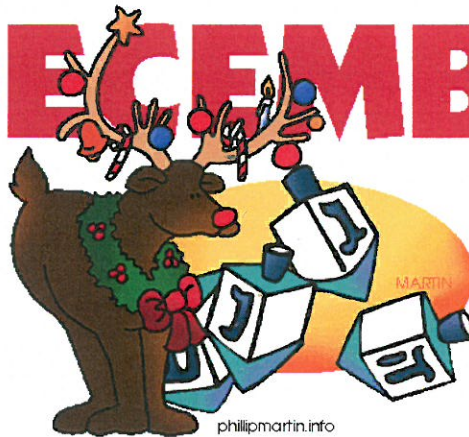


DECEMBER



TIGER TIMES



WRESTLING & GIRLS BASKETBALL

Online sign-ups going on
through January 7th.
Practice begins
January 7th.

*Sign-up on the LSMS website through
Family ID. Student must have a current
physical on file and be registered to practice.*



UPCOMING EVENTS

- 12/11 Site Council 4:00pm**
- 12/12 Holiday Meal**
- 12/12 Band Concert 6:00pm**
- 12/20 Dance 3:45pm-5:45pm**
- 12/24-1/4 Winter Break—No School**
- 1/7/19 Classes Resume**

**EXCLUSION DAY
IS COMING FOR
7th GRADERS**
Remember
students must
have all their
immunizations
up-to-date. If
your child is
going into the 7th
grade they are
required to have
the Tdap.

6th GRADE NEWS

On Friday, November 16, the following 6th grade students were recognized. For **Tiger Hustle**: Emmanuel Villagran-Vargas, Javier Schweizer, Paige Cooper, Terra Wach. For **Tiger Pride**: Kaleah Chase, Kelan Booker, Alex Tucker, Presley Noga.

HOLIDAY LUNCH

The cafeteria will be serving a Holiday Lunch on December 12th. You will get turkey gravy, mashed potatoes, roasted green beans and a roll all for only \$4.00 for adults! Please come join your student for lunch!

8th GRADE MATH COMPETITION

The 8th Grade Math Competition was recently held and the results are listed below.

Four of our students placed in the Top 10 for the district: Cody Rommes, Natasha Harmon, Grant Bohannon and Megan Wassink. Cody Rommes was the overall winner and placed first for Lincoln Savage followed by 2nd—Natasha Harmon and 3rd—Grant Bohannon. Lincoln Savage also won an ice cream party for the school with the Highest Average Score and at least 75% attendance. Great job Tigers!



Library News

Batte of the Books participants are gearing up for the District Battle on Saturday, March 2nd, at Lorna Byrne Middle School. Students should have at least 8 books completed by January 1st, and must pass a written/team test at LSMS to be chosen for a competing spot on our team! Please contact Mrs. DeForest or Mrs. Haberman for more information.

Library Online

Do you want to know what books we have available in our library. Go to <http://www.threerivers.k12.or.us/library-resources> and find Lincoln Savage. Search for books in our catalog, or look at our home page for student resources and author websites.

New Books!

We have so many new books on the shelves that we earned from our Scholastic Book Fair. Here is a list of just some of the titles/authors:

Auggie & Me: three wonder stories (The Julian Chapter, Pluto, Shingaling) by R.J. Palacio

