JANUARY 2015



Jamie Ongman Principal

Erik Lathen, Assistant Principal / Athletic Director

COUGAR HAPPENINGS AT IVHS.....

Rogue Community College "STEM Academy" Offers a Glimpse of Opportunities for IVHS Students

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Illinois Valley High School students visited Rogue Community College to learn about welding.

Students who attended were part of the STEM Academy (Science, Technology, Engineering, and Mathematics), a program created by RCC which introduces students to careers in the **STEM** fields.

Attendees were treated to a tour of the RCC welding facilities and received hands-on training, as demonstrated by these photos, courtesy of Rogue Community College.

Original article from TRSD 'The Three Rivers Tiding, December 2014 issue

IV Celebrates College Application Week

Illinois Valley High School seniors celebrated College Application Week on Wednesday, November 12th. The day started with students decorating doors in a college theme. Many local colleges were represented. By 10 am, students were in computer labs completing college applications to schools all over the country.

Many students had already applied to one school through their Senior Forum class, but took the opportunity to apply to one or two more.

IVHS would like to thank Katie Wicks from Rogue Community College, and Sabrina Miller,

Jen Perry, and Monet Talty from College Dreams for helping students during this fun and productive day.

Original article from TRSD 'The Three Rivers Tiding, December 2014 issue

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Three Rivers School District Board Meeting Tuesday, January 13th 6:00 PM





Happy

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Happy

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Investigative Learning Experience, built this cute gingerbread house. It has been on display in the front office during most of the month of December. Students participating in the construction were, Allison Primeau, Zoe Medina, Kasey Griffin, Mariah Ellis, McKayla Clark, & Jacob Rubenstein.

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THREE RIVERS SCHOOL DISTRICT

Illinois Valley High School § 625 E. River Street § Cave Junction, OR 97523 541-592-2116 § 541-592-4853 FAX § www.threerivers.k12.or.us

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Erik Lathen, Athletic Director

January 2015

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Ms. Heather Merrill, Athletic Secretary

SPORTS & COMPETITION REPORT FROM THE COUGAR DEN

SOUTHERN CASCADE LEAGUE SPORTS: HTTP://WWW.SOUTHERNCASCADELEAGUE.ORG

January 2015 Sports & Events

Winter Sports Picture Day **Tuesday, January 13th**

BOYS BASKETBALL



Versus at Cascade Christian at Cascade Christian at Cascade Christian St. Mary's

St. Mary's Glendale Lakeview

Lakeview

Date	Activity	Time	Versus	Date	Activity	Time
01/06/15	Boys JV Game (@ LBMS)	5:30pm	Douglas	01/20/15	Boys JV Game	4:00pm
01/06/15	Boys Varsity Game	7:00pm	Douglas	01/20/15	Boys Varsity Game	7:00pm
01/09/15	Boys JV Game	4:00pm	at Lakeview	01/22/15	Boys JV Game	4:30pm
01/09/15	Boys Varsity Game	7:00pm	at Lakeview	01/27/15	Boys JV Game	4:00pm
01/13/15	Boys JV Game	4;30pm	Cascade Christian	01/27/15	Boys Varsity Game	7:00pm
01/16/15	Boys JV Game (@ LBMS)	5:30pm	Rogue River	01/28/15	Boys Varsity Game	7:00pm
01/16/15	Boys Varsity Game	7:00pm	Rogue River	01/30/15	Boys JV Game	4:30pm
01/16/15	JAM THE GYM			01/30/15	Boys Varsity Game	7:30pm

