

Shawwna Rule


From: Rodney Norris
Sent: Thursday, June 19, 2025 6:11 PM
To: Todd Hellrigel; Shawwna Rule
Subject: HS Wrestling Volunteer Coach - Tommy Wood

Dr. Hellrigel,

I would like to recommend Tommy Wood as the HS wrestling volunteer coach for the 2025-2026 season.

Rodney L. Norris

Assistant Principal / Athletic Director
Midwest Central High School
MS Cross Country Coach
910 S. Washington
Manito, IL 61546

 [\(309\) 968-6766](tel:(309)968-6766)
Fax [\(309\) 968-6340](tel:(309)968-6340)