Defender of the Realm by Mark Huckerby and Nick Ostler

Diary of a Wimpy Kid: The Meltdown by Jeff Kinney

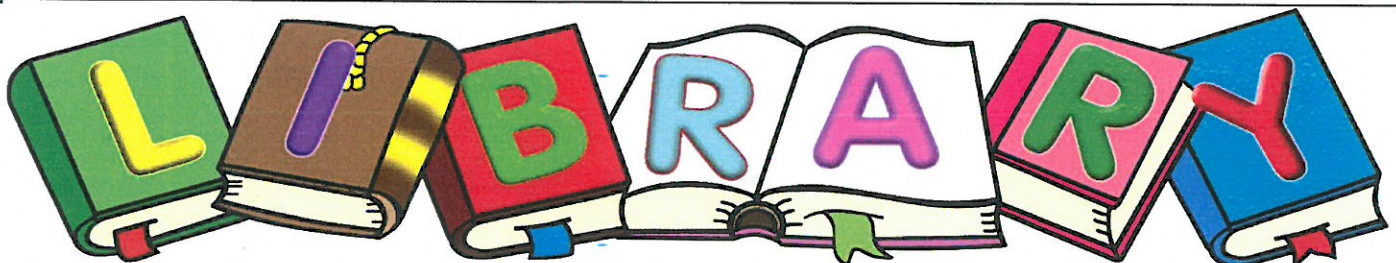
Code of Honor by Alan Gatz

Invisible Emmie, and *Positively Izzy* by Terri Libenson

Tombquest: the final kingdom (bk.5) by Michael Northrop

Basketball Superstars 2018: facts & stats by Clive Gifford

SPACE: the definitive visual catalog of the universe by Sean Callery and Miranda Smith



Middle Years

Working Together for School Success



Short Stops

Getting the message

Let your tween know you're counting on her to keep you in the loop about school news. During morning announcements, she might jot down reminders ("Ask for a ride to basketball tryouts, Saturday 9 a.m."). Or have her post flyers on the refrigerator where you'll see them.

Mealtime manners

Encourage your child to be polite when he's offered food. If he doesn't like something, he could take a small portion to try—maybe he'll enjoy it after all! If he has a food allergy or eats a vegetarian diet, he can mention it and say, "Thank you anyway."

Turning in assignments

Your middle grader's homework isn't finished until she hands it in. Suggest that she take it out of her backpack as soon as she sits down in each class so it's ready to be collected. Or perhaps she'll keep homework in one folder to carry to every class so she doesn't leave any assignments in her locker.

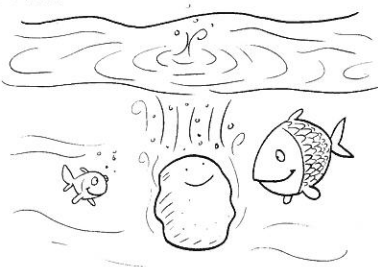
Worth quoting

"Happiness often sneaks in through a door you didn't know you left open."
John Barrymore

Just for fun

Q: If you throw a blue rock into the Red Sea, what will it become?

A: Wet!



Growing responsibility

Picture your middle grader as a responsible young adult. How do you help him get there? Consider these ideas for planting the seeds of responsibility now so he'll grow into the dependable person you're trying to raise.

Promote consistency

Sticking to routines makes handling responsibilities a natural part of your tween's day. For instance, if he needs a tablet for school, he might charge it on the kitchen counter every night. Or suggest that he bring his PE uniform home on Fridays so he can wash it.

Pass the "baton"

Imagine you're in a relay race and you're passing the "responsibility baton" to your child. Make the handoff by switching from giving instructions to asking questions. Say he's getting ready for a chorus concert. Instead of telling



him to put on his dress shoes and find his sheet music, try saying, "What do you need to do to get ready?"

Discuss accountability

Experience is an excellent teacher—and it can make your middle grader more responsible. Share an example from your own life ("I forgot about my doctor's appointment, so now I have to pay a no-show fee"). Then, explain what you learned ("I need to put appointments on my calendar right away").

Brainstorm for project success

Your tween may have heard the expression "Two heads are better than one." That's especially true when it comes to brainstorming! Share these tips she can use the next time she works on a group project.

■ **Get organized.** Decide what the group will accomplish (say, picking a topic for a class presentation). Review the assignment guidelines, and appoint one person to record ideas.

■ **Consider all possibilities.** Encourage your middle grader to call out any idea that comes to mind, even if she's not sure it'll work. An off-topic or half-formed suggestion may lead others to think of ideas that will work.

■ **Read and evaluate.** At the end of the brainstorming session, look over all the contributions. Think of ways to combine or tweak everyone's favorites.



Writing is fun!