GIRLS BASKETBALL

Date	Activity	Time	Versus	Date	Activity	Time	Versus
01/06/15	Girls JV Game	4:00pm	Douglas	01/20/15	Girls JV Game	4:00pm	at Cascade Christian
01/06/15	Girls Varsity Game	5:30pm	Douglas	01/20/15	Girls Varsity Game	5:30pm	at Cascade Christian
01/09/15	Girls JV Game	4:00pm	at Lakeview	01/27/15	Girls Varsity Game	5:30pm	St. Mary's
01/09/15	Girls Varsity Game	6:00pm	at Lakeview	01/28/15	Girls Varsity Game	5:30pm	Glendale
01/12/15	Girls JV Game	4:00pm	Glendale	01/30/15	Girls JV Game	3:00pm	Lakeview
01/12/15	Girls Varsity Game	5:30pm	Glendale	01/30/15	Girls Varsity Game	6:00pm	Lakeview
01/16/15	Girls JV Game	4:00pm	Rogue River				
01/16/15	Girls Varsity Game	5:30pm	Rogue River				
			WR	ESTLING			
	Date	Activ	vity	Time	Versus		
	01/03/2015	Boys	Varsity Tourney	8:00a	m at North Me	dford	
	01/16/2015	Boys	Varsity MEET	TBD	at Redmond	l	
	01/17/2015	Boys	Varsity MEET	TBD	at Redmond	l I	

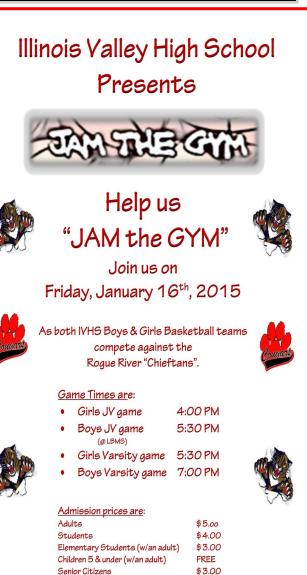
Boys Varsity Tourney	8:00am	at North Medford			
Boys Varsity MEET	TBD	at Redmond			
Boys Varsity MEET	TBD	at Redmond			
Boys Varsity MEET	4:00pm	at Cascade Christian			
Boys Varsity Tourney	9:00am	at Crater			
SPEECH & DEBATE					
Activity	Time	Versus			
<u>Activity</u> Varsity Tournament	<u>Time</u> TBD	<u>Versus</u> Away vs. Grants Pass			
the second se	The second se	the second secon			
Varsity Tournament	TBD TBD	Away vs. Grants Pass			

Location Jackson County Fairgrounds

Please note: This schedule is subject to change. Events could be added or cancelled, and, times could be adjusted. Talk with your student and their coach to stay informed of any changes

Time

TBD







Look for Information in this issue



01/27/2015

01/31/2015

01/16/2015

01/17/2015

Activity

Varsity Tournament

Date

Date

1/30/2015

Half Court One-Shot Car Deal! Raffle tickets will be on sale soon. Buy a raffle ticket and see if YOUR ticket is drawn during an upcoming Varsity Boys Basketball game. If drawn, you will have **ONE** chance at making the Half Court One-Shot. Make the shot, win a 2-year lease gift for a 2015 Chrysler 200 LTD!!



ILLINOIS VALLEY HIGH SCHOOL

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IVHS STUDENT-BASED HEALTH CENTER NEWS

SPORTS PHYSICAL INFORMATION:

ALL SPORTS PHYSICALS WILL COST \$25. THIS PRICE IS GOOD ALL THE TIME, AND AVAILABLE AT ALL SISKIYOU COM-MUNITY HEALTH CENTER SITES. THIS INCLUDES THE SCHOOL-BASED HEALTH CENTERS, THE CLINICS IN CAVE JUNCTION AND GRANTS PASS, AND SISKIYOU'S WALK-IN CLINIC IN GRANTS PASS.

PHYSICALS NEED TO BE COMPLETED OR UPDATED IN ORDER TO BE ELIGIBLE FOR SPORTS. CALL OR STOP BY THE HEALTH CENTER TO SCHEDULE AN APPOINTMENT!







It is always our goal to help students learn, succeed, and thrive, and, as parents/guardians, you know that healthy eating is one tool that is beneficial.

We encourage our students to eat during the regularly scheduled breakfast and lunch times. We do understand that there may be times when this does not work as planned. As a supplemental time, the school schedule provides a morning break, and, for most of the week, an afternoon break, which allows

If you need to bring food/drink to the school for your student, please understand that there is a guideline in place that will not allow class time to be disrupted.

students to grab a quick snack or drink, should they choose to.

