

## Craig High School Weight room Options

### **Option #1: CHS backstage music storage room.**

The storage room dimension is 6'x 60' equaling 360 sq. ft. after all cabinets are removed. The removal of the cabinets would take time. The width of the room does not allow space to fit the cable crossover machine into the location, the footprint being 8'x8'. There are no windows for ventilation and space would be confined and stuffy.

The CCSD Maintenance Department does not recommend this option due to the items noted above.

**Estimated Flooring Cost** - Option #1. \$1,224.00 + Shipping

### **Option #2: CHS Woodshop.**

The CHS woodshop is 30'x50' equaling 1500 sq. ft. A 16'x 30' equaling 480 sq. ft. section of the woodshop could be framed in to create a weight room. To complete a project like this, 220v electrical would need to be relocated (Anything over 210 volts is hired out to a certified journeyman electrician for insurance purposes), ventilation moved and reconfigured, electrical drops moved and relocated, and removal of woodworking equipment. The addition would consist of constructing a wall to divide the two spaces, insulation, additional electrical, sheet rock, paint, and rubber flooring. Estimated cost, \$15,000 which does not include rubber flooring. This project is estimated to take approximately one month to complete.

If the district chooses to move in this direction it does compromise the anticipated remodel of this building to house the high school's biomass boiler. When that project can move forward the weight room would need to be relocated.

**Estimated Flooring Cost** - Option #2. \$1,632.00 + Shipping

### **Option #3: Art Room.**

The CHS art room could be moved to the CHS woodshop, and the art room turned into the new weight room and HS physical education teacher's office. This room is 30'x30' equaling 960 sq. ft.

The woodshop provides plenty of room and separate space for art and wood working. Items can be moved around and removed to make room for a couple tables and chairs. This project is estimated to take approximately 2-3 weeks to complete.

If the district chooses this option, which is probably the most doable from a maintenance perspective given the options available, it would compromise the high school's instructional program. The ability of the high school to house a ceramics classroom would be eliminated. The two kilns that are currently plumbed into this room would not be able to be moved to the Woodshop. There could also be noise issues impacting other classrooms based on the location of the weight room in the middle of the high school's instructional wing.

**Estimated Flooring Cost** - Option #3. \$3,264.00 + Shipping

**Note:** No matter where the weight room is re-located, rubber flooring will need to be purchased and put down for protection of the floor and the weights. The average cost of weight room rubber flooring runs about \$3.40 per. Sq. ft.

### **Option #4: Current Location.**