





Student Lead Conferences

April 24, 25 & 26 See page 2 for information.

HOMEWORK HELP HOUSE

We have HHH every Thursday from 3:45-5:30pm to help your student catch up on school work. Pick up a permission slip in the office to stay. A snack is provided and the activity bus is available.



4/2/19 NJHS Induction Ceremony 6:30pm

4/3/19 Outdoor School Parent Mtg. 6:00pm—6th grade only

4/8, 9, 10 Talent Show Auditions

4/9/19 Site Council 4:00pm

4/11/19 End of 3rd Quarter

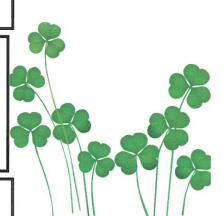
4/12/19 No School

4/19/19 Dance 6:00-8:00pm

4/24/19 Evening Conferences

4/25/19 No School—Conferences

4/26/19 No School—Conferences



BOATNIK ARMBANDS

We have Boatnik ride armbands for sale in the office at discount for \$23 each until April 5th. Cash only please.



SPRING CONFERENCES

We will be implementing Student Led Conferences this year along with all Three Rivers middle and high schools. We are excited for this opportunity for our students to take ownership of their education and showcase what they have been learning.

Sign-ups will begin after Spring Break. We will send a form home with your student, as well as an InTouch message email, that will outline the process for selecting a time for your child's conference. You will provide your first three time choices and we will do our best to accommodate your preference. Scheduling will be on a first come, first serve basis. If a form is not returned a conference will be scheduled at the convenience of the teacher. Our expectation is every student will share and present their conference.

You will be meeting with your child's lead teacher who he or she has been working with to put their conference together, and not all of their teachers.

We look forward to this new opportunity and look forward to you attending.

OUTDOOR SCHOOL PARENT MEETING

We will have Outdoor School again this year for our 6th grade students. This year it is May 13-17 and will be held at the Coastal Discovery Center in Newport. There is a parent meeting on April 3rd at 6:00pm to answer your questions. Please plan

Library News

Results are in for the Battle of the Books competitions!

LSMS got 4th place at the District competition at Lorna Byrne Middle School on March 2nd. The team traveled to Rogue River Elementary School on March 9th for Regionals and placed in the top 16, then played one tournament bracket game against a Klamath Falls team. They did a phenomenal job reading all 16 titles, practicing and battling. We celebrated our year with a movie and snacks in Mrs. DeForest's classroom on March 11th. Thanks to our team: Emma Billings-Rice, Marlo Pearce, Addison Bishop and Jadyn Rhodes. Also, to Samantha Solano and Levin Cynor-Ford for their dedication to reading the books and practicing with us.

If you are interested in joining the Battle of the Books club next year, the new book title list can be found here: https:// www.oregonbattleofthebooks.org/2019-2020-obob-book-titles/, and Mrs. Haberman is already ordering the books for next year's challenge! We are looking forward to Strong Readers, Strong Leaders for next year's challenge!

What's New In the Library?

We have been working hard at making the library a place where students can come and do quiet activitie4s. Thank you for adhering to the new rules.

New Books To Try:

Affinity For War (Petralist Series #4) by Frank Morin

Code Name Verity by Elizabeth Wein

Fate of the Gods (Assassin's Creed/Last Descendants Series #3) by Matthew Kirby

The Golden Tower (Magisterium Series #5) by Holly Black

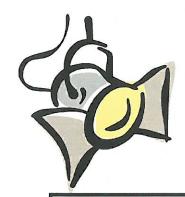
The Lost Continent (Wings of Fire Series #11) by Tui Sutherland

The Wooden Prince (Out of Abaton Series #1) by John Bemis

You may look these books up for their AR level by logging onto AR Bookfind.

Library Account Business: \$\$OVERDUE\$\$

Every week we send out library notices to students of late books or fines that are due. Please bring in overdue or lost materials as soon as possible and pay any associated fines. Any questions can be emailed to the Library Manager—brenda.haberman@threerivers.k12.or.us.



Tigers Got Talent

Variety Show Evening of Thurs. May 30th

Here are some tips from the judges:

**These are suggestions, NOT requirements

- 1. Buddy up. There are limited spots, so for maximum student participation, we would love to see you working with partners and groups.
- Try and choose UPBEAT music.
 Slow songs are beautiful but can be difficult to sing.
- 3. Practice A LOT and come prepared. The more ready you are to WOW us, the better chance you have of getting one of the spots.
- 4. We're looking for something new and different—not something that everyone else is able to do.

