

Annual School Health Advisory Council (SHAC) Report for 2024-2025 School Year

The mission of the Terrell ISD School Health Advisory Council (SHAC) is to provide advice and advocacy for school health programs that address such topics as fitness, proper nutrition, substance abuse, and abstinence education.

The 2024-2025 SHAC council members are Stephanie Taylor RN, Katie Holland RN (employees) and Daisy Gaytan, Sylvia Duque, Ana Palin (parents).

In Accordance with the Texas Education Code, Section 28.004, the Terrell ISD School Health Advisory Council held four meetings during the 2024-2025 school year. September 19, 2024, November 5, 2024, February 11, 2025 and April 8, 2025.

On September 19, 2024 Stephanie Taylor presented "What is a SHAC Council and its Purpose" Items covered included Health Education, Physical activity and Fitness, Nutrition Services, School Health Services, Mental Health Services, Human sexuality education, substance abuse prevention, Safety, Student and employee wellness. Parents present at the meeting were given the opportunity to ask any questions or provide any information on these topics.

The back to school immunization clinic held on August 1, 2024 was discussed. This event was held at the PAC and was sponsored by Aurora Concepts. The Health Services department worked alongside Aurora staff to complete these vaccines.

TVCC LVN nursing students completed clinical hours at TISD nursing clinics the student worked in clinics and helped with student screenings from September 3, 2024 to November 5, 2024.

Bass Rutledge sponsored a Flu vaccine clinic for all district staff on September 24th and 25th.

At the November 5, 2024 meeting Ricardo Gomez, Social Services department was the guest speaker. Mr. Gomez gave a presentation on some of the duties of his department. This includes providing counselling services using Telehealth through Children's Medical Center. Mr. Gomez works throughout the district providing services to at risk students as needed. Mr. Gomez also discussed the Tiger Mart store at FMS which can provide items of need for families such as food and some clothing items.

The Lions Club held the annual Eye Clinic for students on November 14, 2024 with the help of the Health Services department they were able to provide 33 students with a free eye exam and a free pair of eye glasses.

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Hunt Regional Mobile Mammogram bus was at the Excel on November 18, 2024 offering low cost mammogram for staff and the community.

During the February 11, 2025 SHAC meeting, Dwight Malone, Director of Family& Community Services, was the guest speaker. Mr. Malone discussed the Tiger Mart that is currently housed at FMS. The Tiger Mart supports students and families that may need food, household supplies or clothing. Mr. Malone spoke about the need for more donations and the possibility of an expansion of this program. Mr. Malone also spoke about various projects from his department that cater to both the students of TISD and the community.

Diana Tidwell, Director of Nutrition, discussed new menu items for the winter months being available. Mrs. Tidwell also discussed about ensuring all students are offered a meal at mealtimes.

Brian Wood from Dentaquest, discussed some opportunities for dental care through Dentaquest. Parent Ana Palin-from NTBH spoke about NAMI nights for Kaufman County on March 11th 6:30PM at the TVCC building in Kaufman.

Parent Sylvia Duque-spoke potential opportunities for donations to the Tiger Mart.

At the April 28, 2025 meeting. The Wellness Policy was reviewed as required annually. A copy of the policy was provided to the Nutrition Department, Athletic Director, and to each campus principle. The Wellness Policy was recently reviewed during the School Nutrition and the TDA 2024/2025 Administrative Review. Mrs. Diana Tidwell, Director of Nutrition stated our Wellness Plan meets or exceeds all guidelines. There were no suggested amendments for our current policy at this time.

Information about the Immunization Clinic was discussed. On April 2nd a clinic was held at the Excel Center. The Health Services staff and Aurora Concepts staff worked at this clinic. 41 students received low or no cost vaccines. Another immunization clinic will be held July 31st for back to school vaccines. This clinic will be held at the Excel Center and is for all students at TISD

The Texas Department of Health of Kaufman was present at this meeting and provided information on available programs for students and the community. Lori De La Cruz, staff from the Department of Health discussed the car seat program that is available. For those in need please reach out to the DOH for assistance. If you are needing vaccines the they are currently taking appointments for Wednesday and Friday, call for an appointment.

TISD employees continue to have access to Excel Center for physical health. Employees can participate in variations of workouts. Citizens over 50 of age also have access for a nominal fee. The Excel offers youth sports programs for students of TISD.

This completes the annual SHAC report for the 2024-2025 school year.