



CLACKAMAS FREE CLINIC

VOLUNTEERS IN MEDICINE

Together in Care

Since 2012



Our Roots



From 2012...





- Primary & preventative care
- Chronic disease management
- Vision exams & \$40 prescription glasses
- Vaccines, lab tests, & screenings
- Imaging & ultrasounds
- Patient navigation



Who is Qualified for Our Services

- ▶ Adults ages 18 and up
- ▶ Residents of Clackamas County + surrounding communities
- ▶ Uninsured individuals
- ▶ Under-insured individuals
 - Bridge care for Oregon Health Plan (OHP) recipients
 - Immediate healthcare needs that cannot be met with current insurance

Patient Demographics 2025



average age: 46

Clackamas Co. - **76%**

Multnomah Co. - **20%**

Washington Co. - **4%**

Top diagnoses:

Hypertension

Diabetes Mellitus

Hyperlipidemia

1,560 total appointments

Barriers to Access & Care

- ▶ Transportation
- ▶ Lack of Primary Care Providers
- ▶ Wait times 3+ months
- ▶ Navigating the Health Systems - frustration/confusion
- ▶ Lack of understanding of prevention & early screening
- ▶ Fear

Patient Story:

"I love this place. It is a big help to the community. I would be dead if I wouldn't have received help here.

Before, I didn't pay attention to my health, but I've learned a lot at the clinic. I quit smoking, drink more water, and take things more seriously. Even though I've had insurance off and on over the years, I know I'm always welcome to come back if I need."

- M.B., CFC patient



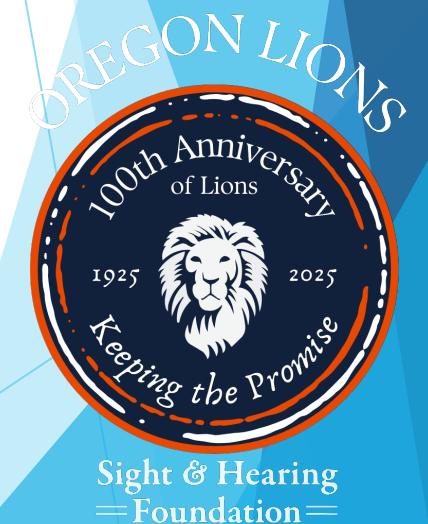
Our Vision Forward

- ▶ Access to Care
- ▶ Partnerships
- ▶ Workforce Development
- ▶ Volunteerism



Partnerships

- ↳ Clackamas Community College
- ↳ Clackamas County Public Health
- ↳ Mount Hood Community College
- ↳ Casey Eye Institute
- ↳ Lions Sight and Hearing Foundation
- ↳ Kaiser Permanente
- ↳ Oregon Clinic
- ↳ Providence Willamette Falls



Food as Medicine



Program Outcomes:

- 25 participants enrolled in the 12-week program
- 16 participants completed all 12 weeks
- Participants received a fresh bag of healthy food each week
- Recipes developed by an OSU Registered Dietitian
- A1C levels improved for all but one participant



Partnering Together

- ▶ Medical Assisting
- ▶ Phlebotomy
- ▶ Nursing Students







Clackamas FUN Clinic

THANK YOU

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