

**Activities Director/Dean of Students Report**

June 20th, 2024

**Review**

- The 2023-24 School year was very successful for Ranger Athletics. Two State Championships, 13 All-State honorees, three Section Team Championships, one Section Runner-up, eight individual Section Champions, a Section Coach of the Year winner and numerous All-Conference Selections. Overall participation in athletics was up 24% compared to last year and we are seeing more participation at the Youth and Junior High levels which bodes well for the future.

**Athletics Updates****Baseball**

- The Baseball team fell in the 1st Round of the Section 7AA playoffs to Proctor 7-0. Keyon Wesnar and Ethan Millsop were named to the Mid-State All-Conference team while Jarius Millsop was named Honorable Mention. The team finished 5-14 overall on the season and were led by Keyon Wesner with 4 wins who is also currently 3rd on the All-Time Top Ten list in Hits in Ranger History.

**Boys Golf**

- It was another great year for the CIA Boys Golf team, they finished 2nd at both the Mid-Minnesota Conference and Mid-State Conference Championships. They were led by Louie Meyer who was named to both All-Conference teams and had a 79.9 adjusted stroke average for the year. Joseph Bostrom, Noah Nyberg and Seth Parkin were both named Honorable Mention at the Mid-State All-Conference Championships.

**Softball**

- The Softball team finished the season with a 5-15 overall record after falling to Hinckley-Finlayson 14-0 in the 1st Round of the Section 7AA playoffs. Veronica Millsop and Tori Oehrlein were named to the Mid-State All-Conference team and Mikah Cronk was named Honorable Mention.

**Track & Field**

- The Track & Field finished the season with five All-State performances including two State Championships and the Boys team finished in 8th overall as a team at the State Meet. The 4x400m Relay team of Noah Larson, Nate Hachey, Joe Ringhand and Jordan Mount captured the Class A State Title by running 3:22.80, that's the fastest any Class A team has run in 10 years. Jordan Mount won the Long Jump State Championship with his mark 23' 2.25" and took 6th in the Triple Jump, Lucy Lewandowski finished 6th in the Pole Vault and Joe Ringhand was 8th in the 800m. The Boys team finished 2nd overall as a team at the Section 7A Championships for the second year in a row and the Girls were 4th. The Boys 4x400m Relay and Mount in the Long Jump each broke Section 7A Meet records in capturing Section Championships. Ringhand in the 800m, Mount in the TJ, the Boys 4x200m Relay, the Girls 4x800m Relay, Lewandowski in the Pole Vault and Caitlin Armbrust in the Triple Jump also won Section Championships while Sydney Jones qualified for State by finishing 2nd in the Pole Vault. Coach Cley Twigg was named the Section 7A Boys Coach of the Year for 2024.

Respectfully submitted,

Cley Twigg

Activities Director/Dean of Students

**For updated scores and schedules visit: [cirangers.org](http://cirangers.org)**