The Nehalem Nugget





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BE SAFE . . . BE RESPECTFUL . . . BE RESPONSIBLE

WEDNESDAY LATE START REMINDER STUDENT DROP OFF IS 8:50 AM (no earlier)

# **LOST AND FOUND!**

Parents - If you child is missing clothing?

Lost and found is over flowing! Items will be displayed in the gym for students and families to look through. Please take some time to go through the items. All unclaimed items will be donated to charity.

#### **APPLY FOR FREE OR REDUCED PRICED SCHOOL MEALS ONLINE!**

#### Have your families financial circumstances changed since the beginning of the year? Families can apply for meal benefits any time during the school year.

You can complete an application in just a few minutes. The program guides you through the application in just a few easy steps.

#### Apply for school meal benefits now at:

http://www.nknsd.org/parents/ click on mealtime online OR

#### https://district.ode.state.or.us/apps/frlapp/default.aspx

All applications are reviewed by the appropriate sponsor / school district nutrition office for approval. Paper applications are still available; please contact your school office for details.

# **NOTE FROM YOUR NES ATTENDANCE FAIRY**

We are continuing to teach our NES kids how to stop the spread of germs. Covering up our coughs and sneezes, washing hands routinely, and keeping surfaces and door knobs clean daily are a few of these lessons.

Practicing these few easy steps at home will help keep our kids healthy.

With so much illness in the air, we can't help but see our percentage of attendance go down. 🔅



Attendance Tracker		
2016/2017	2015/2016	
Sept. 96.0 %	Sept. 95.5 %	
Oct. 93.8%	Oct. 95.5%	
Nov. 90.1 %	Nov. 93.8 %	
Dec. 91.5 %	Dec. 93 %	
Jan. 89.7 %	Jan. 93.5 %	

# **Celebrating our students in Janua**

**Individual Student Rewards** -That add up to whole school rewards-

WAY TO GO'S # 3119 FEATHERS # 127

Whole Classroom rewards FEATHER PARTIES Henderson- extra recess in the snow Romanov-popcorn and pokeman

Whole School Reward

School wide making Valentines!

#### Seagull to Celebrate

Jackson Welsh, Maleena Anderson, Landyn Wahlbeck, Hayden Hanscom, Kayla Bakker, Parker Engel, Myles Jepson, Payton White, Cricelia Loza, Isaac Ferber, Jack Bowen, Londont Martin, Carter Woika, Roman Hewett, Tyson Huntley, Bryar Konruff, Jonas Weiss, Rita Kamali, Roman Holtz, Hagar Ayala, Peyton Remington, Jolene Sheffield, Lucy Smith and Will Specht.

# Nehalem Elementary School

- 2/9 Parent council Valentines night
- 2/23 Get Moving night (Yoga, Zumba and healthy cooking)
- 3/3 Dr. Seuss bus ride and Tillaskate roller skating night.
- 4/13 Family Paint night
- 5/6 Family Swim night
- 5/19 Movie and dinner night

# READ ACROSS AMERICA

Nehalem Elementary School will be celebrating "Read Across America Week"

# 2/27-3/3/17 - EVERY DAY:

- . Book Walk- 8:05 a.m. Flag Salute -
- All School Dr. Seuss Read To Self—After Book Walk until 8:20 a.m.

	BOOK CORRELATION	DRESS UP DAY	OTHER FUN!
	CONNECATION		
MON. 2/27	"FOX IN SOCKS"	WEAR CRAZY SOCKS	
TUE. 2/28	"CAT IN THE HAT" WEAR RED AND W	WEAR RED AND WHITE	CAT IN THE HAT PANCAKES @ BREAKFAST AND
			GREEN EGGS AND HAM @ LUNCH
WED. 3/1	"WACKY WEDNESDAY"	WACKY TWINS DAY	
THUR. 3/2	"500 HATS OF	WEAR A CRAZY HAT	DR. SEUSS BIRTHDAY CELEBRATION
	BARTHOLOMEW CUBBINS"		(CUPCAKES DURING LUNCH)
FRI. 3/3		CLEAN, APPROPRIATE	• DR. SEUSS MOVIE IN THE CLASSROOM OR
	"I'M NOT GOING		OTHER TEACHER CHOSEN ACTIVITY.
	TO GET UP TODAY"		• "READ AROUND" - KIDS CHOOSE A CLASSROOM
			TO VISIT TO HEAR A STORY.

