

# Choose Love Snow School



**March 10, 2026**

**Presented by Alea Orcutt, Jill Garrity & Peter Fragola**

# Why SEL Matters

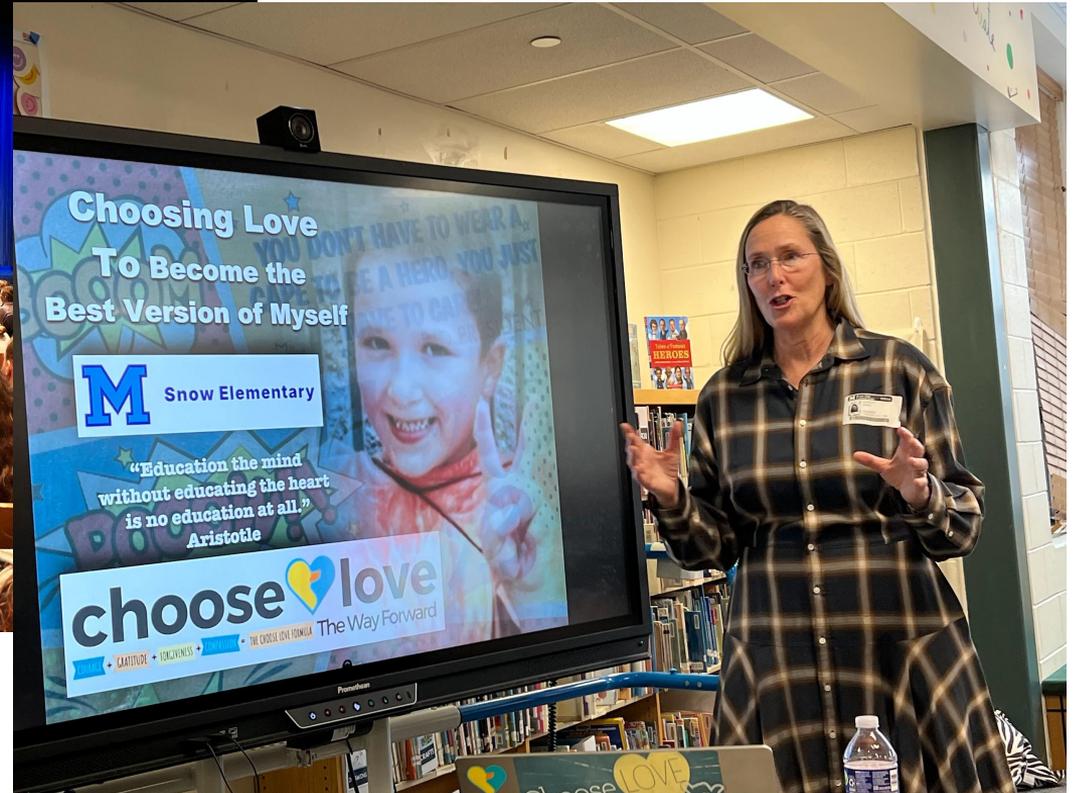
**Improved Social Skills in Students**

**Emotional Intelligence Development**

**Stronger Peer Respect and Safer School Life**

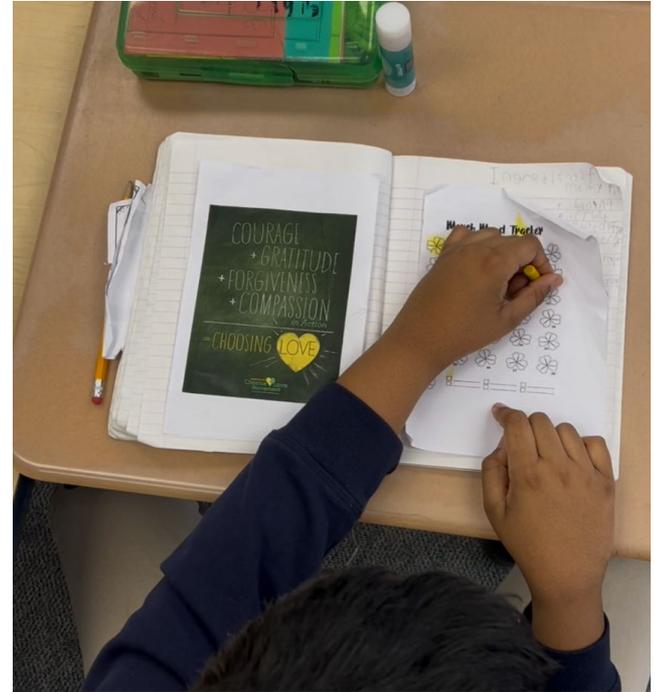
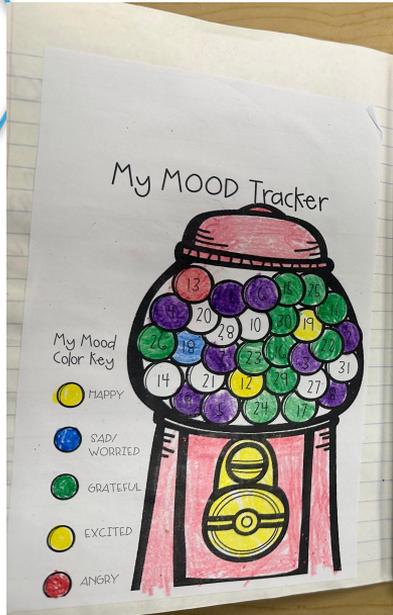
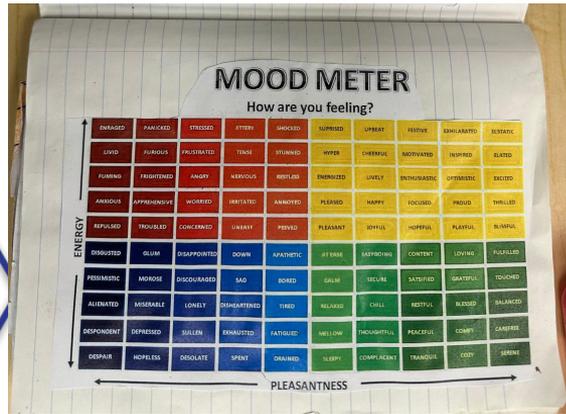
