

**HARVEY PUBLIC SCHOOLS DISTRICT 152
CONFERENCE/CONVENTION/WORKSHOP ATTENDANCE REQUEST**

Please submit your request with all support at least **TWO WEEKS BEFORE** requested C/W/W date(s).

Name of Person (please print): Fredi Parks

Grade/Subject/School: 6/ Maya Angelou

Name of C/C/W: Learning and the Brain

Date / Location of C/C/W: May 3-5, 2013 ; Arlington, VA

Give a tentative summary of expected expense(s):

Registration: \$ _____
 Travel: \$ _____
 Food: \$ _____
 Lodging: \$ _____
 Other: \$ _____
 Estimated Total: \$ 0

} Covered by
Governors
State
University

Will a substitute be required? Yes No All Day A.M. P.M.
 May 3, 2013

LONG RANGE PLANS GOALS Explain what you desire to gain by attendance.

learn how to use teaching strategies, meditation, exercise and brain training to modify Attention/working

memory, decision making, planning etc; PD for 152 & Cisu partners

Fredi Parks 4/19/13 [Signature] 4-17-13 [Signature] 4/17/13

Applicant's Sig./Date _____ Principal's Sig./Date _____ Administrator's Sig./Date _____

NOTE: IF APPROVED, A WRITTEN REPORT MUST BE SUBMITTED TO THE PROGRAM ADMINISTRATOR WITHIN TWO WEEKS AFTER THE CONFERENCE/CONVENTION/WORKSHOP. ALONG WITH THE APPLICABLE EXPENSE REPORT. EXPENSES WITHOUT VALID RECEIPTS WILL NOT BE HONORED.

Approved Date: _____ Disapproved Date: _____

Account Name/Number: _____ P.O. # _____

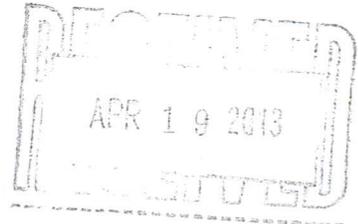
CHECK REQUEST: _____ Accounts Payable _____ Payroll _____ Imprest _____

Substitute Account Name/Number: _____

Name of Substitute Called: _____

[Signature] 4/19/13 [Signature]
 Business Manager Signature/Date Superintendent's Signature Date

COPIES TO: _____
 FORM #140 REVISED 8/01



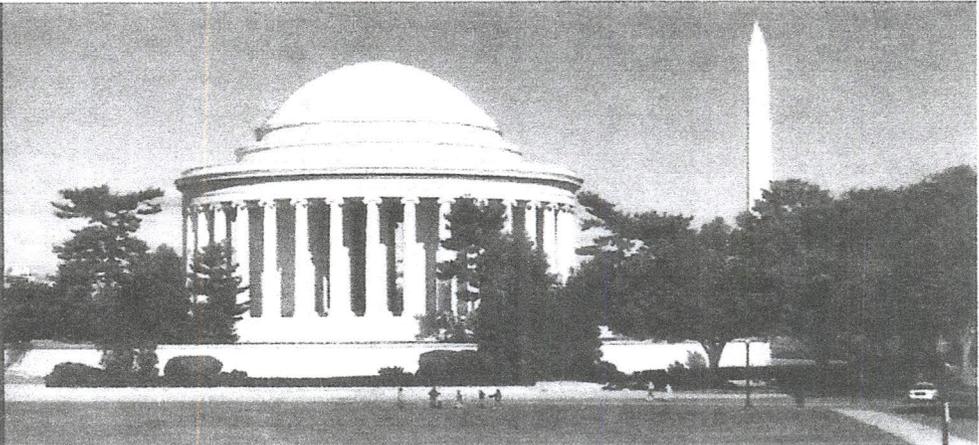
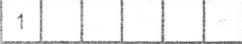
Executive Skills for School Success
Enhancing Self-Regulation, Reasoning
and Working Memory
May 3 - 5, 2013

Featured Speakers



Russell A. Barkley, PhD | Martha B. Denckla, MD | Howard E. Gardner, PhD

Click for more information



Home > Conferences > Executive Skills for School Success

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The Program

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Speakers

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Executive Skills for School Success: Enhancing Self-Regulation, Reasoning and Working Memory

May 3-5, 2013
Arlington, VA

At the Crystal Gateway Marriott Hotel in Arlington, VA
First keynote begins at 1:30 PM on Friday, May 3rd

>>Download conference brochure

>>Download conference brochure-ASHA version

The frontal lobes of the brain regulate such skills as sustained attention, working memory, self-control, planning, thinking and decision making, which are increasingly important skills in today's workplace. Brain research is finding these executive brain areas are surprisingly malleable and that there are ways to alter these brain structures and improve these skills. Explore the science of "executive function" and how to use teaching strategies, meditation, exercise and brain training to enhance working memory, attention, self-control, thinking, and visual-spatial skills to better prepare students for the future.

LEARNING OBJECTIVES

You will gain knowledge about:

- The importance of executive functions for school success
- Ways to promote executive skills in children, teenagers and adults
- Teaching strategies to improve self-regulation and memory skills
- How meditation, yoga, exercise and games can improve brain functioning
- Using computerized brain training to improve memory, attention and IQ
- Why executive skills matter more than IQ and how to boost thinking
- Technology's impact on student focus and attentional networks
- Interventions for ADHD, memory and executive function deficits
- Connecting early self-regulation skills and motivation to later academic success
- Ways to improve visual-spatial skills for reading, math and science

HARVEY PUBLIC SCHOOLS

DISTRICT NUMBER 152

16001 Lincoln

Harvey, IL 60426

SUBSTITUTE REQUEST FORM

TO: CW/ST

DATE: 4/19/2013

FROM: Johnnetta Miller

RE: CONFERENCE/CONVENTION/WORKSHOPS/STAFFING/ANNUAL REVIEWS, OR ETC.
NAME OF CONFERENCE/CONVENTION/WORKSHOP/STAFFING/ANNUAL REVIEWS

Governors State University

LOCATION:

TIME: All Day

DATE: May 3, 2013

SUBSTITUTE(S) NEEDED: YES x NO _____

ACCT. NUMBER: 10-1250-113-99-160

PARTICIPANT(S):

No. of Subs

Name	School	Substitute
1. Fredi Parks	Angelou	
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ANGELOU- BRYANT -CHILD CARE CENTER -CENTRAL OFFICE -HOLMES -LOWELL -RILEY
SANDBURG WHITTIER - BROOKS