The process of how food and/or drinks are delivered to students during regular class time hours will be as follows:

- \Rightarrow ANY food or drink brought to the school for a student will be delivered at an end –of-class bell.
- \Rightarrow Food/drinks left for student athletes, or, students going on a school-sponsored field trip, will be able to it pick up BETWEEN classes, or, on their way out to the bus
- \Rightarrow NO food or drink will be delivered to a student during ANY class time periods.

If you have any questions or concerns, please do not hesitate to contact our office.

FACTS YOU SHOULD KNOW.....

CALENDAR OF EVENTS



JANUARY 2015

- 1st New Year's Day Holiday District-wide Closure
- 5th Classes Resume
- 7th FAFSA Parent/Student Workshop 4:00 PM
- 13TH TRSD Board Meeting @ District Office 6:00 PM
- 19th Martin Luther King Day Holiday NO CLASSES
- 29th 2nd Quarter (1st Semester) Ends
- 30th Clerical Day NO CLASSES



COMMUNICATIONS: SYNREVOICE—AUTOMATED VOICE MESSAGING & ATTENDANCE NOTIFICATIONS

We will use **Synervoice** to send out important messages about school closures and school events. When you get a call from the school using **Synervoice**, it is important that you



say **"Hello"** as this triggers the message. If you have voicemail, it will leave a message. If you have email registered with the school, we will often send emails as well.

At this time, our Attendance Clerk, Mary Paul, personally follows up on absences on a daily basis, If your student missed all or part of school, please call the school the next morning to clear your student's absences. The number is 541-592-2116; ask for the attendance office. You may also send Ms. Paul an email to verify or excuse an absence or tardy: *mary.paul@threerivers.k12.or.us*. It is very important for you and your student to have these absences cleared. Students end up doing lunch detentions for un-cleared absences.

ILLINOIS VALLEY HIGH SCHOOL



WE NEED HELP INTHE FOLLOWING AREAS:

- DANCE SUPPLY COLLECTION,
- **DANCE SET-UP & CLEAN-UP AND**
 - CHAPERONING.

Please contact Erica Butler, (Erica.butler@threerivers.k12.or.us),

or call IVHS @ 541-592-2116

SPEECH TOURNAMENT COMPETITION

North Medford High School Saturday, December 13th, 2014



Congratulations to Nehemiah Wilson (left), who received 3rd place in Humorous Interpretation. Liam Dwyer (center), & Collin Wilson (right), also competed and represented IVHS with high performance and style.



- Students who are staying for after-school tutoring and are riding the bus are expected to stay in the classroom the entire time.
- expected to stay in the classroom the entire time. Students who are walking, being picked up, or driving themselves may leave when they have finished working. Students may not leave the campus and return later. Students are given a 15 minute break and snack about 4:30. There is no cost for this snack. No student will be allowed to ride the activity bus if they are not in an after
- school program or a sport. We will tell the bus drivers to transport the student home, but a referral will be written, followed by consequences.
- Students are required to sign in and out. If you are assuming your child is coming to after-school, you may call the school the following day to check on attendance.

Many students could benefit from this extra help, so encourage your students to attend if they need the extra help

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The following classes have been provided by a grant through the **21st Century** Learning Center, and are open to I.V. High School students, Home Schooled students at the level of 9th-12th grades, and students enrolled in a registered GED program. Parents and relatives of any of these eligible students are also welcome to participate in this program.

Mondays & Wednesdays

3:30-5:30 PM

(Healthy snack provided)

- Healthy Cooking
- Advanced Welding
- Art Stars Performance Troupe
 - Yoga for Athletes
 - P90x Lifting Class
 - All About Music

Tuesdays

3:30-5:30 PM

(Healthy snack provided)

Board Game Bonanza

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### **Thursdays**

### 3:30-5:30 PM

(Healthy snack provided)

Battle of the Books

### Homework Help

(Healthy snack provided)

**Tuesdays**: Math, English & Social Studies

**Thursdays:** 

Science & Elective courses

All classes are held at Illinois Valley High School, 625 E. River Street, Cave Junction, OR 97523

Coordinators are: Sara Creek, (sara.creek@threerivers.k12.or.us), &

Scott Thornhill (scott.thornhill@threerivers.k12.or.us)

For more information, send an email to either coordinator, or call, 541-592-2116.

