

# RISD School Health Advisory Council

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**ROBSTOWN ISD**



## Annual Progress Report To the Board of Trustees June 2026

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Director of Health Services-RISD



# Mission, Vision, & Goals

The Texas School Health Advisory Committee (TSHAC) assists the Department of State Health Services (department) to support and coordinate school health programs and school health services. It also provides leadership to identify and disseminate school health best practices and resources for school policymakers.

**Vision:** We, the TSHAC, envision healthier Texans through coordinated school health.

**Mission:** To assist in establishing a leadership role for DSHS in the support for and delivery of coordinated school health programs and school health services.

**Goals:** Active leadership – Best practices identification and dissemination – Coordinated school health promotion



# School Health Advisory Council

Every independent school district is required to have a school health advisory council (SHAC). Members are made up of staff from various departments and parents who are not employed by the school district.

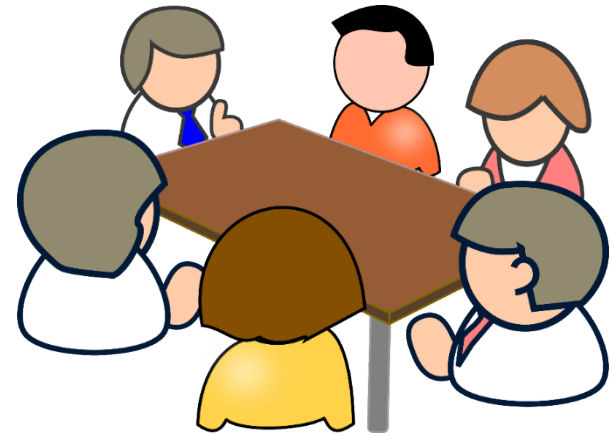
By involving parents, students, and community members, SHACs bridge the gap between schools and the broader community. This collaboration enhances the effectiveness of health initiatives and ensures they are supported outside the school environment.



# SHAC Members

## Parents/Community Members

Dannette Gonzalez, Interim  
President  
Anisa Chavera, Principal SJH  
Lori Aguilar  
Leslie Alonzo  
Margarita Alonzo  
Becky Escareno  
Marissa Guerrero  
Rosario Hernandez  
Rosalinda Lira  
Lorraine Ordonez  
Candice Ramirez  
Erika Ramon  
Melissa Ramon



This group of individuals represent segments of the community and school district which provide advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.

# Coordinated School Health

## Eight Components of the Whole School, Whole Community, Whole Child Model

- Health Education
- Healthy and Safe School Environment
- Counseling and Mental Health Service
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services



## 2025-2026 Meetings

- 08-27-2025
- 10-15-2025
- 12-03-2025
- 02-11-2026
- 04-30-2026



(Minimum of four meetings required annually)

# Speakers/Guests

April Verrone BSN,RN, ESC 2 Nurse  
Coastal Bend Wellness Foundation  
American Heart Association  
Alzheimers Association  
Amistad Clinic  
Chris Ruiz Foundation  
Driscoll Children's Health Plan  
Keach Library  
Majesty Outdoors  
Nueces County Public Health District  
RISD Police Chief Filiberto Tagle  
RISD Social Workers  
RISD Food and Nutrition  
RISD Coaching Staff  
Ruben Sanchez PFE  
Texas Health & Human Services

# SHAC Year in Review

- Approved the Character Strong Curriculum
- SB12 updates and new Consent to Treat information reviewed, updated, and in place
- Fentanyl Awareness; staff training completed
- Security updates implemented and reviewed
- Shared community resources information with SHAC
- Partnered with the American Heart Association on health and safety initiatives
- Collaborated with the Alzheimer's Association for awareness and resources
- Worked with the Coastal Bend Wellness Foundation on Project Turnaround, which supplied all campuses with new Narcan
- Conducted annual Flu/Vaccine Clinic for staff
- Held a very successful Breast Cancer Awareness Walk
- Held Stop the Bleed training
- Conducted Hands-Only CPR training
- Provided Diabetes training
- Conducted Narcan training for staff
- Worked with the American Heart Association on Project ADAM to ensure all campuses had Cardiac Response Plans completed and in place
- Completed training for new Vision, Hearing, and Scoliosis state reporting site
- Submitted immunization reports with 100% compliance achieved
- Conducted the first Triennial Assessment of the Wellness Policy

