

Coaching is Teaching at its Best



BCMS 2010 Fall coaches meeting

- Jeannie:
 - **First Practice**
 - **First Aid Kits**
 - **Communication**
 - **Uniforms**
 - **Pictures**



Coaching is Teaching at its best

BCMS Activities Will:



- Allow ALL students an opportunity to participate
- Allow ALL athletes an opportunity to improve their skills
- Help students make a connection between school and athletics

Coaching is Teaching at its best

BCMS Academic Policy



- **Activities should help students be successful in the classroom**
- **Students are not kicked out of sports for poor grades**
- **If a student has 2 or more D's in any classes, they will be required to meet on Wednesday's for up to one hour in a study hall after school**

Coaching is Teaching at its best

- A Coaching Philosophy...

“To be a *better* Coach,

you must become a more *effective* teacher”



Coaching is Teaching at its
best



**And Why Should This
Matter To You?**

Coaching is Teaching at its best



And Why Should This Matter To You?

The type of care, commitment & professionalism you put into your teaching, you should put into your coaching.

Coaching is Teaching at its best



BCMS Keys to Success:

Coaching is Teaching at its best



Set Expectations:

- **For Your Players**
 - Have high standards both athletically and behaviorally
 - Communicate your expectations for them.
- **For Yourself**
 - Have high standards for yourself
 - Model what you expect from your players

Coaching is Teaching at its best

Be Organized

- Have a practice plan for EVERY practice
- Communicate/coordinate the plan with other coaches and your players.



Coaching is Teaching at its best



You Can Not Over Communicate

- Explain your terminology
- Teach using visual aids
- Listening is also communicating

Coaching is Teaching at its best



Be a Student of the Game

- Find resources to improve your knowledge of the game
- Use your Head Varsity Coach
- Let your AD know if there are resources which will help

Coaching is Teaching at its best



Go to Practice with the

RIGHT Attitude!

- Be Enthusiastic! It's Contagious!
- Hustle Everywhere!
- Attitude is Everything!
- Have Fun!

Be There!

Coaching is Teaching at its best



Teach & Coach Fundamentals!

- We provide the base, they expand on it at the High School
- Good Fundamentals will carry a program.

Coaching is Teaching at its best



Embrace Competition

- Preparation
- Hard Work

Coaching is Teaching at its best

Coach the Heart

- **Teach the right values:**
 - **Character Education**
 - **Respect**
 - **Win with Class**
 - **Gracious in Defeat**



Coaching is Teaching at its best

HAVE FUN!!!!!!

- Make your program fun
- Laugh
- Develop positive relationships with your players
- Enjoy the experience



Coaching is Teaching at its best



Your success as a Middle School coach is best measured by how many of your players either come back to play another season with you or go on to play at the next level.