

POLICY 5282

Student Behavior Management

- A. The Board recognizes that effective discipline is carried out within a restorative model wherein student interpersonal relationships, personal dignity, mutual respect, understanding, and restitution are the top priorities. The Board also recognizes that a restorative model of discipline must be included in a Multi-Tiered System of Support (MTSS) for students. The Board, therefore, delegates to the District Administration responsibility for establishing regulations for staff responsibility in restorative discipline for enrolled students.
- B. Definitions
1. “Restorative Discipline” means the discipline of student behavior where interpersonal relationships, personal dignity, mutual respect, understanding, conferencing, and restitution are the disciplinary strategies instead of punishment and retribution.
 2. “Multi-Tiered Systems of Supports” means a framework for academic and behavioral concerns. The premise behind MTSS is that academic and behavioral problems are addressed through a systematic problem-solving model. This model includes a primary, secondary, and tertiary support system that increases in the intensity of intervention.
 3. “**Emergency Safety** Interventions,” or “**ESI**,” means the use of **seclusionary time-out seclusion** or physical restraint when a student presents an immediate danger to self or others.

[Utah Compilation of School Discipline Laws and Regulations](#)
[Utah Admin. Rules R277-609-2\(3\)\(a\) \(April 8, 2025\)](#)

4. “Physical Restraint” means a personal restriction that immobilizes or significantly reduces the ability of a student to move the student’s torso, arms, legs, or head freely. The length of the restraint and the amount of force used should be for the shortest duration and the least amount necessary to diffuse the emergency situation and ensure the safety of the student(s) and others. The use of prone, or face-down physical restraint; supine, or face-up physical restraint; physical restraint that obstructs the airway of a student; or any physical restraint that impacts a student’s primary mode of communication is strictly prohibited.

[Utah Compilation of School Discipline Laws and Regulations](#)
[Utah Code 53G-8-301.3](#)

5. “Seclusion~~ary Time-Out~~” means ~~seclusionary time out, meaning~~ the involuntary confinement of a student alone in an enclosed room when a student is prevented from leaving.
- a. Seclusion~~ary time-out~~, when used with a student, means all the following conditions are met:
- 1) The student is placed in a ~~locked room safe-enclosed area-by school personnel~~;
 - 2) ~~Placing the student in a room where the door is blocked by furniture or held closed by staff The student is purposefully isolated from adults and peers~~;
 - 3) ~~The student is prevented from leaving, or the student reasonably believes that the student will be prevented from leaving, the enclosed area.~~
 - 4) ~~The room or area must meet applicable health department and fire marshal regulations.~~
 - 5) School employee may not place a student in a seclusion~~ary time-out~~ for more than 30 minutes.

[USBE Least Restrictive Behavioral Interventions and Utah Compilation of School Discipline Laws and Regulations](#)
[Utah Admin. Rules R392-200 \(June 14, 2023\)](#)
[Utah Admin. Rules R710-4 \(June 26, 2025\)](#)

6. ~~“Physical escort” means a temporary touching or holding of the hand, wrist, arm, shoulder, or back for the purpose of guiding a student to another location.~~
7. ~~“Mechanical restraint” means the use of any device or equipment to restrict a student’s freedom of movement.~~
8. ~~“Immediate danger” means the imminent risk of physical violence or aggression towards self or others or other behaviors which are likely to cause substantial bodily injury or serious bodily injury.~~
9. ~~“Substantial bodily injury” means bodily injury which does not amount to serious bodily injury but which causes or creates protracted physical pain, temporary disfigurement, or temporary loss or impairment of the function of any bodily member or organ.~~

10. "Serious bodily injury" means bodily injury that creates or causes serious permanent disfigurement, protracted loss or impairment of the function of any bodily member or organ, or creates a substantial risk of death.
11. "ESI key employee" means an employee who has received comprehensive ESI training and is authorized to use an ESI with a student.