## Parent Council's Annual Valentine Social is here.

Thursday, February 9, 2017

5:30-7:00 P.M. -NES Cafeteria



Bring your family to make valentines at our Craft tables and decorate a cookie!

## CANDY GRAMS!

Parent Council is selling Candy Grams. Candy Grams are available for presale on Monday Feburary 6-10 before 15 minutes before school and during lunchtime. They are going to be available at our Cookie Social as well! Parents and students are welcome to buy grams for friends, teachers and staff. Pricing is from 1.00-3.00 per gram. Please be on the lookout for a flier that will coming home for parents to be able to purchase Grams and that has more information. We will have Heart grams, Poke'Grams, Loli-Grams, Stuffy-Grams which we will have limited quantities of. Delivery of Grams will be on Valentines Day at the end of the day. If you have any questions please email our Valentine Gram-Coordinator Renae at scalabrinco@gmail.com.

#### **GUIDELINES FROM OREGON DEPARTMENT OF EDUCATION**

#### FOR FAMILIES: STUDENTS SHOULD STAY HOME IF:

- Fever greater than 100.5 F (remain at home until temperature is normal for 24 hours without a fever reducer medicine)
- Vomiting (remain at home until there is no vomiting for 24 hours)
- Stiff neck or headache with fever
- ANY rash with or without fever (until licensed medical professional has cleared to return to school)
   Unusual behavior change, such as irritability, latherary, or compelence (clearly, draway)
- Unusual behavior change, such as irritability, lethargy, or somnolence (sleepy, drowsy)
   laundice (vellow color or chin or over)
- Jaundice (yellow color or skin or eyes)
   Diarrhea (3 watery or loose steels in a)
- Diarrhea (3 watery or loose stools in one day with or without fever) (remain at home until there is no diarrhea for 24 hours)
   Skin basis that are "watery" (fluid an and filled)
- Skin lesions that are "weepy" (fluid or pus-filled)
- Colored drainage from eyes
- Brown/green drainage from nose with fever of greater than 100.5 F
- Difficulty breathing or shortness of breath; serious, sustained cough
- Symptoms or complaints that prevent the student from participating in his/her usual school activities, such as persistent cough, with or without presence of fever
   Student requires more more than the school staff can cafely previde

• Student requires more care than the school staff can safely provide Only a licensed health care provider can determine a diagnosis and/or prescribe treatment and provide instructions regarding the student's return to school.

Students needing to go home due to illness will wait in the health room for pickup.



Neah-Kah-Nie School District is pleased to offer two preschool classes for the 2017-18 school year. The preschool is located at the District Office in Rockaway Beach. All children who live in the school district boundaries and will be 4 years of age by September 1, 2017 are eligible.

> Days/Times: Monday - Friday AM Session 8:15-11:15

PM Session 11:15-2:15

Transportation will be provided to and from preschool to students living in the Nehalem Attendance Zone in the AM and to students living in the Garibaldi Attendance Zone in the PM.

The district is offering a sliding scale and payment plans to help families for whom the cost is a concern. No child will be turned away for lack of ability to pay.

To register or seek further information, contact Angie Douma (503)355-3508 or <u>angied@nknsd.org</u> Students are enrolled on a first come first serve basis and space is limited.

## TWO WAYS TO SUPPORT THE MUDD NICK FOUNTATION

**AMAZON SMILE REWARDS:** go to smile.amazon.com and select The Mudd Nick Foundation.

#### How do I select a charitable organization to support when shopping on AmazonSmile?

On your first visit to AmazonSmile (<u>smile.amazon.com</u>), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at <u>smile.amazon.com</u> will result in a donation.

**FRED MEYER REWARDS**: Did you know that Fred Meyer Store has a community giving website that donates to selected non-profit community organizations? Well they do and you can now link your own rewards card to our own local "Mudd Nick Foundation".

Visit the website <u>https://www.fredmeyer.com/topic/community-rewards-4</u>, select the Mudd Nick Foundation and enter your card number; it's that easy!

Information about the FM Donation Program:

Every time you shop with your linked Rewards Card at Fred Meyer, you're helping your favorite nonprofit earn a donation. And the more supporters who link their Rewards Cards to a nonprofit, the more that nonprofit could earn.

• Fred Meyer will award a total of \$650,000 each quarter to eligible participating organizations.

The minimum quarterly payout is \$25 per organization. If an organization earns less than \$25 in a quarter, Fred Meyer will hold the amount until the donation exceeds \$25 or the end of the year, whichever is first.

