



## SCHOOL BOARD MEETING REPORT

Board Meeting Date: December 13, 2016 Superintendent: Dave Valenzuela

Administrator/Staff: Jessica Durrant

Type of Item: ☐ Informational ☒ Action

**Please state your proposal briefly and clearly. What do you want the board to know, discuss, or decide?**

We would like to apply for a grant with AllCare Health for activities to take place from January 2016-June 2018. The focus of the training is centered around Trauma Informed Care and how we as a school district can support students and families at all levels. Grant money would be used to provide training, participate in regional conferences, pay for staff to attend school-based training, literature and reference materials purchased for each school, and provide learning opportunities for our parents.

**Provide history/background information on your proposal:**

Trauma Informed Care is a framework for understanding how experiencing trauma impacts all aspects of life, including learning. Becoming "trauma informed" means recognizing that people of all ages have different types of trauma, needing support and understanding. As educators, we must learn how to be compassionate and support students, parents, and staff to best help them be ready to learn and thrive. Students who have experienced childhood trauma may exhibit behavioral changes, difficulty focusing, and increased aggression/anger. In older students, they may feel self-conscious about their emotions as a result of the events. Students experience feelings of shame, guilt, and hyperfocus on revenge. There may be a shift in interpersonal relationships with family members, school staff, and peers.

**List the advantages of your proposal:**

Teachers will increase their understanding of childhood trauma, how it affects social and academic growth, and how they can be sensitive when working with students. Administrators will increase their understanding of childhood trauma, be equipped with knowledge to train school staff, and analyze school systems to be sensitive to students and families who have experienced trauma.

**List possible disadvantages of your proposal:**

None known.

**List possible alternatives that could also offer a solution to your proposal. Why were they not recommended?**

We try to provide training when other funds are available, delaying valuable training for all TRSD staff.

**Superintendent's recommendation(s):**

Approve: Yes ☒ No ☐