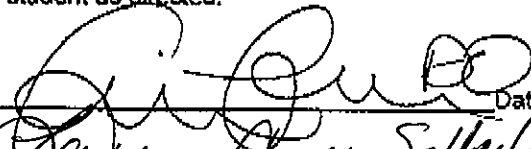


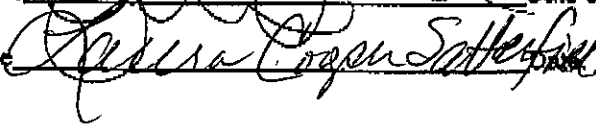
Aledo Independent School District Protocol for Epi-Pen Standing Orders

Dr. Gina Fowler, D.O.

In case of unidentified systemic allergic reaction or anaphylaxis at school, the following protocol should be followed:

- 1) Identify the signs and symptoms of a systemic or anaphylactic allergic reaction
 - Skin reactions: Hives along with itching, flushed or pale skin (rash almost always present)
 - A feeling of warmth or heat (along with evidence of rash)
 - The sensation of a lump or tightness in the throat or physically grabbing throat (airway concerns)
 - Swollen lips, tongue, or face and concern for trouble breathing (airway concerns)
 - Wheezing in chest indicating constriction of airways and reduced air entry (lung concerns)
 - A feeling of impending doom, anxiety, confusion (neurologic concerns)
 - A weak and rapid pulse, chest pain, dizzy (heart concerns)
 - Nausea, vomiting or diarrhea (gastrointestinal symptoms)
- 2) Administer the Epi-Pen as directed into outer thigh muscle.
- 3) Call 911 and transport student via ambulance to hospital for further evaluation and monitoring.
- 4) Notify Parent.
- 5) Notify Dr. Fowler of Epi-Pen administration at 817-441-2266.
- 6) Notify AISD Lead Nurse.
- 7) Give Benedryl to student as directed.

Doctor's Signature  Date of Orders: 9/25/2013

AISD Lead Nurse  DRN 9/26/2013

ALEDO ISD Epi-Pen Procedures

Procedure for Administration of Epinephrine Auto-Injector (Epi-Pen)

PURPOSE:

To assure the safe and timely administration of Epinephrine Auto-Injector (Epi-Pen) if it should become necessary during the time the child is at school. Epinephrine Auto Injector (Epi-Pen) is an emergency intervention drug used in controlling and stopping an anaphylactic allergic reaction. This medication is given as ordered by the physician and can be administered by the registered professional school nurse or by a trained staff member.

EQUIPMENT:

Completed Epinephrine Auto-Injector (Epi-Pen) orders signed by the physician.

Written parental permission.

Properly labeled pharmaceutical container with unexpired medication.

Copy of procedure.

PROCEDURE:

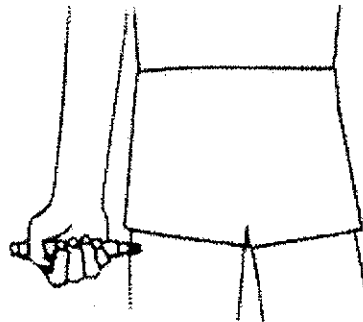
1. Give minor allergic reaction medication if ordered and indicated.
2. Keep victim lying down.
3. Give Epinephrine Auto-Injector (Epi-Pen) if indicated:
 - a. Remove Epinephrine Auto-Injector (Epi-Pen) from its amber tube.
 - b. Using the dominant hand, form a fist around the unit with thumb closest to gray activation cap.
 - c. When ready to administer the medication, use other hand to remove gray activation cap. Once activation cap is removed, do not touch exposed black tip with fingers since this is where needle comes out.
 - d. Hold pen at a 90° angle about 2 inches from outer part of thigh. Quickly swing and jab black tip into outer part of thigh. It is not necessary to remove any clothing from victim.
 - e. Hold for 5 to 10 seconds.
 - f. Remove unit from thigh.
 - g. Massage injection site for a few seconds.
 - h. Look at tip of unit and make sure needle is visible (medication was delivered).
 - i. Check small clear window on unit label. If black plunger visible, then medication was delivered.
 - j. Save unit for transport with student.
 - k. Note time medication was administered.
4. **Call 911** and request advanced life support for possible anaphylactic reaction.
5. Notify school nurse (if not present.)
6. Notify parent.
7. Repeat injection if ordered and if designated amount of time has elapsed.
8. Stay with child until EMS arrives. Keep victim lying down and quiet. Be prepared to provide CPR if needed.
9. Record on medication log.

EpiPen® and EpiPen® Jr. Directions

- Pull off gray activation cap.



- Hold black tip near outer thigh (always apply to thigh).



- Swing and jab firmly into outer thigh until Auto-Injector mechanism functions. Hold in place and count to 10. Remove the EpiPen® unit and massage the injection area for 10 seconds.