YES! Rewards Customers still get the Rewards Points, Fuel Points and Rebates. Most purchases qualify for Community Rewards, see website for any exclusions.

#### FOOD ROOTS GARDEN AT NEHALEM!

Throughout the spring, students will have opportunities to get their hands dirty in the school garden during lessons with Food Roots FoodCorps service member Amy Staats. But involvement doesn't have to end with the school day! Food Roots will be hosting garden work parties regularly through the end of the year. Our first work party is Thursday, February 16th 3:00-5:00pm. Help clear garden beds, prep for spring planting, weed, and plant early spring crops! If you have any questions, please contact Farm to School program coordinator Rachel Pettit at <a href="mailto:rachel@foodrootsnw.org">rachel@foodrootsnw.org</a>

Seed to Supper is coming to Nehalem! Want to learn low-cost ways to build healthy soil, plan your growing space, choose your crops, care for your growing garden, and harvest your bounty? For more information or to register, head over to our website: <u>foodrootsnw.org/seedtosupper</u>

#### NEHALEM ELEMENTARY WEEKEND BACK PACK PROGRAM

#### Filling the weekend food gap for local children in need

Over half of the children at Nehalem Elementary School qualify for free or reduced priced meals. Many of these children face hunger over weekends and school breaks. The Nehalem Elementary School Backpack Program is a new volunteer-based organization that provides food for local hungry children at times when other resources are not available, such as weekends and holidays.

Every Friday, volunteers provide the children who are enrolled in the program with a bag of food for the weekend. All of the food is child-friendly, nutritious, small and light enough to carry in a backpack, shelf-stable, and easy to prepare, even without a stove. These food resources will support the health, behavior, and achievement of every student that participates. The success in programs like this can be seen in positive changes in student attendance, behaviors, and grades.

# If you think your child could benefit from this program, please ask the front office for an enrollment form!

To donate in any dollar amount please make checks payable to Nehalem Elementary School Backpack Program, P.O. Box 190 Nehalem, OR 97131 or drop checks off directly at the Nehalem Elementary School office. \$20 provides food for one child for one month, \$200 provides food for one child for one school year. For more information contact Program Coordinator Rose Hucek at 503-440-9686.

#### <u>Garibaldi Grade School has the same program at their school, for anyone interested in</u> <u>helping fund their program, call Terry Houchins at 503-322-0311</u>

We currently have about 30 students enrolled in the program and we are growing. 100% of all donations (food or cash) go directly toward feeding hungry kids in our community. If you are interested and able to donate food items, please see the list below.

 Food Drop Sites

 Nehalem Elementary School office
 NCRD youth center

 For large donations in need of pick up contact Rose at 503-440-9686

Most commonly needed store-bought items:

\*Canned pastas with sauce Instant soups and pastas Shelf stable milk items \*\*Apples/Oranges/Veggies Stews/Chili/Soups F Rolls, bagels, small baguettes J Nuts Dried fruits F

Peanut butter/jam (individual servings) Juice boxes Pretzels/Crackers

\*Please try to buy pop-tops as they are easy for children to open. Shelf-stable plastic containers preferred but cans are ok too.

\*\*Please call if you want to donate vegetables or fruit. We are committed to having fresh fruits and vegetables in weekly packs. Fruit and vegetable donations should be dropped off at NES or call Rose for a pick up.

Costco and Cash n' Carry are great places to go for bulk purchases. Single serving items are ideal when possible (peanut butter, jams, ranch dressing). Our volunteers can separate bulk items into smaller servings. If you want to get something special for the kids, please do! We will include treats or toiletries (toothbrushes, toothpaste, etc).

# ~THANK YOU FOR ALL OF YOUR WEEKLY FOOD DONATIONS~

Mohler Co-op Store, Manzanita Fresh Foods and the Little Apple Deli!!

#### **Important Dates**

Tuesday, 2/7/17 Parent Council Meeting @ 6:30 p.m. in the cafeteria Thursday, 2/9/17 Valentine Social @ 5:30-7:00 p.m. Monday, 2/13/17 School Board Meeting @ 6:30 p.m. **District Office** Monday, 2/13/17 Site Council Meeting @ 2:45 p.m. in the conference room Wednesday, 2/15/17 Immunization Exclusion Day Thursday, 2/16/17 Family Food roots/family Garden Night NES 3:00-5:00 Saturday, 2/18/17

Pool-a-thon 9:00 am-1;00 pm

Monday, 2/20/17

Presidents Day (NO SCHOOL)