Motivate your tween to write more often with these activities. She'll practice using parts of speech and descriptive language.

Make up Mad Libs. Your middle grader could create a silly story by leaving blanks for you to fill in. Encourage her to think carefully about where to put blanks and label each with the part of speech needed (noun, verb, adjective). For example, will



she leave out a noun so you can choose the character? ("I looked up to see a giant _____ walking down the street.") Or will she pick the character and let you supply an adjective to describe it? ("There was a _____ wildebeest on the loose.")

Write shape poetry. Can your child write a poem in the shape of her topic? With *concrete poetry*, she'll do just that. First, have her select an object to write about, such as an apple, and think about what it brings to mind (baking apple pies with Grandma, visiting an apple orchard). She should draw an outline of an apple in pencil, write lines of poetry in pen to fit the shape, and erase the outline. 👍

Parent to Parent Peaceful co-parenting

After our divorce, my ex-wife and I used a co-parenting app to communicate because talking in person was awkward.



When I mentioned the app to my counselor, he suggested that it would be good for our son, Aiden, to see his parents getting along—in person.

I realized he was right, so lately I've started going to my ex-wife's door to pick up Aiden rather than waiting in the car. I caught my son smiling when he saw me talking to his mother about how he's doing in school and about our plans for the weekend.

We still use the app, but it's getting easier to set aside our emotions for Aiden's sake. He's realizing that we can work together even though we have our differences. 👍



Q & A Avoid the gossip scene

Q I recently heard my daughter talking with her friends about a rumor that's going around at school. How can I encourage her not to gossip?

A First, talk to your daughter when her friends aren't around. You could suggest that she always assume rumors are false. Point out that people who start or share them often don't even know if they're true. They may gossip because they want attention or to get revenge, for example.

Then, have your tween think about how the person being talked about would feel if he overheard the gossip. Instead of staying silent, your middle grader might speak up and say, "That sounds like a rumor." She should also avoid spreading the rumor.

Finally, explain that sharing rumors can cause friends not to trust her. After all, if they know she's willing to gossip, they may wonder if she'll gossip about them one day, too. 👍



Creative tweens

Ever wonder what happened to your singing, doodling, spontaneous child? He's still there! Since middle graders are usually more self-conscious, they might need a little coaxing to express their creativity. Try these strategies.

1. Put an inexpensive art easel and supplies (drawing paper, paints, brushes, markers, colored pencils) in a corner of your home. When you're not looking, your tween may

decide to sketch a pet, paint a sunset, or try his hand at abstract art.

2. Put your middle grader in charge of making signs on the computer or on poster board for family members' birthdays. He can download pictures specific to the person (favorite food or movie star) and write a clever greeting. *Example:* "Happy birthday from the whole bunch" with a picture of bananas. 👍



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
www.rfeonline.com
ISSN 1540-5540

Middle School

Dec 3- Dec 7, 2018

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

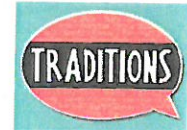
Everyday Choice Bagel w/ Cream Cheese Grab & Go Breakfast



MONDAY	Ultimate Breakfast Round/ Ham & Cheese on English Muffin	V
TUESDAY	Biscuit w/ Country Gravy/ Sausage & Cheese Biscuit	
WEDNESDAY	Waffle bar w/ Fruit Compote & Toppings/ Ham & Cheese on English Muffin	V
THURSDAY	Fruit Muffin/ Sausage & Cheese Biscuit	V
FRIDAY	Cinnamon Rolls/ Ham & Cheese on English Muffin	V

Daily Special

12/5-National Comfort Food Day!



