

NEW COURSE APPROVAL FORM

Date: 9/11/25

Department Chairperson/Building Coordinator: Jonathan Gustafson

Department: Health/PE Building: Middle School

Proposed Course Title: Unified PE Grade Level: 7/8

Course Length: Year Credits:

Requirement/Elective: Elective Meeting Frequency: Every 3rd day

Anticipated Enrollment: 25 Max Prerequisites: None

Principal's Approval: 9/29/2025
Comments:

Review & Discuss Within the Building Between Departments –
Date: 8/26/2025
Comments:

Systemwide Curriculum Committee Review Date: 10/8/2025
Comments:

Director of Instruction/District Administrator's Approval: 10/22/2025

Board of Education Curriculum Sub-committee Review Date:

Board of Education Approval Date: _____

I. **COURSE INFORMATION**

A. Rationale for Course: *(Provide a brief description of student/school needs/purpose of course, benefits, and anticipated student outcomes.)*

- Makes PE curriculum accessible and equitable for all students
- Promotes the value of a physically active lifestyle
- Builds strong relationships between students of all abilities
- Provides diverse opportunities for all students to be engaged in physical activity
- Leadership opportunities for students
- Builds interpersonal skills needed to be successful working with people of all abilities
- Provides experience for students who are interested in careers working with people of differing abilities

B. Course Description: *(Short descriptive paragraph highlighting the major focus of course. To be used for course offering catalog.)*

- Combines students of all abilities to participate in developmentally appropriate activities including lifetime activities, physical fitness and sports through a peer mentorship program
- Students will work together to increase competence and confidence in a variety of physical activities
- Through ongoing leadership opportunities participants in this course will help to create a more inclusive and accepting environment for all students
- Expected learning outcomes include physical fitness, improving activity specific skills, cooperation, learning how to make informed health and lifestyle choices, and understanding each others differences
- Activities may include outdoor pursuits, fitness and recreation, bowling, disc golf, community recreation, yoga and mindful movements.
- Assessments for mastery will be given in a variety of ways such as skill checks, rubrics, student projects for each unit
- Peer Mentor Musts:
 - 90% attendance
 - No code violations
 - No office referrals
 - 2.0 GPA
 - APE, Intermediate, or Middle school PE teacher approval/recommendation

C. Course Outline: *(Attach course outline which includes the major topics and concepts.)*

- **UNITS**
 - Outdoor pursuits
 - Fitness and recreation
 - Community recreation
 - Mindful movements

- **Activities** - May include
 - Bowling
 - Paralympic sports
 - Disc Golf
 - Biking
 - Strength and Conditioning/Cardio
 - Yoga
 - Goal Ball
 - Winter Sports

D. Materials & Resources: (Include text, computer/technology tools, and supplementary information.)

- No textbooks or technology needs
- Materials/equipment based on individual student needs
- Transportation costs for community outings
- Entry fees: bowling, winter sports, general field trips
- Equipment loaner costs
- See budget impact section for specific equipment/material needs

E. Instructional Methods: (Check applicable ones and explain wherever necessary.)
Which of these are used: Check with "X"

	Lectures	X	Demonstrations		Check Quizzes
X	Discussions		Term Papers		Individual Study Contracts
	Special Reports		Extra Reading		Other
X	Laboratory (hands-on)		AV Materials		
	Online/Virtual Learning	X	Field Trips		

F. Student Evaluation Procedures:

- Grading practices
- 10 participation points per day
- One-third - based on an engagement rubric
 - Showing initiative
 - Asking appropriate questions
 - Mentors functioning independently
 - Actively participating in class discussions

- G. Financial Impact: (Provide an explanation of projected costs for personnel, materials, and equipment for subsequent years when the proposal is fully implemented.)
- H. No additional staff
- I. Equipment - Year 1 - \$1,000
- J. Transportation costs - Building Budget
- K. Fees/Field Trips/Community Outings - \$500 year (estimate)

Added Equipment: Visual and auditory friendly equipment,

- I. Explain how this new course will correlate with Wisconsin State Academic Standards and/or district remediation plans.

This course is designed to engage students in a variety of fun, lifelong activities and teach them skills to help them lead active, healthy lives. All 5 of the state PE standards are incorporated in this course

II. OTHER PERTINENT INFORMATION

- A. This course will be: (please check one)
☒ an addition to the department's offering
☐ a replacement for _____
☐ a pilot study
- B. This course will require (please check the appropriate spaces):
☐ the adoption of a new textbook
☐ the use of a text previously adopted and in use
- C. This course will require (please check appropriate spaces)
☐ specialized organization of teacher time
☒ specialized room arrangement or equipment (explain below)
☒ specialized student grouping or sectioning
☒ curriculum planning time
☐ specialized technology

This class will need to be during the lunch hour where smaller PE classes are already offered. This will limit the impact on other scheduled courses.

- D. To what extent will this curriculum change affect the number of teacher preparation each semester? (Explain)
 None
- E. To what extent does this course conflict with the content and/or student availability of other courses in your department?
 No conflict
- F. To what extent does this course conflict with courses offered in other departments?
 No conflict
- G. What course(s) could be deleted if this curriculum change is adopted?

None

- H. This proposed course must be discussed with other members of your department prior to submitting this form. (*Describe briefly the outcome of these discussions.*)

We discussed this during the August PE Department meeting

- I. To what effect does this curriculum change affect the K-12 Skills Continuum?
(*duplication, deletion, reinforcement, etc.*)

It reinforces the inclusion philosophy we have across the PE department.

- J. If approved, this course will begin: _____ Fall of
2026 _____
(*semester/year*)

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