Thursday, 2/23/17

Family "Get moving" Night

6:00-7:00 pm

2/27 through 3/3/17

Read Across America week

#### Fechas importantes

Martes, 2/7/17 Reunión del Consejo de Padres a las 6:30 p.m. en la cafeteria Jueves, 2/9/17 Valentine Social @ 5:30 - 7:00 p.m. Lunes, 2/13/17 Reunión del Consejo Escolar a las 6:30 p.m. Oficina de distrito Lunes, 2/13/17 Reunión del Consejo del Sitio a las 2:45 p.m. En la sala de conferencias Miércoles, 2/15/17 Día de Exclusión de Inmunización Jueves, 2/16/17 Familia Raíces alimentarias / familia Jardín Noche NES 3: 00-5: 00 Sábado, 2/18/17 Piscina-a-thon 9:00 am-1, 00 pm Lunes, 2/20/17 Día de los Presidentes (NO HAY ESCUELA) Jueves, 2/23/17 Familia "Get moving" Noche 6: 00-7: 00 pm 2/27 hasta 3/3/17

Leer la semana de Across America

#### SWIMMING POOL BUILT IN 1930.....SCHOOL SWIM BEGINS!!

It's Pool-a-thon time again and hard to believe it's our 27th annual fundraiser!

The proceeds from the NCRD Pool-a-thon support the NCRD/ Nehalem Elementary School Swim & Water Safety Awareness Program which has existed in some form since 1930!

At that time the school district was planning an addition to the school in Nehalem. The drowning of two local teenage boys prompted the community to ask the school district to add a natatorium. Even though it was during the great depression, there was overwhelming community support to teach every child how to swim to avoid future tragedies.

86 years later in this area surrounded by water & dominated by water related recreation, we continue to accomplish our mission of providing Swim Instruction & Water Safety to all Nehalem Elementary Students. The goal has been to offer a safe environment where the students can learn to swim, & be educated in water safety, while instilling the value of swimming as a lifetime skill and healthy recreational activity. The skills they learn in the pool could save their life or the life of another.

The NCRD School Swim Program reaches out to every Nehalem Elementary Student Kindergarten through fifth Grade. This also includes the NKN District #56 adaptive Swim Program.

Historically our community has accomplished something extraordinary in financially sponsoring students who are swimming laps for dollars during pool-a-thon.

By pledging money or making a donation to a student swimmer, you can help guarantee all the children will continue to benefit from this vital and historic program. We each can play an important role in maintaining our community's essential values, and your generous investment in the Swim Program will make a direct and immediate impact.

Participating kids will be canvassing throughout the community January 21st thru February 25th looking for sponsors who will pledge dollars for their swimming efforts.

### Pool-a-thon is February 18, 2017 9am—1pm

Donations can be mailed to: Pool-a-thon 2017 P.O. Box 207 Nehalem OR 97131 For more Information contact: Pool 368-7121 Sue Dindia-Gray 368-6238

#### **COMMUNITY INFORMATION**

#### NCRD YOUTH PROGRAMS

TO REGISTER OR FOR MORE INFO ABOUT NCRD'S YOUTH PROGRAMS, call 503-368-7008, email <u>ncrd.gia@gmail.com</u>, or visit us at 36155 9th St., Nehalem. *Para más información sobre programas juveniles, contacte Gia Rivera, la Directora:* <u>ncrd.gia@gmail.com</u> o 202-277-1345 (hablo español)

#### NCRD HIRING Youth Assistants & Seeking Volunteers - APPLY TODAY!

LOVE WORKING WITH KIDS? NCRD is hiring Youth Assistants. Join our dynamic team! Care for and lead activities with kids. Looking for people interested in working 15-20 hours per week, 2-5 pm Mon-Fri. \$11.00/hour starting (higher DOE). Background check & drug screening required. Position open until filled; applications available at www.ncrd.org or NCRD Main Office.

**OR Volunteer with NCRD's Youth Program!** Share your skills with kids: arts, cooking, dance, science, music, or other skills. Middle/high school students, adults, and retirees are welcome!

#### DAYS CLOSED

The Youth Program is closed on the following federally recognized holidays:

New Year's – Monday, 1/2/17

Martin Luther King, Jr. Day – Monday, 1/16/17

#### NO SCHOOL DAYS -

All-day child care offered at NCRD on Friday, January 13.

What: Fun activities & healthy snacks and meals

Where: NCRD and local offsite locations (NES playground, community gardens, etc.)