MONDAY	Chicken Nuggets w/ WW Roll and Roasted Corn	
TUESDAY	Nachos	V
WEDNESDAY	Rainbow Chili & Cheese/ Baked Potato w/ WW Roll	V
THURSDAY	Popcorn Chicken w/ Cheesy Mashed Potatoes and WW Roll	
FRIDAY	Pizza	V



Daily Special

MONDAY	Turkey & Cheese Sub/ Chef's Salad
TUESDAY	Ham & Cheese Sub/ Spicy Chicken Salad
WEDNESDAY	Italian Sub/ Chicken Caesar Salad
THURSDAY	American Sub/ Taco Salad
FRIDAY	Sunflower Butter & Jelly Sandwich/ Spicy Chicken Salad



This Week's Feature:

- Cheeseburger/Hamburger
- Spicy Chicken Sandwich
- Chicken Patty Sandwich
- Sunflower Butter & Jelly Sandwich- V
- Hot/Cold Cheese Sandwich- V
- Deli Bar-Build Your Own

Menus available online*

V Vegetarian We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options.
SP Smart Pick Smart Pick selections meet specific criteria for fat, sodium & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Nutrition Information is available upon request.



Middle School

Dec 10- Dec 14, 2018

Our menus are aligned with the USAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

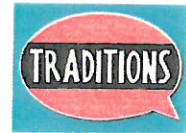
Everyday Choice
Bagel w/ Cream Cheese
Grab & Go Breakfast



- MONDAY** Pancake & Sausage Breakfast on a stick w/ syrup
Ham & Cheese on English Muffin
- TUESDAY** Ham & Cheese Breakfast Burrito w/ Salsa
Sausage & Cheese Biscuit
- WEDNESDAY** French Toast Bar w/ Toppings
Ham & Cheese on English Muffin
- THURSDAY** WG Pancakes w/ syrup
Sausage & Cheese Biscuit
- FRIDAY** Cinnamon Rolls/
Ham & Cheese on English Muffin

V
V
V

Daily Special
12/12-Holiday Meal



- MONDAY** Bean & Cheese Enchilada w/ Cilantro
Lime Brown Rice
- TUESDAY** Nachos
- WEDNESDAY** Turkey Gravy w/ Mashed Potatoes and
VW Roll
- THURSDAY** Alaskan Fish & Chips
- FRIDAY** Pizza
Grilled Ham & Cheese w/ Tomato Soup

V
V
V
V



Daily Special

- MONDAY** Turkey & Cheese Sub/
Chef's Salad
- TUESDAY** Ham & Cheese Sub/
Spicy Chicken Salad
- WEDNESDAY** Italian Sub/
Chicken Caesar Salad
- THURSDAY** American Sub/
Taco Salad
- FRIDAY** Sunflower Butter & Jelly Sandwich/
Spicy Chicken Salad



This Week's Feature:

- Cheeseburger/Hamburger
- Spicy Chicken Sandwich
- Chicken Patty Sandwich
- Sunflower Butter & Jelly Sandwich- V
- Hot/Cold Cheese Sandwich- V
- Deli Bar-Build Your Own

Menus available online*

V Vegetarian
SP Smart Pick

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Nutrition Information is available upon request.



Middle School

Dec 17- Dec 21, 2018

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

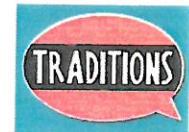
Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Everyday Choice
Bagel w/ Cream Cheese
Grab & Go Breakfast



MONDAY	Ultimate Breakfast Round Ham & Cheese on English Muffin	V
TUESDAY	Biscuit w/ Country Gravy Sausage & Cheese Biscuit	
WEDNESDAY	Waffle Bar w/ Fruit Compote & Toppings Ham & Cheese on English Muffin	V
THURSDAY	Tater Tot Breakfast Bowl w/ WW Toast Sausage & Cheese Biscuit	V
FRIDAY	Cinnamon Rolls/ Ham & Cheese on English Muffin	V

Daily Special
12/21-Holiday Cookie Day!