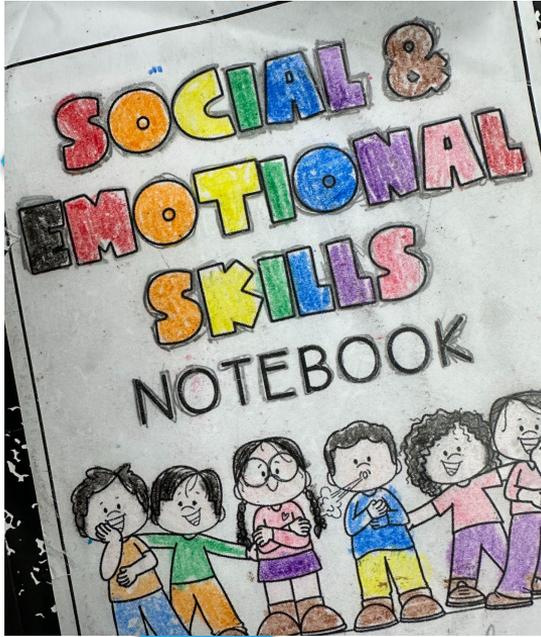
- Students learn to communicate and collaborate effectively.
- Students understand and manage their feelings better.
- Empathy and respect among peers create a safer environment.

# SEL FOR STAFF



Scarlett visited Snow School

# Daily SEL Journals



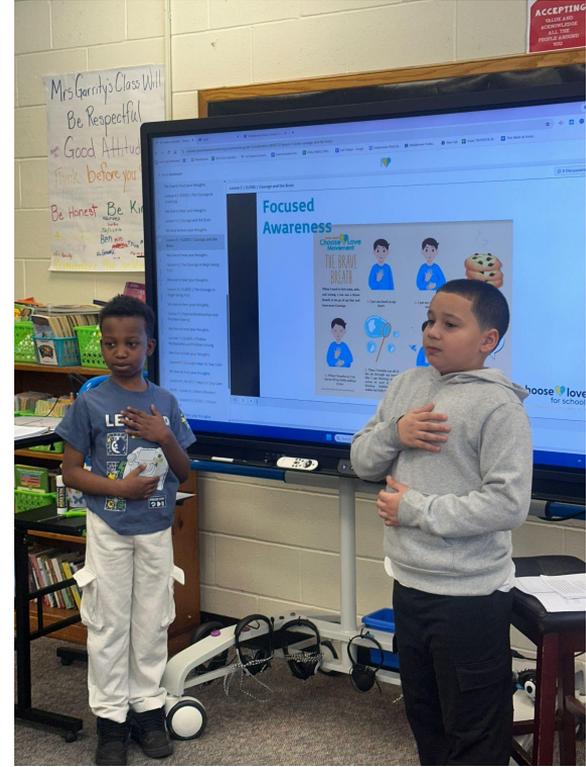
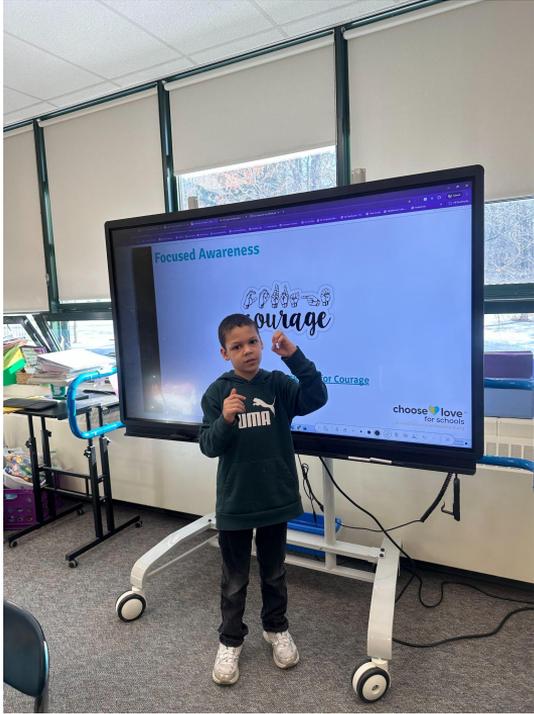
# What is Choose Love?