#### NCRD YOUTH PROGRAM BASICS

Join NCRD's Play Care Program for fun, affordable enrichment programs! Kids have a healthy snack and enrichment activities each day. Enrichment activities include:

Monday – Cooking

Tuesday – Cooking & Crafts and Cultures

Wednesday - Art & Homework Help

Thursday – Mad Scientist & Homework Help

Friday – Fun Friday activities (games, bounce house, movies, and more)

#### Basic info:

Who: Children age 5 (in Kindergarten) through Grade 5

When: 2:35-5 pm Monday-Friday and school breaks, except select holidays

**Cost:** Payment is due monthly: credit card, cash or check accepted.

Regular School Day: 2:30-5pm - \$5

No School Day: 7am-5pm – \$15 (4+ hours), \$10 (less than 4 hours)

Scholarships available: Visit NCRD's Main Office or email ncrd.gia@gmail.com.

**DHS Child Care Provider:** We are a registered DHS provider (Provider #: VEK00007). Contact Gia Rivera with questions: 503-368-7644.

#### NCRD WACKY WEDNESDAY (SEPT. 7, 2016 THROUGH JUNE 8, 2017)

To support Late Start Wednesdays, NCRD provides 'Wacky Wednesday' morning enrichment and physical activities and transitions kids to Nehalem Elementary School.

When: 7:00-8:50 am on Wednesdays

Where: NCRD Youth Room

**Cost:** \$5 per day – Payment is due monthly: credit card, cash or check accepted.

Scholarships available: Visit NCRD's Main Office or email ncrd.gia@gmail.com.

#### NCRD YOUTH SPORTS

#### Basketball League begins Monday, January 30.

Who: Girls & boys age 4 to grade 8 (Grouped by grade)

When: League runs January 30 to March 18, 2017 | 2 practices per week Mon-Thu Registration:

Register at NCRD's Main Office Pre-registration at 6pm on Thursday, January 12 in the NKN High School Galley Register by Friday, 1/20 | Late registration by 1/27 with \$5 late fee Where: Nehalem Elementary Gym, Garibaldi Grade School Gym, NKN Middle School MPR Room Cost:

**\$40** – Includes a shirt. Payment due at registration. Scholarships available.

\$5 - Late fee for registration from Jan. 21 to Jan. 27

Pictures and NCRD merchandise available for purchase

Details:

Equipment provided by NCRD

Children must be accompanied by a parent/guardian at each practice and game.

WE ARE SEEKING VOLUNTEER COACHES & REFEREES - Contact Crystal @ 503-877-8791 or cdietrich11@live.com.

#### **Baseball Pre-League Activities**

We are holding a **Pitch, Hit, Run, and Home Run Competition on March 19th** sponsored by MLB.

Pitch, Hit, Run is broken down into following age groups: 7-8, 9-10, 11-12, 13-14.

Winners in each age group and event will travel to compete in the regional competition, with the opportunity to compete at the national finals during MLB All-Star Game 2017.

**The Junior Home Run Derby** includes two age categories 10-12 years old (12U) and 13-14 years old (14U). Contact Crystal @ 503-877-8791 or <u>cdietrich11@live.com</u>.

#### POOL-A-THON FUNDRAISER......FEBRUARY 18, 2017 9:00am----1:00pm.

(Pool will be closed for public swim Feb.18, 2017---POOL-A-THON in Progress)!! SEE YOU ALL THERE!!

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## NEW DISCOVERIES PRESCHOOL FUNDRAISER FAMILY BOOGIE NIGHT

Saturday, February 4, 2017 NCRD Gym 6:00-8:00 P.M.

Food and drink to purchase.

Middle and High School students will lead hip dance lessons.

Suggested donations: \$ 10 family of 2 \$ 15 Family of 3



# GET MOVING Family Night Nehalem Elementary ~ YOGA ~ ZUMBA ~ ~ HEALTHY COOKING~

# Thursday, February 23<sup>rd</sup> 6:00p.m.-7:00p.m.

Please call the office or send in the slip below to reserve your spots <u>by Monday, February 20th</u>!!

Thank you to our community partners, Yoga Roots, NCRD and

Food Roots for partnering with us!

Yes, we want to come check out this cool GET MOVING family night! NES is limited on yoga mats, so PLEASE bring yours if you have them.

ÿ I need to borrow \_\_\_\_\_ yoga mats.

I understand you need to know how many people will be attending this event, so here are my family's numbers:

Parent and child names:

Parent Phone #: