

## Good Medicine Program update for September 2018:

- The Good Medicine Program has schedule the 2018/2019 Youth Mental Health First Aid trainings. For the last year of the grant we are required to train 55 individuals in order to meet our goal for the year. This year we are hoping to get more Juniors and Seniors to participate and are offering two \$25 gift cards.

### YMHFA Training Schedule 2018/2019

- \*\* September 23, 2018 Coaches no one showed up
- \*\* October 19, 2018 Heart Butte: Daniella & Tessa
- \*\* November (waiting to confirm dates for Indian Health Service)
- \*\* December 18, 2018: Karla & Jen
- \*\* January 15, 2019: Tessa & Kim
- \*\* February 19, 2019: Tessa & Karla
- \*\* March 19, 2019: Kim & Jen
- \*\* April 16, 2019: Daniella & Jen

- On September 19-20, 2018, the Good Medicine Program staff and most of the school counselors presented the Question, Persuade, & Refer and the Signs of Suicide prevention programs to the Freshman class. After implementing the BSAD screener the GMP staff members and two of the school counselors completed check in's which required a few Behavioral Health visits, a few safety plans, getting the students acquainted with the mental health providers in the school, and setting up appointments with outside mental health agencies. After we have completed the trainings and screenings I will present for the board with the data. Below is upcoming scheduled trainings.

- \*\* October 2-3, 2018, 8:10 am to 9:10 am: Sophomore Advisement
- \*\* October 23-24, 2018, 8:10 am to 9:10 am: Junior Advisement
- \*\* November 6-7, 2018, 8:10 am to 9:10 am: Senior Advisement
- \*\* November 13-14, 2018, 8:10 am to 9:10 am: Make-up day (missed classes or students)
- \*\* October 29, 2018, 8:30 am to 10:00am: 8<sup>th</sup> grade
- \*\* November 1, 2018, 8:30 am to 10:00am: 7<sup>th</sup> grade

- Our new employee whom is Julianna Salois has started on Monday, October 1, 2018, and she will be located at the KW/Vina Chattin building. During her first week, she will be shadowing each Youth Mental Health Specialist to gain an understanding of her job duties and how she can apply her own techniques with the students that she will be working with.