

## BOARD OF TRUSTEES AGENDA

<input style="width: 40px; height: 20px;" type="checkbox"/>	<b>Workshop</b>	<input style="width: 40px; height: 20px;" type="checkbox"/>	<b>Regular</b>	<input style="width: 40px; height: 20px;" type="checkbox"/>	<b>Special</b>
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(A)

☐
**Report Only**
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**Recognition****Presenter(s):****Briefly describe the subject of the report or recognition presentation.**

(B)

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**Action Item**

**Presenter(s):** MS. MINERVA RANKING, NURSE COORDINATOR  
MR. EDUARDO TREVINO, DEPUTY SUPERINTENDENT FOR DIST. OP.

**Briefly describe the action required.**

**CONSIDER AND TAKE APPROPRIATE ACTION ON THE REQUEST TO APPROVE A MEMORANDUM OF UNDERSTANDING BETWEEN THE EAGLE PASS ISD AND UNIVERSITY OF TEXAS SCHOOL OF PUBLIC HEALTH, SCHOOL PHYSICAL ACTIVITY AND NUTRITION (SPAN) PROJECT.**

(C)

**Funding source: Identify the source of funds if any are required.**

(D)

**Clarification: Explain any question or issues that might be raised regarding this item.**



**THE UNIVERSITY of TEXAS**  
**SCHOOL OF PUBLIC HEALTH**  
AUSTIN REGIONAL CAMPUS

*Michael & Susan Dell Center for  
Advancement of Healthy Living*

SPAN 2015 -2016

Memorandum of Understanding

Between Eagle Pass ISD and UTSPH, Austin Regional Campus

This Memorandum of Understanding (MOU) is by and between the Eagle Pass Independent School District (EPISD), and **UTHealth, University of Texas School of Public Health, School Physical Activity and Nutrition (SPAN) Project**, hereinafter referred to as "SPAN". In consideration of the mutual promises set forth below, the parties agree as follows:

EPISD ISD responsibilities:

1. One EPISD ISD administrator, teacher, or other staff person at each selected school will complete a 15-30 minute interview/ survey about school nutrition and physical activity programs and policies.
2. EPISD ISD P.E. or other staff, as determined by Principal or District Administrator, will assist SPAN Project Research Coordinator in scheduling and coordinating the student measurements at their school.

Assist with coordination of student measures includes:

- a. Identify a date and time to conduct student measurements
- b. Identify a place to conduct student measurements
- c. Provide school staff to assist with student behavior management during student survey administration and measuring heights and weights
- d. Pass out and collect send home forms from targeted students at each school (50 2<sup>nd</sup>, 4<sup>th</sup>, 8<sup>th</sup>, and 11<sup>th</sup> grade students and parents of 2<sup>nd</sup> grade students)
- e. Pass out and collect 2<sup>nd</sup> grade parent surveys
- f. Complete roster of students who have permission to participate in project (if necessary)

SPAN responsibilities:

1. SPAN will adhere to all district and school policies (FERPA, Confidentiality, etc.)
2. SPAN will only conduct measurements at a date and time that is determined by school
3. SPAN will provide all materials for measurements
4. SPAN will work with school staff (as determined by school administrator) to coordinate and schedule student measurements at each school
5. SPAN will send forms (consent form and 2<sup>nd</sup> grade parent survey) to the school coordinator at least 10 days before measurements are to be conducted
  - a. SPAN will send additional forms as requested by school coordinator

6. SPAN will provide EPISD a calendar of measurement schedule
7. SPAN research staff will conduct all project measurements (student survey, height and weight, healthy signage checklist, health policy interview with school administrator or staff)
8. SPAN will provide student incentives to students participating in project
9. SPAN will provide incentives to teachers who assist and help coordinate the project
10. SPAN will provide a written report of district findings no later than June 1, 2017

**School and student selection:**

1. Schools are listed in table below
2. Students selected should be a good 'picture' of student population at school
3. General study classes (core) are best, but can defer to #2

<b>Elementary Schools</b> Seco Mines Elementary Perfecto Mancha Elementary Sam Houston Elementary Liberty Elementary	Grade(s) to participate <b>50 2<sup>nd</sup> grade students</b> (height and weight). Their parents will complete a take home survey about their 2 <sup>nd</sup> grader's nutrition and physical activity. The parent survey is sent home in an envelope that also contains the parent permission form. <b>50 4<sup>th</sup> grade students</b> They will complete a student survey and have their height and weight measured.
<b>Middle / Junior High Schools</b> Memorial Junior High Eagle Pass Junior High	<b>50 8<sup>th</sup> grade students</b> They will complete a student survey and have their height and weight measured.
<b>High Schools</b> C.C. Winn High School Eagle Pass High School	<b>50 11<sup>th</sup> grade students</b> They will complete a student survey and have their height and weight measured.

UTHealth, University of Texas School of Public Health,  
School Physical Activity and Nutrition (SPAN) Project  
Agreement Signatures.

Eagle Pass Independent School District

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Title

\_\_\_\_\_  
Title

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Date

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Date

## Measurement Instruments

Instrument/Document	Details	Hyperlink
Consent Form	Active and passive parent permission form; available in English and Spanish.	<a href="http://go.uth.edu/SPAN-Consent">http://go.uth.edu/SPAN-Consent</a>
4 <sup>th</sup> Grade Survey	Available in English and Spanish	<a href="http://go.uth.edu/SPAN-4th-Eng">http://go.uth.edu/SPAN-4th-Eng</a>
Parent of 2 <sup>nd</sup> Grade Survey	Available in English and Spanish	<a href="http://go.uth.edu/SPAN-2nd-Parent-Eng">http://go.uth.edu/SPAN-2nd-Parent-Eng</a>
8 <sup>th</sup> / 11 <sup>th</sup> Grade Survey	Available in English and Spanish	<a href="http://go.uth.edu/SPAN-8th-11th-Eng">http://go.uth.edu/SPAN-8th-11th-Eng</a>
School Health Policy Survey	This is a 20 minute survey/interview that is conducted with the most knowledgeable person at each campus about nutrition and physical activity practices or policies at the school.	<a href="http://go.uth.edu/SPAN-SHPS-Eng">http://go.uth.edu/SPAN-SHPS-Eng</a>
Healthy Signage Checklist	The checklist is completed by one of our trained research staff who will look in the cafeteria, gym, and main hallways of each campus.	<a href="http://go.uth.edu/SPAN-SHP-Checklist">http://go.uth.edu/SPAN-SHP-Checklist</a>
UTSPH IRB Approval	This project is approved until June 2016.	<a href="http://go.uth.edu/SPAN-IRB">http://go.uth.edu/SPAN-IRB</a>
DSHS IRB Approval	The project approval expires October 2015; Updated approval is pending and we will provide a copy	<a href="http://go.uth.edu/SPAN-DSHS-IRB">http://go.uth.edu/SPAN-DSHS-IRB</a>
Human Subject Certifications	Current certifications for our Principal Investigator (Dr. Deanna Hoelscher) and Project Director (Carolyn Smith)	<a href="http://go.uth.edu/SPAN-Hoelscher-CITI">http://go.uth.edu/SPAN-Hoelscher-CITI</a> <a href="http://go.uth.edu/SPAN-Smith-CITI">http://go.uth.edu/SPAN-Smith-CITI</a>
SPAN 2009 – 2011 State-wide Report	Infographic of the results from SPAN 2009-2011.	<a href="http://go.uth.edu/SPAN-Infographic">http://go.uth.edu/SPAN-Infographic</a>

## Project Coordinator Contact Information:

**Carolyn L Smith**  
Research Coordinator

**UTHealth | The University of Texas Health Science Center at Houston | School of Public Health | Austin Regional Campus**

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<http://msdcenter.blogspot.com>



## Brief Overview of the School Physical Activity and Nutrition (SPAN) Project

The SPAN Project is a surveillance system that monitors the nutrition, physical activity, and body size of school children in Texas via self-reported student and parent surveys, and body mass index (BMI). Students in 2<sup>nd</sup>, 4<sup>th</sup>, 8<sup>th</sup>, and 11 grades are asked to participate in the project. Data collected during the SPAN Project will be used to report regional and state-wide findings as well as to advise and improve child health programs and policy.

Research elucidates that there is a strong relationship between diet, physical activity, and academic performance as well as body size. In an effort to meet state goals for Texas schools and health, data collected from the SPAN Project is used for reporting as well as to drive the development of programs and policies that address nutrition and physical activity among Texas youth. Additionally, Infographics created from this project serve as an effective instrument to convey the SPAN results and current health recommendations.

SPAN is funded by the Texas Department of State Health Services (DSHS) and conducted by research staff at the Michael and Susan Dell Center for Healthy Living, University of Texas School of Public Health, Austin Regional Campus.

### Notable facts regarding the SPAN Project:

1. SPAN is the official state-wide nutrition and physical activity surveillance for the Texas Department of State Health Services.
2. SPAN was previously conducted in school years 2000-2002, 2004-2005, and 2009 – 2010. SPAN 2015-2016 will be the fourth time the state-wide project is conducted.
3. Over 65,000 students and parents from more than 320 school districts across Texas have participated in SPAN.
4. Information collected during SPAN adds contextual depth to the data collected for FitnessGram; it does not compete with FitnessGram measurements or reporting. Height and weight measurements collected in SPAN can be shared with schools for their FitnessGram reporting.

### Project activities include:

1. Inclusion of approximately 50 2<sup>nd</sup>, 4<sup>th</sup>, 8<sup>th</sup>, and/or 11<sup>th</sup> grade students from selected schools in your district who are invited to participate.
2. Parents of participating 2<sup>nd</sup> grade students are invited to complete a survey regarding factors influencing nutrition and physical activity in the home.
3. Our trained research staff will:
  - a. Administer a student self-reported survey (4<sup>th</sup>, 8<sup>th</sup>, and 11<sup>th</sup> grade only) that assesses physical activity and nutrition behaviors, knowledge, attitudes, and environment.
  - b. Conduct measurements of students' heights and weights of 2<sup>nd</sup>, 4<sup>th</sup>, 8<sup>th</sup>, and 11<sup>th</sup> grade students.
  - c. Complete a health promotion observation check list (gym, hallways, and cafeteria).
  - d. Conduct a brief interview with school personnel about school activities and policies related to physical activity and health promotion.

The estimated time required is approximately 1 hour for students and 20 minutes for participating parents and teachers. **No district, school, student or parent names will ever be associated with their data.**

### District and school benefits:

1. District receives report of findings, teacher resources, and information about available programs (LEARN! GROW! EAT! GO!, It's Time Texas, CATCH, etc.)
2. We can share heights and weights of students measured
3. Assisting teachers and staff receive a \$20 gift card to Target or Walmart
4. Students receive a water bottle (has the SPAN logo and a line to write their name)