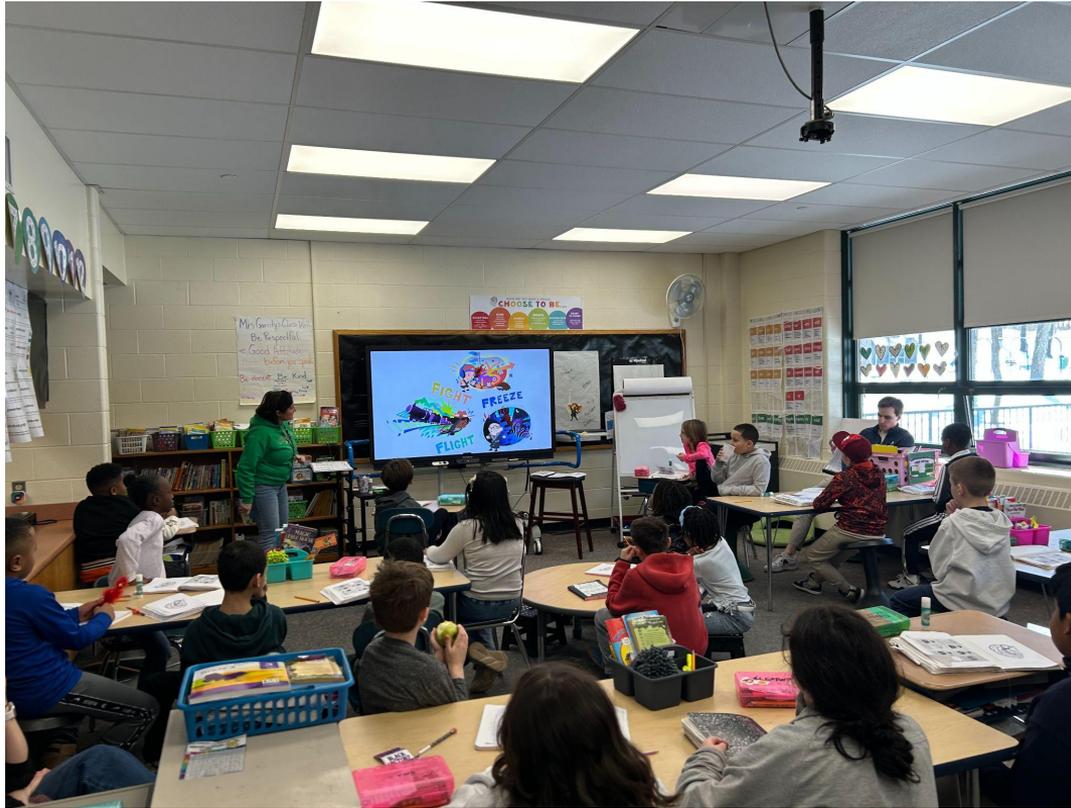
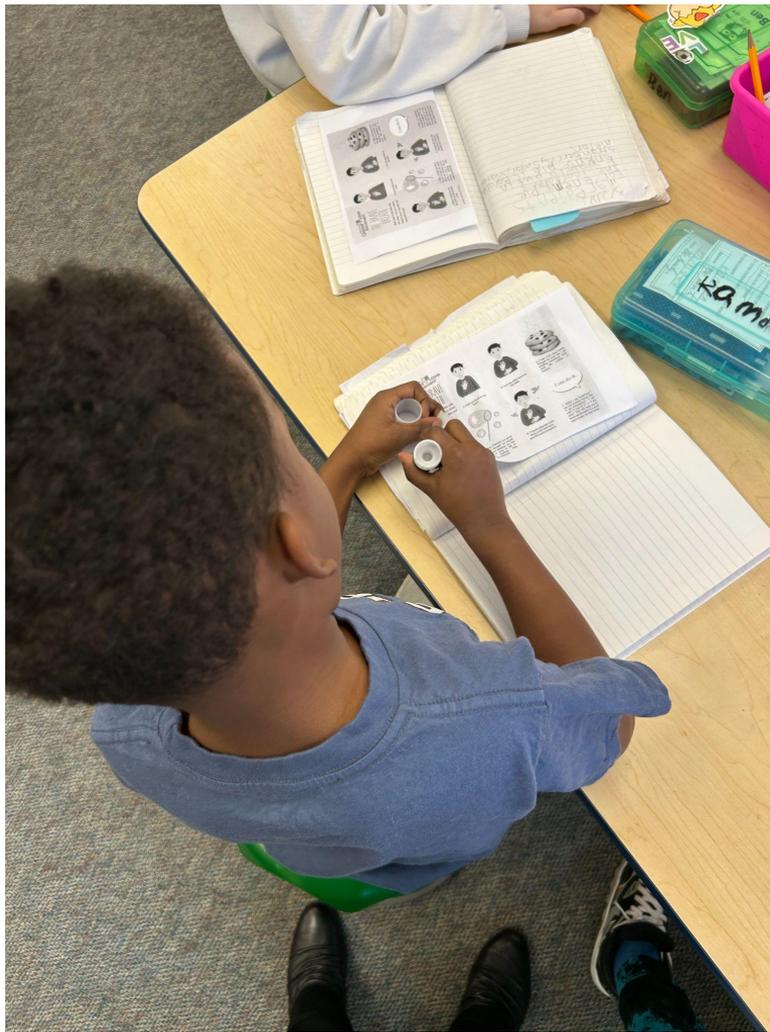
The Choose Love Formula is a social-emotional framework designed to foster resilience, connection, and well-being through four key pillars: **Courage + Gratitude + Forgiveness + Compassion in Action.**











