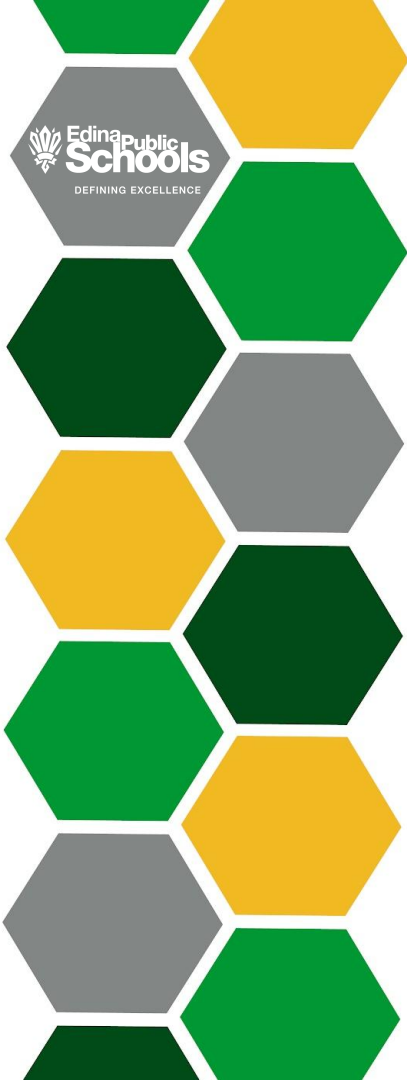


# School Board Presentation

## Valley View Middle School

*Alex, Aayaan, Dylan, Hamza, Jayden, Julia, Nicole, Reese, Sebastian, Suhana*





## What is the purpose of the Superintendent's Leadership Team?

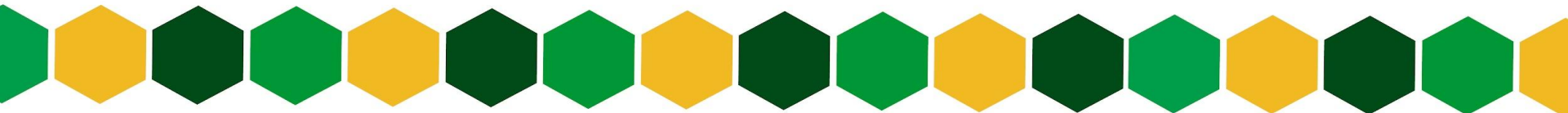
The Superintendent's Leadership Team allows students to have the opportunity to talk with Dr. Stanley. Students can share their thoughts and opinions about Valley View on what is going well and suggest improvements. It's important for students to have a platform like this to express themselves and be heard.



# What has the Superintendent's Leadership Team accomplished this year?



This year the topic we chose to focus on was mental health. We believe mental health is important because it affects daily life. One thing we discussed is that it can sometimes be hard for students to talk to adults about how they feel and what they are experiencing. That's why we created a mental health support form that is linked on the VVMS social emotional wellness site in the portal. It gives students direct access to the school counselors without them having to talk in person at first.



# Our Mental Health Support Form

This mental health support form enables students to receive the help they need without physically going to the counselors' offices. It also gives students several ways to receive help without direct counseling. Students can fill out the form, and then one of the school counselors will see their response so that they can either continue to email each other or schedule a time to meet in person.

The submissions are confidential only seen by Mrs. Brandt and Principal Pryor. Email address are collect to ensure counselors can follow up with students and to avoid false reporting.

First Name \*

Your answer \_\_\_\_\_

Last Name \*

Your answer \_\_\_\_\_

Grade \*

6

7

8

What do you want your counselor to know in order to support you? \*

Your answer \_\_\_\_\_

On a Scale of 1-4, how much is this problem affecting your day to day functioning? \*

1-Not At All

2-Just A Little

3-Most of the time

4-All of the time

How would you like to connect with your counselor? \*

Talking In person

Email to start

I'm looking for resources

Submit Clear form

## Spreading the Word

Our form was launched through VVTV, one of the student leadership teams at Valley View. We utilized their platform to share our video and promote our project to the entire school, reaching all Advisory classes. This approach successfully got us increased interest and support.

In addition to the VVTV platform, we also used the P.A.W. newsletter, an email that goes out to all Valley View families bi-weekly. This let families know that if their kids were struggling there is another resource out there for them to access.



## Our Hopes for Next Year

Our goal for the future is to increase the usage of our mental health support form to assist more students with feeling safer at school. To ensure that students don't forget about the resources available to them, we will consistently promote our mental health support form in future VVTV videos.



**Thank you for your  
continued support to  
student leadership  
programs/groups such as  
the Superintendent's  
Student Leadership Team.**

