



# CLACKAMAS FREE CLINIC

VOLUNTEERS IN MEDICINE

# Together in Care

Since 2012





# Our Roots







CLACKAMAS  
FREE CLINIC  
VOLUNTEERS IN MEDICINE

- Primary & preventative care
- Chronic disease management
- Vision exams & \$40 prescription glasses
- Vaccines, lab tests, & screenings
- Imaging & ultrasounds
- Patient navigation



## Who is Qualified for Our Services

- ▶ Adults ages 18 and up
- ▶ Residents of Clackamas County + surrounding communities
- ▶ Uninsured individuals
- ▶ Under-insured individuals
  - Bridge care for Oregon Health Plan (OHP) recipients
  - Immediate healthcare needs that cannot be met with current insurance



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# Patient Demographics 2025



**average age:** 46

Clackamas Co. – **76%**

Multnomah Co. – **20%**

Washington Co. – **4%**

## **Top diagnoses:**

Hypertension

Diabetes Mellitus

Hyperlipidemia

**1,560** total appointments



# Barriers to Access & Care

- ▶ Transportation
- ▶ Lack of Primary Care Providers
- ▶ Wait times 3+ months
- ▶ Navigating the Health Systems - frustration/confusion
- ▶ Lack of understanding of prevention & early screening
- ▶ Fear

# Patient Story:

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*"I love this place. It is a big help to the community. I would be dead if I wouldn't have received help here."*

*Before, I didn't pay attention to my health, but I've learned a lot at the clinic. I quit smoking, drink more water, and take things more seriously. Even though I've had insurance off and on over the years, I know I'm always welcome to come back if I need."*

- M.B., CFC patient





# Our Vision Forward

- ▶ Access to Care
- ▶ Partnerships
- ▶ Workforce Development
- ▶ Volunteerism



# Partnerships

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- ↵ Clackamas Community College
- ↵ Clackamas County Public Health
- ↵ Mount Hood Community College
- ↵ Casey Eye Institute
- ↵ Lions Sight and Hearing Foundation
- ↵ Kaiser Permanente
- ↵ Oregon Clinic
- ↵ Providence Willamette Falls



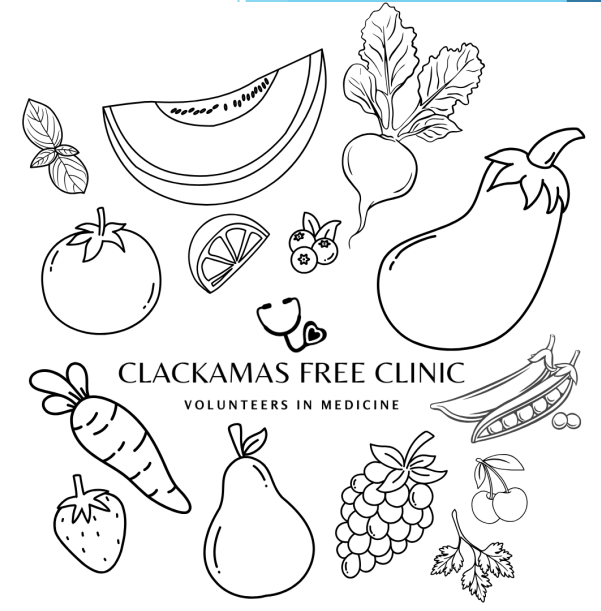


# Food as Medicine



## Program Outcomes:

- 25 participants enrolled in the 12-week program
- 16 participants completed all 12 weeks
- Participants received a fresh bag of healthy food each week
- Recipes developed by an OSU Registered Dietitian
- A1C levels improved for all but one participant





# Partnering Together

- ▶ Medical Assisting
- ▶ Phlebotomy
- ▶ Nursing Students











Clackamas FUN Clinic



# THANK YOU

visit: [www.clackamasfreeclinic.org](http://www.clackamasfreeclinic.org)

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