[Utah Code § 53G-8-301\(1\)\(b\), \(c\), \(d\) \(2025\)](#)

[Utah Code § 76-1-101.5\(17\), \(18\) \(2023\)](#)

[Utah Admin. Rules R277-608-2\(4\), \(8\), \(10\)\(a\), \(14\), \(15\), \(16\) \(March 10, 2025\)](#)

[Utah Admin. Rules R277-608-4\(3\) \(March 10, 2025\)](#)

C. Emergency Safety Intervention

1. An emergency safety intervention is using seclusion or physical restraint when a student presents an immediate danger to self or others (not for disciplinary purposes). The District shall implement policies and procedures for the use of emergency safety interventions for all students which are consistent with evidence-based practices.
2. Physical restraint as part of an emergency safety intervention may not be used with a student except within the guidelines stated below under Physical Restraint. Mechanical restraint may not be used as part of an emergency safety intervention, except those which are protective, stabilizing or required by law, or any device used by a law enforcement officer in carrying out law enforcement duties, including seatbelts or any other safety equipment when used to secure students during transportation. Chemical restraint may not be used on a student.
3. Seclusion as part of an emergency safety intervention may not be used with a student except by a key employee and only when a student presents an immediate danger of serious physical harm to self or others, when less restrictive interventions have failed, and within the guidelines stated below under Seclusion.
4. For a student with a disability, emergency safety interventions may not be written into a student's individualized education program as a planned intervention unless school personnel, the family, and the IEP team agree less restrictive means have been attempted to address the qualifying circumstances (that is, circumstances where the student presents an imminent danger of physical violence or aggression towards self or others which is likely to cause serious physical harm) have been attempted, a functional behavior analysis has been conducted, and a positive behavior intervention plan based on data analysis has been written into the plan and implemented.

[Utah Code § 53G-8-301\(4\), \(10\)\(b\)\(ii\), \(iii\) \(2025\)](#)

[Utah Admin. Rules R277-608-2\(1\)\(b\), \(4\), \(10\)\(b\) \(March 10, 2025\)](#)
[Utah Admin. Rules R277-608-3\(3\)\(h\) \(March 10, 2025\)](#)

D. Administrative Regulation

1. MTSS Framework

- a. In order to maintain a safe, positive, and inclusive learning environment, each school principal shall work cooperatively with faculty members, parents, and students to establish safety measures, quality instruction, maintenance of relationships, and maintain a clean, well-maintained school environment. Principals will be required to identify how their respective schools' restorative disciplinary measures operate within an MTSS framework. Individual teachers will be responsible for maintaining high-quality positive behavior supports and instructional control in their classes and extracurricular assignments. All staff members will assist in maintaining discipline in other areas of the building and school grounds.

2. Safe Learning Environment

- a. Teachers and other staff members will promote a safe learning environment for a continuum of student learners by establishing rapport with students and demonstrating qualities of honesty, fairness, and consistency in their dealings. Teachers are expected to help students develop and maintain respect for themselves, for others, and for school property. Teachers are expected to define clear expectations for the following domains of classroom behavior:
 - 1) The amount of movement required for an instructional activity;
 - 2) The types of conversations for the instructional activity;
 - 3) How to ask for help during the instructional activity;
 - 4) Definitions of what participation in the instructional activity looks like.

3. Instruction

- a. Teachers will maintain effective control of the instructional situation in order to provide optimum learning opportunities for all students. It is the responsibility of the teacher to plan lessons carefully and engage in instructional activities that further student interest and engagement. It is the responsibility of the teacher to adopt a positive behavior support system in their respective classroom where explicit classroom behavioral expectations are reviewed and reinforced regularly.

4. Principals

- a. Principals will work with faculty members to develop school-wide positive behavior supports where explicit school-wide behavioral expectations are reviewed and reinforced regularly.

5. Restorative Discipline Procedures

- a. In situations where student behavior becomes disruptive to the extent that it interferes with the learning and teaching process, the principal or teacher may utilize reasonable restorative discipline procedures.
- b. Student disciplinary action must be consistent with established state rules and regulations consistent with those rules and regulations found in the [LRBI Manual](#).
- c. No employee may inflict cruel or irresponsible punishment upon a student or exercise other liberties prohibited by statutory law including any form of corporal punishment as defined under [Utah Code § 53G-8-301\(2\)](#).
- d. Students requiring discipline are to be dealt with in a professional and objective manner, without undue emotional displays.
- e. All student discipline must incorporate a restorative component fostering belonging over exclusion, social engagement over control, and meaningful accountability over punishment.

