

Spookinaapi (Good Health) Project

Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
 - Under-Age Drinking
 - Marijuana use
 - Prescription pain Killers (Opioids)
 - Suicide
 - Family engagement
- Target population
 - Grades 2-12

Goals & Objectives for the program

Goal 1. Provide Prevention education, activities and awareness for the schools and community.

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.

Goal 3. Establish a mentoring program for each building and target at-risk students.

Current Projects

The Spookinaapi program collaborated with 21st century to host summer activities will plan a series of Fun Runs relays and trail runs with Blackfeet Tribal Health The spookinaapi program did administer the YRBS and Prevention assessment to the Middle and High School students, results are pending. The Spookinaapi assessment is pending results also. Spookinaapi is in its last year, so we will be very busy this coming school year.

Cinnamon Crawford is located at the Buffalo Hide Academy as the Spookinaapi Director, she over sees the day-to day operation of the project, Cinnamon will be working closely with the Blackfeet Tribal health programs to better serve the youth and the community. Currently the Spookinaapi Program is collaborating with the student activities, and wellness committee

Kiana McClure is located at the Browning High School as the Prevention Specialist. I have worked on the referral process with Crystal Creek and ways to implement the second step process for repeat offenses along with planning for the Sobriety ball. Insight was conducted this month in collaboration with BLES. Officer Tristen Polk has requested to collaborate with the High School. The Safe Ride Home program concluded the last event for the year with three students using the call line; these students were from outlying communities. These communities included Heart Butte, Babb, and Starr School. Safe Ride will continue with the program in the coming next year.

Kayla Burns Browning Middle School specialist – This month I have done tobacco prevention education with 6th graders highlighting the sacredness of tobacco among indigenous people. Elisha and I also continued our pictograph spring renewal activity with the kids which should be finished this week. This activity is like the "winter count" activity but the theme has to do with Blackfeet's idea of the New Year, "When our moccasins touch green grass again," so it has a theme of goal setting and sharing the pride of their story through a pictograph. We have been working on this for a few days each week for the last couple of months. Lessons include decision making, and wellness in which their big project for this activity was "vision boards" Safe factor related to culture will continue into the next year.

Browning Elementary Specialist is Kailey Hall, I have been working on providing services to children and families who lack food and clothing, as well working with families in transition to help get these services to the families and the children in the school setting. My classes have been working on random acts of kindness throughout the school and ways to be a good friend. I am now phasing out the food pantry for the year and providing students with summer food bags from the food pantry that I created, so they have some food to start their summer off with.

Tessa Wells is located at Napi Elementary as the Prevention Specialist, during this month the Spokinaapi specials have been focusing on reviewing the information learned from the lessons throughout the school year. Nearing the end of the school year I felt it would be important to reiterate the important topics that students can move forward with to the next school year. The Spokinaapi specials have also been focusing on positivity with self and others. Some of the activities that the students have completed is how they would change the world, kindness cards, identifying positive things that make them unique, and creating inspiring quotes to be given to another student. This is an important aspect of providing prevention education so that students can establish boundaries and strategies to navigate healthy choices throughout their lives.



Community
**Health
Fair**

**Wednesday
March 15, 2023
At Browning
Elementary Gym**

9:00AM-1030AM BMS
1030Am-12:00 PM BHS
1:00 PM-2:00 PM Napi,
KW/Vina & BES

SOH-KIN-NA-PII
Good Health



UNIVERSITY OF
MONTANA
Skaggs School of Pharmacy

**LIVE LIFE
WITH HEALTH
AWARENESS**

FREE HEALTH TESTING

- ✓ Diabetes Screening
- ✓ Vaccine Shots
- ✓ Health Screening
- ✓ Prevention Resources



Browning Elementary
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For More Information Please Call BPS Spookinaapi (406)338-4380
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