MONDAY	Chili Verde Burrito w/ Mexican Black Beans	V
TUESDAY	Nachos	V
WEDNESDAY	Chicken Nuggets w/ Breadstick & Green Beans	
THURSDAY	Popcorn Chicken Bowl w/ WG Roll	
FRIDAY	Pizza w/ Blanched Broccoli	V



Daily Special

MONDAY	Turkey & Cheese Sub/ Chef's Salad
TUESDAY	Ham & Cheese Sub/ Spicy Chicken Salad
WEDNESDAY	Italian Sub/ Chicken Caesar Salad
THURSDAY	American Sub/ Taco Salad
FRIDAY	Sunflower Butter & Jelly Sandwich/ Spicy Chicken Salad



This Week's Feature:

Cheeseburger/Hamburger
Spicy Chicken Sandwich
Chicken Patty Sandwich
Sunflower Butter & Jelly Sandwich- V
Hot/Cold Cheese Sandwich- V
Deli Bar-Build Your Own

Menus available online*

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SP Smart Pick Smart Pick selections meet specific criteria for fat, sodium & calories.

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Nutrition Information is available upon request.



6th grade students responses to the prompt: Based on your personality and characteristics, which organelle are you...?

I think I am most like a chloroplasts because in the plant, the chloroplasts makes the sugar. The sugar is like food for the plant. And I always eat candy which has sugar in it. Kelan B.

I would be a cell wall because I can provide people with both structural support and protection. Hunter P.

I am like a nucleus because the nucleus controls the stuff that goes on in the cell. I like being in control at my house all the time. Justyn I.

i think i would be the cell wall because i support my friends and family. Brad A.

i am a cell membrane because it protects its insides. Lydia B.

I am the mitochondria, because I am vey energetic. Kaiden C.

a cell membrane because i am around everybody. Adrian S.

My Organelle

I would be the mitochondria because I love gymnastics and cheer and the mitochondria is the power house like a gymnast. Ellie D.

Based on my personality I would be the cell membrane because whenever someone I care about gets hurt I will stand up for them. Liberty N.

I am a chloroplasts because I like the sun. Hope B.

Cell wall. A cell wall is the protector. Savi J.

I'm a CYTOSKELETON because it helps everything stay in line. Kira L.



MURPHY
OUTBACK

Murphy Outback Youth Ministries

Homework Help & Study Day

Wednesdays—Starting November 7th

Free to all middle school students

Our goal is to help students complete class work/homework, study for tests and help reach educational goals.

To be eligible for study time at the Outback, students must bring homework assignments, study materials and a book to read each time they wish to attend.

We may wish to contact parents regarding a student's progress so if we do not have a current Outback permission slip on file we ask that you complete and return one to us before your student attends.

If you have any questions please contact Joe Pedersen at 541-450-3155 or murphyoutback@gmail.com.



Welcome to another year at The Outback! We are excited to see old faces and meet new ones as we begin a year full of making memories and having fun! We ask that you abide by these rules to ensure this year is filled with safety, respect and good, clean fun! By signing below, by both guardian and student, you are committing to following our Outback standards and agree to the consequences if such rules are broken.

**If any of the following rules are broke, depending on the severity of the offense, your student may be asked to go home and/or not to return to the Outback.*

1. **Respect the Stuff** (no damaging game equipment, buildings or property! help us take care of the stuff so we can keep having fun)
2. **Respect Others** (positive words are welcome - put downs, bullying, and disrespect will not be tolerated)
3. **Respect God** (you are not forced to believe in God but we ask that you respect other's beliefs and the beliefs of the Outback staff & volunteers)

Guardian Signature: _____

Student Signature: _____

Open Hours for Middle School Students

Every morning before school | 7am - school opens

Tuesdays | After School - 5:30pm

Wednesday - Homework Help | After School - 5:30pm

(Homework Help Begins November 7th)

Questions? Call us or visit our website
www.murphyoutback.org
Call or text Joe Pedersen (Director)
541.450.3155

Please fill out the back side of this page-->

Or you can fill out the permission slip online
www.murphyoutback.org/permissionslip

General/Liability/Medical/ Photo Release Form

I, the parent/legal guardian of (child(ren)'s name here ->) _____

give permission for said child to participate in any activity sponsored by Murphy Outback Youth Ministries (MOYM). I agree to hold harmless any and all persons associated with MOYM with the understanding that all reasonable safety precautions will be taken by MOYM persons during all activities and events. I agree to let my child's photo be taken and be used appropriately by MOYM as they see fit (i.e. newsletters, publicize upcoming events, Facebook, other social media outlets, etc.). I authorize MOYM personnel to seek and obtain immediate emergency medical and/or dental treatment for my child in my absence.

