2022-2023 Parkrose Athletics



Hello! I am Ryan Gallagher

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Instagram: ParkroseAthletics



2021-2022

Year in Review



× Coach of the Year

- × Danielle Schneider-Dance
- × Gary Muzzy-Water-Polo
- × Kurt Casad-Girl Tennis

× Academic All-State

- Boys Cross Country, Football,
 Basketball Swimming, Tennis,
 Track and Field
- Girls Tennis, Girls Track and Field

3 AthleticScholarships

× 78 Students

recognized for athletics



OSAA Student Advisory Council

× Khalia Jabbie

Middle School Recruitment

Day

Coaches and athletes share and recruit their outstanding opportunities to the next generation of Parkrose Broncos!





Athletic Kick Off Funds

Celebration to kick off the athletic season!

- × Information
- Registration
- Q&A for families and athletes



High Jump Vault Mats

Previously Parkrose was unable to hold home Track and Field events.

PSD has purchased a high jump and pole vault, and we can now proudly host at PHS!





Weight Room

Strength and conditioning for athletes

- PHS now offers a 0 period weight lifting class
- × New power racks purchased
- × Space revitalized



Scott Ballou

- × Parkrose Social Studies teacher
- Wrestling coach for 13 years
- × Football coach for 6 years
- × Additional experience coaching youth programs for football, baseball, and softball.
- Building relationships and consistency with high school programs and policies



Over 250 students registered for fall athletics in 22–23



New Coaches

- × Football
 - × Stephen Nesmith
- × Baseball
 - × Jai Blair





*Currently interviewing for Wrestling



Baseball Fence

About 300 feet of new fencing

Addresses and mitigates safety issues



Hurdles and
Soccer Goals

In process of purchasing:

- × Soccer goals
- × Hurdles

This will replace damaged and outdated equipment.



Hosted the first OSAA Sports Star meeting. PHS athletes lead the way!





Coaching Stipends and Incentives

Coaching Stipends

- × Increased to be competitive with surrounding districts.
- Coaches can increase their stipends by providing access to the their program for middle and elementary school programs, providing off-season practice, and fundraising.
- × Coaches can receive additional incentives for making to state and OSAA Academic All-State.



New Middle School Sports



Football

In collaboration with the high school, Parkrose Middle School was able to bring back football!



Volleyball

Volleyball has returned to PMS support through additional district funds and partnership with local volleyball clubs.



Fundraising



Support 206 285 0906

View Fundraiser

Help Parkrose High School Girls Soccer
'22 hit their goal



Hi!

We still need your help in order to reach our goal. Donations will go towards equipment, fees, and travel costs. Your support is vital to the success of our program. Your effort and contribution will make a difference in our program. Click





Elementary

Weeks

Fall

10/3-10/7

Winter

1/9-1/13

Spring

4/17-4/21



2023-2024

What to Expect:

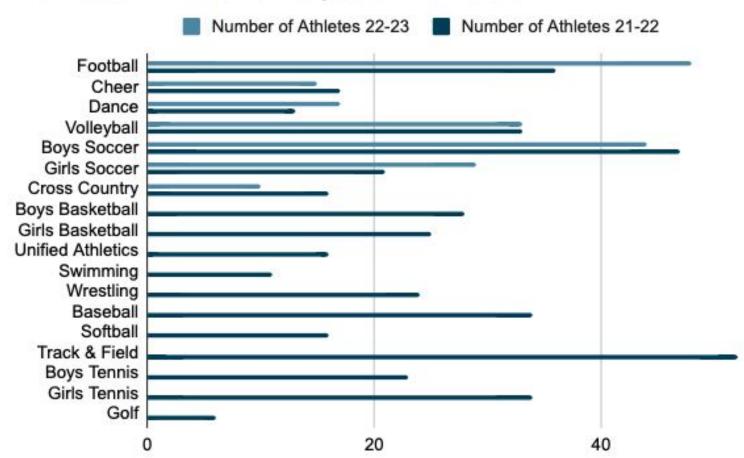
- Basketball, softball, baseball scoreboards
- × Wrestling mats
- × Electronic ticketing

New sports:

Boys Volleyball Girls Flag Football



Parkrose Athletic Participation Numbers







Instagram: ParkroseAthletics

Please follow to support and see what is happening in Parkrose Athletics



Thanks!

Any questions?

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