6. Physical Restraint and Seclusion~~ary Time-Out~~

- a. When student behavior becomes disruptive to the extent that immediate measures must be taken to avoid personal injury or abuse to themselves or others, teachers, acting in loco parentis, may use emergency safety interventions; physically restrain to control the student or students involved or use seclusion~~ary time-out~~.
- b. Physical Restraint and Seclusion~~ary Time-Out~~ in Box Elder School District will follow these explicit steps:
 - 1) Physical restraint and seclusion~~ary time-out~~ initiation can only be provided by ~~ESI Key Employees trained faculty and/or staff~~ when student behavior has been deemed a real, immediate, and capable threat to student(s), faculty, and/or staff.
 - a) ~~Prior to its use, a school employee must first use the least restrictive available intervention.~~

- b) It may not be used as a means of discipline or punishment.
 - c) The student may not be placed in a prone (face-down) or supine (face-up) position in physical restraint.
 - d) No restraint may be used which obstructs the airway of a student or which adversely affects a student's primary mode of communication.
- 2) Release Criteria: Physical restraint and seclusion~~ary time-out~~ duration must be terminated:
- a) After the minimum time necessary to ensure safety or
 - b) When the student is no longer a real, immediate, and capable threat to self, students, faculty, and staff,
 - c) The student is in severe distress
 - d) a student may not be physically restrained for more than the shortest of: 30 minutes; the time described in the District's emergency intervention training program; or when law enforcement arrives.
- 3) If a public education employee engages in physical restraint of a student or the use of seclusion~~ary time-out~~, the ~~employee~~ classroom teacher or ~~designee~~ shall immediately notify:
- a) The student's parent;~~and immediately and in any event within 15 minutes of use;~~
 - b) School administration and Special Education Director or designee and provide documentation of the ESI to the ESI Committee.
- 4) If an ESI is used for more than 15 minutes, a second notice shall be given immediately to the student's parent and to administration;
- a) The school shall, upon his or her request, provide to the student's parent or guardian a copy of any notes or additional documentation taken during an ESI. A student's parent or guardian may request a time to meet with school staff and administration to discuss the use of an ESI.

[Utah Code § 53G-8-301\(10\)\(d\) \(2025\)](#)
[Utah Admin. Rules R277-608-5\(5\) – \(8\), \(13\) – \(19\) \(March 10, 2025\)](#)

- 5) If the student is eligible for special education, the director of special education must be notified as well.
- 6) In a reasonable amount of time following the use of physical restraint or seclusion ~~any time-out~~, a formal process for debriefing the faculty and staff will take place in an effort to address any concerns on behalf of the employees involved as well as procedures to help prevent the need for physical restraint again for the involved student.

7. Supervision

- a. Teachers will provide adequate supervision and structure in their classes and during assigned extracurricular assignments.

8. Modeling Behavior

- a. Teachers have the responsibility to set and maintain high standards of behavior and act as role models to their students.

9. Continuum of Interventions

- a. Box Elder School District will continue to develop, use, and monitor a continuum of intervention strategies and restorative discipline to assist students, including students whose behavior in school falls repeatedly short of reasonable expectations, by
 - 1) Teaching student behavior expectations,
 - 2) Re-teaching behavior expectations,
 - 3) Enlist effective, evidence-based interventions matched to student needs prior to an administrative referral.

E. General Authority

1. If a particular type of conduct has the effect of disrupting the learning atmosphere, it should be subject to regulation. The Board possesses discretion in promulgating regulations for the proper conduct of students.