I understand that no matter what precautions are taken the possibility of injury is ever present. I will not hold Murphy Outback Youth Ministries, its agents, employees, or any volunteer staff liable should any damage to persons, property, illness, disease or injury result from participating in MOYM events/activities.

Parent/Guardian Name (Please Print) _____

Address/City/Zip _____

Primary Ph.# _____ Email _____

Emergency Contact Name _____

Emergency Contact # _____

Physician Dr. _____ Ph. # _____

Medical Insurance: _____ Policy # _____

Dentist Dr. _____ Ph. # _____

Dental Insurance: _____ Policy # _____

Please list any allergies and/or medical conditions your child may have, also list any medications and/or supplements they may be taking at this time. _____

Parent/Guardian Signature _____ Date: _____

How to Stay Connected with LSMS



Students can check grades.

<http://www.threerivers.k12.or.us/> Click on the icon

-ALL GRADE LEVELS



Parents can check grades (get activation code from front office).

<http://www.threerivers.k12.or.us/> Click on the icon

-ALL GRADE LEVELS



Or get the App for your phone and access grades anywhere. Search for ParentVue in your app store.

-ALL GRADE LEVELS



Check out teacher pages for assignment calendars.

Go to Lincoln Savage's website > click on "classrooms" > click on teacher name

-ALL GRADE LEVELS



Follow on Facebook

6th Grade: LSMS Sixth Grade

8th Grade: *Lincolnsavage8thgrade*



Follow on Twitter

6th Grade: @LSMS6thgrade

All School Twitter: @LSMS_tigers (check out bottom of LSMS website for Twitter feed)

District-wide Twitter: @3riversSD



Check your student's google classroom to stay updated with their assignments

-ALL GRADE LEVELS, but not all teachers

-Ask your student to log into their google classroom (using district email/password)

-Sign-up (leave name/email w/ Mrs. Fox) for weekly emails regarding progress



Check on student reading goals and progress toward AR goal.

-Info sent home in Language Arts classes

-ALL GRADE LEVELS

***Email is the easiest and faster form of communication. However, you may of course leave us a phone message as needed.



LINCOLN SAVAGE MIDDLE SCHOOL

2018 7th & 8th GRADE BOYS BASKETBALL

DAY	DATE	OPPONENT	LOCATION	TIME	TIME	RETURN BUS
Monday	11/5/18	Scenic	Lincoln Savage MS	-	4:30 pm	-
Wednesday	11/14/18	Talent	Talent Middle School	2:45 pm	4:30 pm	Yes
Monday	11/26/18	McLoughlin	Lincoln Savage MS	-	4:30 pm	-
Wednesday	11/28/18	Hedrick	Hedrick Middle School	2:45 pm	4:30 pm	Yes
Monday	12/3/18	North GP	Lincoln Savage MS	-	4:30 pm	-
Wednesday	12/5/18	Ashland	Lincoln Savage MS	-	4:30 pm	-
Monday	12/10/18	White Mountain	White Mountain MS	2:45 pm	4:30 pm	Yes
Wednesday	12/12/18	Eagle Point	Eagle Point MS	2:45 pm	4:30 pm	Yes
Monday	12/17/18	South GP	Lincoln Savage MS	-	4:30 pm	-
Wednesday	12/19/18	Scenic	Scenic Middle School	2:45 pm	4:30 pm	Yes

Monday & Tuesday 7th grade plays first. Wednesday and Thursday 8th grade plays first.

HEAD COACH: Jay Reese

ASSISTANT COACH: Eric McCord

TIGER PRIDE!

ATHLETIC DIRECTOR: KIRK BAUMANN 541-862-2171

ATHLETIC SECRETARY: KERI LEHMAN 541-862-2171

Lincoln Savage Middle School 8551 New Hope Road, Grants Pass OR 97527
10/23/18