - Kristina Padilla

1:00 PM - 2:30 PM

- **1:00 PM** - *Transforming Legacy Burdens to Legacy Gifts* - Richard Schwartz & Deran Young - [Presentation Details \(1.5 CE Credits\)](#)
- **1:00 PM** - *Changing the Traditional Safety Culture to a Total Worker Health Perspective* - Kyle Zimmer

- **1:00 PM** - Interventionist Panel
- **1:00 PM** - *Global Health Pandemic – The Perfect Storm* - Wendy Oliver Pyatt - [Presentation Details](#)

3:30 PM - 6:00 PM

- **Not So Late Show** - Featuring Whoopi Goldberg, Rob Lowe, Musical Entertainment

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