[Utah Code § 53E-3-501\(1\)\(b\)\(v\) \(2019\)](#)
[Utah Admin. Rules 277-609-3 \(April 8, 2025\)](#)

F. Relation of school discipline rules to other policies

1. Rules and procedures shall restrict corporal punishment and the use of reasonable and necessary physical restraint or force as set forth in these policies and pursuant to [Utah Code § 53G-8-302](#) and [Utah Administrative Rules R277-609](#). Policies shall include written procedures for the suspension and expulsion of, or denial of admission to, a student, consistent with due process and other provisions of law, including [Utah Code § 53G-8-204 et seq.](#) Moreover, all rules and procedures shall be consistent with all other policies of the Board, and all state statutes and federal laws governing school discipline, including [Utah Code § 53G-8-203](#), [Utah Code § 53G-8-204](#) and [Section 504 of the Rehabilitation Act of 1974 \(29 U.S.C. § 794\)](#).

[Utah Code § 53G-8-203 \(2019\)](#)

G. Revising discipline rules

1. In adopting or revising the District's rules and regulations, the School Board shall solicit input from various interest groups at the school and in the community, including District employees, parents, and students.

[Utah Code § 53G-8-202 \(2019\)](#)

H. ESI Training

1. All employees who supervise students or who may be asked to assist in managing a student's behavior shall receive foundational behavior support training including behavioral or emotional crisis management including de-escalation strategies consistent with the LRBI manual and the District's policies relating to ESI.
2. ESI key employees shall also receive comprehensive ESI training before the key employee may be authorized to use an ESI with a student and shall receive the comprehensive ESI training annually thereafter. This comprehensive training shall include the appropriate, safe, and effective use of ESI and the proper and required documentation of ESI.

[Utah Admin. Rules R277-608-4 \(March 10, 2025\)](#)

I. ESI Committee

1. The District shall establish an Emergency Safety Intervention (ESI) Committee with members appointed by the Superintendent and consisting of two or more administrators, at least one parent or guardian of a student enrolled in the District, and at least two certified educational professionals with behavior training and knowledge of state rules and District discipline policies.

2. The ESI Committee shall meet often enough to monitor the use of emergency safety intervention in the District, shall determine and recommend professional development needs relating to emergency safety intervention, shall develop policies for local dispute resolution processes to address concerns regarding disciplinary actions, and shall ensure that each emergency incident where a school employee uses an ESI is documented in the District's student information system and is reported to the State Superintendent through UTREx.
3. The District shall collect, maintain, and periodically review documentation and other records of the use of emergency safety interventions at schools within the District, according to procedures defined by the State Superintendent of Public Instruction. **For each incident where an ESI is used, the data shall report the incident and shall include the duration of the intervention used to respond to the incident, the stated purpose of the intervention used, the alternative interventions attempted, demographic information regarding the student (sex, gender, age, grade in school, and applicable disability status), and (without revealing the identity of staff involved), relevant training offered to staff and whether the staff received the training.** Such documentation and records shall be provided annually by June 30 to the State Superintendent. In addition, the District shall submit all required UTREx discipline data and incident or infraction data elements as part of the District's daily UTREx submission.

[Utah Code § 53G-8-301\(11\) \(2025\)](#)

[Utah Admin. Rules R277-608-6 \(March 10, 2025\)](#)

[Utah Admin. Rules R277-608-8 \(March 10, 2025\)](#)

J. Emergency Removals

1. Students may be removed from regular classes or District premises for nondisciplinary health, safety, and welfare reasons when the Board or its designee determines that an emergency exists.
2. Any student removed from school for any "emergency" reason who is in a condition that threatens his or her own welfare or the welfare of others shall be released to the student's parent, the parent's representative, or other proper authority, including, but not limited to, law enforcement officers and medical personnel.
3. **When an ESI (physical restraint or seclusion) is used, a school shall notify the student's parent immediately and in any event within 15 minutes of use. The school shall also notify the administration and provide documentation of the ESI to the ESI Committee. If an ESI is used for more than 15 minutes, a second notice shall be given immediately to the student's parent and to administration. ~~The District shall make reasonable efforts to notify the parent prior to removing a student from school premises for emergency reasons. If the parent cannot be notified prior to the~~**

~~removal, the parent shall be notified as soon as possible after the removal and the reasons for it.~~

4. The notice provided shall be documented in the student information system records.
5. The school shall, upon his or her request, provide to the student's parent or guardian a copy of any notes or additional documentation taken during an ESI. Within 24 hours of an ESI, the school shall notify the student's parent or guardian that such a request may be made. A student's parent or guardian may request a time to meet with school staff and administration to discuss the use of an ESI.

