

# ADVERSE CHILDHOOD EXPERIENCES (ACES)

Sheridan School Board May 2017

- ▶ An important component in physical and emotional well-being is ACEs (Adverse Childhood Experiences). In short, ACEs are difficult events in childhood that can cause later challenges for mental and physical health later in life. Adults with higher ACE scores have higher rates of poor health and increased risk of alcohol and drug abuse compared with adults with lower ACE scores.

ACES



- ▶ We will begin collecting information in the fall at registration.
  - ▶ Parent Letter
  - ▶ ACE Quiz
  - ▶ Confidential Enrollment Form (Not part of educational records)
  - ▶ Resiliency Tips

ACES



THANK YOU