# HALF COURT

## **ONE SHOT**

# **CAR DEAL**

COULD YOU IMAGINE TAKING A SHOT FROM HALF COURT & MAKING IT?

BUY A RAFFLE TICKET AND SEE IF YOUR TICKET IS DRAWN DURING THE IVHS JANUARY 30<sup>TH</sup> 2015 BOYS BASKETBALL GAME!

IF IT <u>IS</u> DRAWN <u>AND</u> YOU MAKE THE HALF-COURT SHOT, YOU WILL RECEIVE A 2-YEAR AUTO LEASE GIFT FOR A

> 2015 CHRYSLER 200 LTD



ILLINOIS VALLEY COUGARS OUR MISSION IS TO PROVIDE A SAFE AND STEMULATING LEARNING COMMUNITY FOR ALL STUDENTS



Half Court One-Shot Car Deal!! Courtesy of Lithia of Grants Pass

RAFFLE TICKETS ON SALE TUESDAY, 1/20/2015 THROUGH FRIDAY, 1/30/2015.

TICKET PRICES \$5 EACH/ 5 FOR \$20

ALL MONEY RAISED BY THIS FUNDRAISER WILL GO DIRECTLY TO



Chrysler-Jeep-Dodge Ram Of Grants Pass

> 1421 NE 6<sup>th</sup> Street Grants Pass, OR 97526

Tara Watson-Crocker tcrocker@lithia.com W: 541-476-6684 C: 509-885-2919





## **ILLINOIS VALLEY HIGH SCHOOL**



#### Seniors Planning on Going to College or to a Trade School In the fall of 2015

- Take the SAT: If you are applying to a four year college, you need to take the SAT (Scholastic Aptitude Test). The test may be given at IVHS (see Ms. Creek for test dates). See Ms. Thornhill in the Counseling Center to see if you qualify for a fee waiver. Register for the SAT at <u>www.collegeboard.org</u>. Our school code is 380150. Students may also choose to take the ACT (American College Testing program). Sign up for the ACT at <u>www.act.org</u>
- <u>Apply to Schools</u>: Don't forget to get your applications for admissions and scholarships in by school deadlines. If you qualify for free or reduced lunch, you may be eligible for a deferral of application fees to Oregon University System schools. Many state universities have early admissions in November, so begin the application process now.
- File your FAFSA (Free Application for Federal Student Aid): Each student and one parent must complete this application for a student to be eligible for federal and state college grants (free money!!). First apply for a PIN at <u>www.pin.ed.gov</u>. Both the student and one parent/guardian must have a PIN (your electronic signature) to apply for the FAFSA. As soon after January 1<sup>st</sup> as possible, complete the FAFSA at <u>www.fafsa.ed.gov</u>.
- <u>IV Scholarship Packet</u>: Go through the IVHS Scholarship Packet and decide which scholarships you want to apply for. You will need two letters of recommendation (at least one from non-school, non-family). Ask your employers, community members, or friends of the family. You will also need to turn in two staff recommendations and typed responses to four short essay questions. The scholarship application is available online at http://www.jocoeducationfund.com/. The deadline to get all of the materials in is: 2/20/2015.
- ✓ <u>Apply for the Oregon Student Assistance Commission (OSAC) Scholarships</u>: This online scholarship application contains the Ford and Gear Up scholarships and many others. Complete the application at <u>www.oregonstudentaid.gov</u>, available in Nov. Early Bird due date 2/16/13. Final due date 3/1/15
- ✓ <u>Apply for RCC Foundation Scholarships</u>: If you may be attending RCC you should submit their scholarships application. Three out of four students who submit an application receive a scholarship. Apply online at <u>www.rccfoundation.org</u>.

See Ms. Tucker in Counseling or Ms. Sara Creek in the Career Center if you have any questions or want assistance with scholarship or financial aid applications.

#### **PARENT & STUDENT RESOURCES**

#### YEAR-ROUND IN-SCHOOL & ON-LINE STUDY RESOURCES AVAILABLE

ON-LINE SUPPORT TO HELP YOUR STUDENT KEEP THE SKILLS LEARNED, IN SHAPE. LIKE EXERCISING YOUR MUSCLES ON A DAILY OR WEEKLY BASIS, SO TOO DOES

THE BRAIN NEED ITS PHYSICAL ACTIVITY. THE FOLLOWING WEB SITES ARE PROVIDED TO ASSIST WITH THE "SUMMER BRAIN EXERCISE" ROUTINE.