[Utah Code § 53G-8-301\(10\)\(d\) \(2025\)](#)

[Utah Admin. Rules R277-608-5\(5\) – \(8\), \(13\) – \(19\) \(March 10, 2025\)](#)

K. Students with Disabilities

1. Removal of a handicapped student for any of these reasons shall be used only in emergency situations and shall not exceed ten school days. Consecutive ten-day removals are prohibited, unless the Special Education Committee determines that the student poses an immediate threat to the safety of himself or others, or disrupts the safety of the learning environment. If the parents appeal the Special Education Committee's decision and refuse to permit a change in placement, the District may seek a court injunction to remove a dangerous handicapped student for more than ten consecutive days.
2. If emergency removals, suspensions, or removals to alternative education total 10 school days in a year, the Special Education Committee shall review the student's IEP, unless the discipline management portion of the IEP specifies otherwise.

L. Corporal Punishment

1. A school employee may not inflict or cause the infliction of corporal punishment upon a child who is receiving service from the school.

[Utah Admin. Rules R277-608 \(March 10, 2025\)](#)

[Utah Code § 53G-8-302 \(2019\)](#)

2. The term "corporal punishment" means the intentional infliction of physical pain upon the body of a student as a disciplinary measure. The term "child" means a person under the age of eighteen (18) or under the age of twenty-three (23) if the person is receiving educational services as an individual with a disability.

[Utah Code § 53G-8-301 \(2018\)](#)

M. Appropriate Conduct

1. This policy does not prohibit the use of reasonable and necessary physical restraint or force in self-defense or otherwise appropriate to the circumstances to:
 - a. obtain possession of a weapon or other dangerous object in the possession or under the control of a child;
 - b. protect the child or another person from physical injury;
 - c. remove from a situation a child who is violent or disruptive; or
 - d. protect property from being damaged.

[Utah Code § 53G-8-301\(2\) \(2018\)](#)

[Utah Code § 53G-8-302 \(2019\)](#)

[Utah Admin. Rules R277-609-4\(3\)\(k\) \(April 8, 2025\)](#)

2. An employee of the District may not be subjected to any sanction for failure or refusal to commit an act prohibited by this policy.

[Utah Code § 53G-8-302 \(2019\)](#)

3. [Policy 5090 Child Abuse](#) regarding child abuse reporting and investigation shall apply to complaints made to the District regarding improper or unauthorized use of corporal punishment.

[Utah Code § 53G-8-303 \(2018\)](#)

N. Limitation

1. This policy does not restrict the use of physical contact which is considered to be reasonable discipline for purposes of behavior reduction intervention and which is also in compliance with state regulations and District policies adopted pursuant to [Utah Code § 53E-7-202](#) regarding provision of education for students with disabilities.

[Utah Code § 53E-7-202 \(2018\)](#)

O. Disciplinary Record

1. Disciplinary records shall be made available to parents or the student, whichever is appropriate, pursuant to the District's student records policy.

P. Notice of Rules

1. A copy of the rules and procedures shall be made available to all students at the time of their enrollment in the school. If a school makes significant changes to its discipline rules and procedures, written notice of the adopted and revised discipline rules and procedures shall be distributed to all new and continuing students. In the case of all new, continuing or transfer students, a copy of the rules and procedures shall be mailed to the student's parents.

[Utah Code § 53G-8-204 \(2018\)](#)

~~Q. Board review of school discipline rules~~

- ~~1. Each school shall file a copy of its school discipline rules and procedures with the Board within thirty days after adoption of the rules and procedures. The Board shall review the rules and procedures filed by each school and may require the school to modify any rule or procedure that is not consistent with Board policy or state statutes on discipline in the public schools.~~

~~[Utah Code § 53G-8-202 \(2018\)](#)~~

~~[Utah Code § 53G-8-203 \(2018\)](#)~~