# **Use of Physical Restraint and Seclusion**

## **Background:**

On June 11, 2012, in alignment with Oregon Statute, the State Board of Education adopted new administrative rules on the use of physical restraint and seclusion in Oregon public schools. These policies were enacted for all ESD and District School boards to adopt by July 1, 2012.

In December 2017 Morrow County School Board implemented Revised/Readopted board policy around Restraint and Seclusion, see Board Policy: JBAB- Use of Restraint and Seclusion and board Administrative Rules JGAB-AR — Use of Restraint and Seclusion to meet Oregon law regarding the use of Restraint and Seclusion.

To review the MCSD policy and AR by website go to: <a href="http://policy.osba.org/morrow/J/JGAB%20G1.PDF">http://policy.osba.org/morrow/J/JGAB%20G1.PDF</a>
<a href="http://policy.osba.org/morrow/J/JGAB%20R%20G1.PDF">http://policy.osba.org/morrow/J/JGAB%20R%20G1.PDF</a>

### **Current Status:**

A statute requirement (OAR 581-021-0559) listed in the above mentioned Board Policy is an annual review of the use of physical restraint and seclusion that take place in the district as well as making an annual report made available to the Board and public at our districts main office and on our district website. This work has now been completed and our annual report is now available.

# **Annual Report:**

You may review the report within the Board Packet: You can also access the Morrow County School Districts Annual Restraint and Seclusion Report by going to our district resource and links web page:

Click on the "Resources and Links" section you will see the report under Health and Safety section.

If you have further questions, Please contact Marie Shimer by e-mail (<a href="mailto:marie.shimer@morrow.k12.or.us">marie.shimer@morrow.k12.or.us</a>) or by phone at 541-922-4016

#### 581-021-0559

## Reporting Requirements for the Use of Physical Restraint & Seclusion

- (1) Each entity that has jurisdiction over a public education program must prepare an annual report detailing the use of physical restraint and seclusion for the preceding school year, including, at a minimum:
- (a) The total number of incidents involving physical restraint;
- (b) The total number of incidents involving seclusion;
- (c) The total number of seclusions in a locked room;
- (d) The total number of students placed in physical restraint;
- (e) The total number of students placed in seclusion;
- (f) The total number of incidents that resulted in injuries or death to students or personnel as a result of the use of physical restraint or seclusion;
- (g) The number of students who were placed in physical restraint or seclusion more than 10 times in the course of a school year and an explanation of what steps have been taken by the public education program to decrease the use of physical restraint and seclusion for each student;
- (h) The number of incidents in which the personnel of the public education program administering physical restraint or seclusion were not trained; and
- (i) The demographic characteristics of all students upon whom physical restraint or seclusion was imposed, including race, ethnicity, gender, disability status, migrant status, English proficiency, and status as economically disadvantaged, unless the demographic information would reveal personally identifiable information about an individual student.
- (2) Each entity that has jurisdiction over a public education program shall make its annual report about physical restraint and seclusion available to:
- (a) The public at the entity's main office and the website of the entity; and
- (b) The school board or governing body overseeing the entity;
- (c) If the entity is an education service district, the component school districts of the education service district;
- (d) If the entity is a public charter school, the sponsor of the public charter school;
- (e) Parents and guardians of students in a public education program, who shall be advised at least once each school year about how to access the report.

Stat. Auth.: ORS. 326.051

Stats. Implemented: Ch. 665, OL 2011 (Enrolled House Bill 2939)

Hist.: ODE 12-2012, f. 3-30-12, cert. ef. 5-1-12

**Definitions:** As used in OAR 581-021-0550 to 581-021-0566:

"Physical restraint" means the restriction of a student's movement by one or more persons holding the student or applying physical pressure upon the student.

"Seclusion" means the involuntary confinement of a student alone in a room from which the student is physically prevented from leaving.

Physical restraint or seclusion may be used on a student in a public education program only if:

- (A) The student's behavior imposes a reasonable threat of imminent, serious bodily injury to the student or others; and,
- (B) Less restrictive interventions would not be effective.

Total Incidents of Physical Restraint and Seclusion:0
Total number of incidents involving physical restraint:1
Total number of incidents involving physical restraint1  Total number of incidents involving seclusion:0
Total number of seclusions in a locked room:0
Total number of students placed in physical restraint:1
Total number of students placed in seclusion:0
Demographic characteristics:  Race:
African American _0_
Asian _0_
Multi-Racial _0_
White _1_
Ethnicity:
Hispanic _0_
Non-Hispanic _0_
Gender:
Female 1
Male _1_
Disability Status:
Identified as Disabled under IDEA or Section 504:
Autism Spectrum Disorder
Emotional Disturbance
Other 1
N. D. 11.1
Non-Disabled:
Migrant Status:No
English Proficiency:
0_Students receiving ELL services.
Status as Economically Disadvantaged:
0Students eligible for free and reduced lunch.
*Total number of incidents that resulted in <b>injuries or death</b> to students or personnel as a result of the
use of physical restraint or seclusion:0incidents resulted in reported injuries to staff.

*Number of students	placed in	physical restra	int or seclusion	more than 1	0 times in the	2017-18 so	chool
year:	0						

\*Steps taken to reduce the use of physical restraint for each student:

Morrow County School District (MCSD) continues to put the safety of all students as a top priority. Every year our districts has professional development opportunities to train administrators, special education staff, classified staff and certified staff that work in a supervisory or support capacity with students that have behavior difficulties. Our trainings focus on building relationships, student and classroom management, understanding student behavior needs, de-escalation tactics and as a last resort the use of restraints. MCSD does not have any seclusion rooms- However; depending on the situation- students do receive time outs when their behavior is considered harmful or disruptive to the learning environment or safety of others. When students need more structured behavior support, school staff utilizes numerous intervention and de-escalation tactics as well as look at behavior data. Our district collaborates with Intermountain ESD school psychologist to help us create a Functional Behavior Analysis for students that repeats behavior problems. This document helps us to understand antecedents and de-escalation tactics for the student. The IMESD and district staff also work together to develop a Behavior Intervention Plan (BIP) for the student. Each Behavior Intervention Plan is tailored to the needs of the student and if the student receives special education services the BIP plan becomes part of his/her Individualized Education Plan (IEP). When any restraint occurs a restraint report is created and reviewed with families. Staff members debrief to review the incident. If trainings or re-trainings need to take place, they are promptly scheduled. Staff, students and families review expectations then each school makes future plans and take steps to reduce the likely hood that another restraint will take place. Repeated or severe incidents lead to the creation of Behavior Intervention Plans. Beginning the 17-18 school year MCSD has begun training staff with Conscious Discipline strategies and will begin to implement CPI training in an effort to reduce the need for restraint.

As always, MCSD will continue to support and serve all students and will follow all state laws, guidelines and policies when it comes to the safety of our students and staff. MCSD utilizes board policy as well as it relates to following school rules, schoolwide discipline plans and upholding district policies around student learning.

*Number of incid	dents in which pe	rsonnel administerin	ig physical restrai	nt or seclusion	were not trained
0	<b>=•</b>				