## Important SHAC Information

TEC, §28.004(d-1), addresses SHAC meeting requirements. For each meeting, the SHAC is required to:

- ✓ Post notice of the date, hour, place, and subject of the meeting on a bulletin board in the central administrative office of each campus in the school district at least 72 hours before the meeting
- ✓ Ensure that the notice of the date, hour, place, and subject of the meeting is posted on the district's website at least 72 hours before the meeting Prepare and maintain minutes of the meeting that state the subject and content of each deliberation and each vote, order, decision, or other action taken by the SHAC during the meeting
- ✓ Make an audio or video recording of the meeting and submit the minutes and audio or video recording of the meeting to the district not later than the 10th day after the meeting
- ✓ Incorporate CSH as a part of Campus Improvement Plans.
- ✓ Strengthen and utilize SHACs to support the implementation of all school health policies and practices.

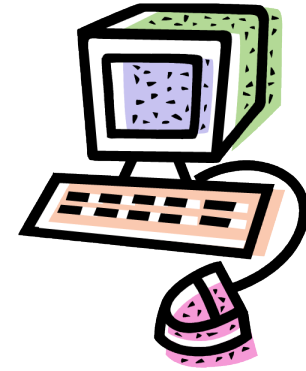
# References



- ✓ Texas School Health Advisory Committee:  
[www.dshs.state.tx.us/schoolhealth/shadvise.shtm](http://www.dshs.state.tx.us/schoolhealth/shadvise.shtm)
- ✓ TXPTA Healthy Lifestyle web page:  
[www.txpta.org/programs/healthy-lifestyles](http://www.txpta.org/programs/healthy-lifestyles)
- ✓ TEA Fitness Data: [www.tea.state.tx.us/index4.aspx?id=397](http://www.tea.state.tx.us/index4.aspx?id=397)
- ✓ <https://www.dshs.texas.gov/texas-school-health>
- ✓ CDC Coordinated School Health: [www.cdc.gov/HealthyYouth/CSHP](http://www.cdc.gov/HealthyYouth/CSHP)
- ✓ Texas Department of Agriculture Square Meals:  
[www.squaremeals.org/fn/home/page/0,1248,2348\\_2349\\_0\\_0,00.html](http://www.squaremeals.org/fn/home/page/0,1248,2348_2349_0_0,00.html)
- ✓ Regional Education Service Centers: <http://ritter.tea.state.tx.us/ESC>
- ✓ Texas online help for childhood obesity: [www.reshapingtexas.org](http://www.reshapingtexas.org)
- ✓ Texas Legislature Online: [www.capitol.state.tx.us](http://www.capitol.state.tx.us)

## RISD SHAC Information

- ✓ The Robstown ISD SHAC website:  
[www.robstownisd.org](http://www.robstownisd.org)
- ✓ Minutes and agendas of all meetings can  
be found at : [www.robstownisd.org](http://www.robstownisd.org)  
Under “Health Services” Tab



# QUESTIONS?

This presentation was developed by the RISD SHAC committee with the Texas Department of State Health Services, Texas School Health Advisory Committee on June 1, 2023. For additional information about this presentation, contact [www.dshs.state.tx.us/schoolhealth/shadvise.shtm](http://www.dshs.state.tx.us/schoolhealth/shadvise.shtm).

Links to external sites appearing in this presentation are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services. The sites also may not be accessible to people with disabilities. For information regarding this presentation, contact the School Health Program at 512-776-7279 or email [schoolhealth@dshs.state.tx.us](mailto:schoolhealth@dshs.state.tx.us).

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