# Choose Love Pledge

We will have the Courage  
even when things are hard.

We will have an attitude of  
Gratitude.

We will choose loving thoughts  
over angry thoughts.

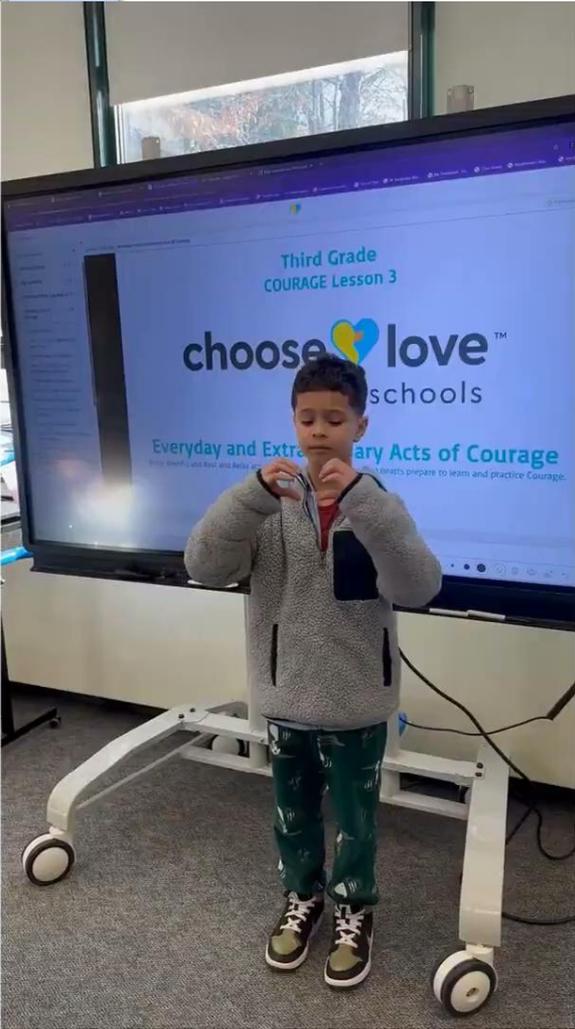
We will Show Compassion  
in our words and actions.

Courage + Gratitude + Forgiveness + Compassion =  
The Choose Love Formula



# WHOLE SCHOOL SELF LOVE





# Snow School

Choose



Choose Love  
Movement  
[www.chooselovemovement.org](http://www.chooselovemovement.org)

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