### My student doesn't understand their homework . . . . now what?

We have all been in the situation where our students don't understand the homework and we are trying to dust off the files in our head to remember how to do that math problem or remember what happened in this historic battle. It can be frustrating for both the student and the parent to get through the homework. In today's world full of technology students have numerous resources available to help them re-learn the concepts. The following are just three of the many sites available.

Khan Academy – www.khanacademy.org This website has over 4,000 videos on subjects from geometry to chemistry to computer science. This is a great tool that actually reteaches the material step by step. Many times hearing the concept explained by someone else makes that light bulb turn on and the student understands. Interactive practice is also available to solidify the concepts.

<u>Sophia</u> – www.sophia.org Video clips are also available at Sophia, but there is also much more. Over 28,000 tutorials including slideshows and screencasts are available anytime. The site also tailors the information according to the student's learning style, which is determined through a short quiz.

Quizlet – www.quizlet.com This is a great study tool. There are thousands of flash cards & quizzes on the site developed by students and teachers from around the world in nearly every subject you can think of. Students can use an already created tool or create one of their own to challenge themselves and others in their class. This is a great vocabulary tool.

We hope you will find these resources helpful. If you would like more information or other ideas how to help your child at home please do not hesitate to contact the office.

## ODYSSEY WARE®

**ODYSSEYWARE** is an on-line academic website which provides innovative, 21st century learning opportunities for our students.

*Three Rivers School District/Illinois Valley High School* uses this program for students outside of the regular classroom setting, and for students that need to do make up classes (Credit Retrieval) to be eligible for graduation.

**ODYSSEYWARE (OW)** is web-based, If you have internet access, your student can access his/her assignments, which allows them the ability to complete the courses as fast as he/she needs to, whether they are in the classroom or at home.

To access the **ODYSSEYWARE** web site AFTER he/ she is registered, your student will need to go to <u>https://3rivers.owschools.com</u>. From there, they will be able to login and access the courses that they are enrolled in.





## LIBRARY BOOKS FOR ILLINOIS VALLEY HIGH SCHOOL



Reading is the most important skill a child can learn. It is vital to every child's success and it is the door opener to the 21<sup>st</sup> century for all children. No matter how advanced technology becomes, reading will continue to be the key that helps kids master all others.

When kids get older they are easily distracted. Reading often takes a backseat to other pursuits and interests. However, the more a child reads, the more confident and skilled they become. Motivating a child to keep reading and to understand and think critically and creatively about what they have read are the end goals.

So, head to the library, the bookstore, the Goodwill, or any place where books are sold. Get more involved in reading, reading to each other and reading aloud. Together we can make a difference in kid's lives that will last a lifetime. We invite and encourage all the members of our community to READ! READ! READ!

With these thoughts in mind, our local Grants Pass bookstore, Oregon Books & Games, is a jewel.

- They will contribute 5% of all purchases to Illinois Valley High School, if the customer requests IVHS to be the recipient of the contribution.
- The customer must request **IVHS** at the time of payment in order for our library to receive the gift certificate.
- In return, the library will use the money to purchase new books.
- As an added convenience, people may order online at www.oregonbooks.com and pick up their purchases in the store.
- Don't forget to designate **IVHS** when paying. The bookstore does not have the ability to accept payments online but will accept credit card payments over the phone; remember to mention **IVHS**. They will mail your purchase for a fee if you are unable to pick up at the store.

**Oregon Books & Games** is a full-service community bookstore that has served our area for more than twenty years. They feature a full range of books for young children, teens and adults. Book choices include mystery and adventure novels, fantasy, romance, graphic novels, and the latest bestsellers from more than 100 publishers.

For more information, please contact the **IVHS Librarian, Trudy Stehelin**, or, you may contact Oregon Books Games directly at:

150 NE "E" Street Grants Pass, OR 541-476-3132 <u>www.oregonbooks.com</u>





**illinois valley high school** 625 E. River Street Cave Junction, OR 97523

**Or Current Resident** 



