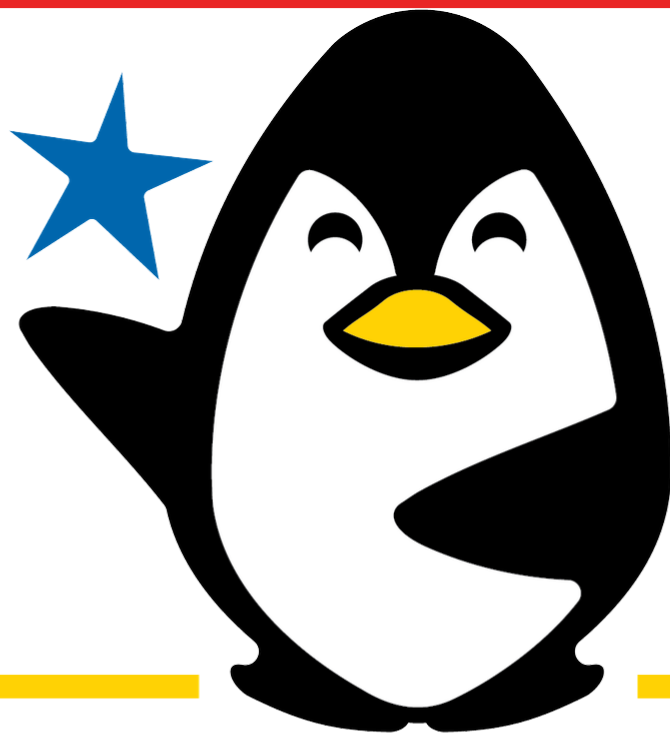


# Preschool Parent Newsletter

September 2025



**WEST CHICAGO ELEMENTARY  
SCHOOL DISTRICT 33**

## **PIONEER PRESCHOOL**

### **Preschool Picnic**

**Friday, September 12th - 5:30-7:00 PM**

Pizza and water will be provided for families. Please bring a side dish or dessert in a disposable container to share and a blanket for your family to sit on. There will be activities such as music and games. This is a great opportunity to get to know other families in the preschool program!



## Birthdays in Preschool

We love to celebrate birthdays in PreK. This year, District 33 will be implementing a new policy. We will not be allowing food to be brought into school for students' birthdays. This includes cupcakes, pizza, cookies, juice boxes, etc. Any food sent to school will be sent back home with the student.

Other Options:

- Stickers
- Bookmarks
- Small Toys
- Craft/Activity
- Party Favors: Bubbles, keychains

## What We Will Be Studying this Fall....

### Building a Community

As your children begin Preschool this fall, they will be working with their teacher and classmates to set routines and build healthy relationships. Children will learn how to be a good friend and build a positive school classroom community. We will also begin right away teaching reading, writing and math skills to the children in circle time, small groups, and through center time.



### We are hiring!

Looking to get more involved in the preschool? We are looking for lunch aides to help support our students from 10:45 AM to 12:45 PM. Here's the [link](#) to apply: Job ID 835 - Early Childhood Lunch Aide.



### Preschool Hours

**1/2 Day AM Preschool Hours:** 8:40 AM - 11:10 AM

**1/2 Day PM Preschool Hours:** 12:10 PM - 2:40 PM

**Extended Day Preschool Hours:** 8:40 AM - 1:40 PM



## School Contact Information for Attendance

If your child will be absent, please call Attendance Line to report symptoms AND also call the bus company.

Please make sure that all emergency contacts are always updated.

- Pioneer Attendance Line: 630-293-6040 ex.6300
- Illinois Central School Bus 630-584-1658 EXT 1

## Busses

Thank you for your patience with bussing as we begin school. As a reminder, here is the phone number for Illinois Central School Bus 630-584-1658 EXT 1.

## Wellness Tips

### Healthy Habits

- **Snack Smart:** Offer fruits, veggies, and whole grains. Keep sugary treats occasional.
- **Hydration Reminder:** Kids need water throughout the day—send a labeled reusable water bottle.

### Rest & Routine

- **Sleep Counts:** Preschoolers need 10–13 hours of sleep each night. Consistent bedtimes help regulate emotions and energy.
- **Morning Calm:** Build in 10 extra minutes each morning for a peaceful start to the day

### Clean & Care

- **Handwashing Matters:** Reinforce washing hands before meals and after using the bathroom to prevent colds and bugs.
- **Teach Tissues:** Help your child practice sneezing or coughing into their elbow and using tissues independently.

### Move & Play

- **Outside Every Day:** 20–30 minutes of outdoor play supports mood, sleep, and focus.
- **Dance Breaks:** A quick dance party after school can shake off stress and boost joy.

### Emotional Wellness

- **Name the Feeling:** Help your child label their emotions (“You’re feeling frustrated because...”). This builds emotional intelligence.
- **Quiet Moments:** Create a calm-down space at home with a soft pillow or favorite book for when your child feels overwhelmed.



# Save the Date!

## Back to School Picnic

- Friday, September 12th 5:30-7 PM

## Picture day for PreK

- Tuesday, October 21st

## APTT Parent Conference Nights- 5:30-7 PM

- Thursday, October 23 and March 5

## Individual Parent-Teacher Conferences

- Thursday and Friday, November 20 and 21

## Parent Child Day- Parents come to school with their student

- Thursday, January 29

Join our PreK parent calendar [here!](#)



## Upcoming Events in the Community

Battle of the Bands: August 30th, 12-4 PM at Reed-Keppler Park

Fit for Fall: September 20th, 8 AM at Reed Keppler Park - [register here](#)

Boo Bash: October 10th, 6-8 PM at The ARC

Spooky Trail: August 23rd, October 24, October 25, 7:30-10 PM at Reed Keppler Park

**Questions? Contact the Preschool Admin Team**





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SCHOOL DISTRICT 33

**PIONEER PRESCHOOL**

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**Brenda Vishanoff**

Brenda is using Smore to create beautiful newsletters