Aubrey ISD 415 Tisdell Lane Aubrey, TX 76227



## **May AD Report 2014**

We are quickly approaching the end of the school year and we are all very excited about what the future holds for Aubrey Athletics. We are looking forward to a fun and successful 2014-2015 in all sports for the girls and boys. It's a great time to be part of a great school district, community and overall athletic program. The future is bright and we can't wait to kick off the school year and athletic seasons next fall.

#### 7 on 7 schedule 2014

The Varsity and JV started on Tuesday, May 6<sup>th</sup> in a 7 on 7 league in Sanger at 6pm. The Varsity went 2-1 on the night by defeating Pilot Point 13-7 and Krum 30-15. The only loss came to Sanger in a tough and hard fought game. The JV group played extremely hard and gained some valuable experience on the night. I'm very proud of both groups because they exemplified what a true Chaparral is with great effort and class. Our JH teams begin next Monday, May 12<sup>th</sup> in Sanger at 6pm. The HS and JV teams will play 5 consecutive weeks on Tuesday nights and the JH will play 4 consecutive weeks on Mondays. All games begin at 6pm. We have a state qualifier 7 on 7 scheduled in Celina on June 14<sup>th</sup> for the Varsity and JV teams.

### Strength & Conditioning Camp

We will start our workouts on June 4<sup>th</sup> this summer and all boy/girl athletes will be invited. In the past it has been boy athletes only and I have changed that to ensure our girl athletes are given the same opportunity to prepare themselves for a successful upcoming year. We will invite all incoming 7<sup>th</sup> graders to incoming 12<sup>th</sup> graders. We will have different sessions for the HS/JV boys,

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HS/JH Girls and JH Boys. This camp will run for 7 consecutive weeks taking off two days the 1<sup>st</sup> week and two days the week of the 4<sup>th</sup> of July.

We will have workouts on Monday through Thursday in the mornings. All information will be handed out to kids and given to parents by the athlete. The camp will work on flexibility, agility, strength development, core work and speed training. It is vital that we have ALL athletes there on a regular basis to prepare themselves mentally and physically for a successful athletic school year. Some athletes will be out of town for summer league play and vacation but we expect them at workout when they are in town.

## **Summer Sports Camps**

We will be handing out information to athletes for our camps over the last two weeks of school. This is a list of the dates for the camps:

Boys Basketball-June 3<sup>rd</sup>-7<sup>th</sup>
Girls Volleyball-June 4<sup>th</sup>-7<sup>th</sup>
Baseball-June 16<sup>th</sup>-19<sup>th</sup>
Football-June 23<sup>rd</sup>-25<sup>th</sup>

\*As more camp information comes in it will be shared with the athletes.

\*Football and Volleyball 2-A-Days will begin on Monday, August 4<sup>th</sup>.

### Coach Keith Ivy

# GO CHAPS AND LADY CHAPS!

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