

Student Health Advisory Council (SHAC)

2020-2021 Report

Meeting Dates:

***October 14, 2020**

December 16, 2020 – Rescheduled for April due to a rise in COVID numbers

February 17, 2021 – Cancelled due to giant snowstorm

***March 03, 2021**

***April 14, 2021**

Mission Statement:

The mission of the Brownwood ISD SHAC is to “build a healthy school community through a whole school, community and child approach that ensures all children will graduate with the knowledge and skills to maintain a healthy lifestyle.”

Yearly Requirement:

The wellness policy was reviewed and passed committee without any suggested changes.

Food and Nutrition presented health information regarding cafeteria items.

Areas of Discussion:

Mental health initiative was discussed, and available services outlined.

Discussed, and approved “Choosing the Best” Abstinence curriculum to provide for grades 6-12.

Ms. Katie Snyder from Community Connections of Central Texas discussed anger management classes being piloted at the DAEP program.

Connie Cholewinski provided information regarding TX Health Steps, TX Star, STAR+Plus.

Little Lion Olympics was discussed and approved.

School Safety

- Covid measures and numbers discussed, including safety and health information on 2 occasions.

Membership

- Email sent to all who signed up on School Messenger
- Shared the purpose of the SHAC
- Requested interested parties to send an email to the school

Future meeting dates:

***October 20, 2021**

***December 15, 2021**

***February 16, 2022**

***April 20, 2022**

***Meetings held by zoom to allow for ease of communication and social distancing.**