Idea Box:

Singing

Dancing

Air Band

Skits

Gymnastics

Instruments

Beat Boxing

Comedy

Read your writing/ poetry



Important After School Dates

Auditions: April 8th, 9th, 10th

Tigers Got Talent Variety Show Auditions

To audition, you will need the following: <u>TURN THIS FORM INTO MRS. FOX BY FRIDAY, April 5.</u> One form per act

- All of your members need to be present for the auditions; if someone does not audition they will not be performing in the actual talent show.
- Be prepared: This should be an example of your best work, up to this date.
- Bring all equipment with you the day of the auditions (guitar, props, costumes etc.) If
 you need music, you need to bring it.

		Choose ONE: ALL participants will audition on
Names of Participants:	-	
		April 8th
	-	April 9th
		April 10th
·	-	**Please mark this date on your family calen-
		dar.
Act:		
	-	
Title of Song/Music (if any):		BRING YOUR MUSIC AND LYRICS IF NEEDED!
Other Information: FINAL PARTICIPANTS WILL BE ANNOUNCED the week of April 15th		
Practice Times After School: Highly encouraged to attend!		
Mon. May 13 and Wed. May 15		
Mon. May 20 and Wed. May 22		
-IT'S MANDATORY TO COME TO DRESS REHEARSALS. Dress rehearsal:		
May 28th and May 29th.		
The variety show takes place the EVENING of May 30th, 6-8. Students will stay after school to help set		
up and practice.		

FAMILIES: PLEASE MARK YOUR CALENDERS WITH THE ABOVE IMPORTANT DATES.

FAMILY FUN CAMP

STRENGTHENING FAMILIES
WISHTID ST KNYS GIRLS CHE SO THE ROGIT VALLY

Family Fun Camp is a nationally recognized class designed for families with children between the ages of 10 and 14 years old. During Family Fun Camp families will learn skills to help them manage the challenging years ahead ... the TEEN years ... including: communication, drug and alcohol resistance skills and household management.

Register Now! Space is Limited!!

Free Dinner

Who should attend?

Parents and their children, ages 10-14, who are looking to have fun and learn how to have a more happy and productive relationship.

What will we do?

Enjoy FREE dinner together (provided by the Club) and then attend classes geared toward the parents and children. Each class will learn techniques specific to what they will deal with during the teen years.

What about the rest of my family?

We will provide FREE childcare for your younger children while you attend the classes!

Family Fun Class Registration: Contact **Randy Keith** randy@begreat4kids.com 541-479-1923



Camp begins on Thursday, May 2nd at 5:30 p.m. and consists of six sessions.

The sessions are:

May 2, 2019 May 9, 2019 May 16, 2019 May 23, 2019 May 30, 2019 June 6, 2019



Where is the Camp held?

Family Fun Camp will be held at the Grants Pass Boys & Girls Club (located at 203 SE 9th Street)

How much does the Camp cost?

Nothing! The Family Fun Camp is free, the dinner is free and the childcare is free! And there's more: if you complete all six of your sessions, your family will receive a \$50.00 Gift Card!! You can also earn \$10.00 worth of movie bucks or gas cards during each individual session as well!

Youth will also receive a prize each visit!!



Working Together for School Success

Short 4005

Year-end planning

As the school year winds down, your child's sched-

ule will fill up with exams, projects, and events. To stay on top of everything, she might write obligations on a wall calendar. Or she could use an electronic calendar and share it with you so you're in the loop.

Acne advice

A good skin-care routine helps prevent or reduce acne. Encourage your middle grader to wash his face with a cleanser twice a day. Tell him not to pop pimples, since that could cause scarring. If the problem persists, consider taking him to a dermatologist.

Sixty-second challenges

For a quick, fun way to connect with your tween, have family members create challenges you can do in a minute or less! For example, set a timer and race to see who can stack the most plastic cups one-handed. Or compete to be the first to wriggle a cookie from your forehead to your mouth.

Worth quoting

'It is spring again. The earth is like a child that knows poems by heart." Rainer Maria Rilke

Just for fun

- **Q:** Why should you be quiet at a bowling alley?
- **A:** So you can hear a pin drop.



On a roll with reading

Reading for pleasure on a regular basis will boost your tween's vocabulary and general knowledge, and it may improve his test scores, too. Get him on board with these strategies.

Find a good fit

Falling in love with reading may simply be a matter of finding the right books. Suggest that your middle grader try the first book in a popular series—if he enjoys it, he may be eager to

read the next one. Also, he can get lists of books similar to those he likes by googling the title plus the term "read-alikes."

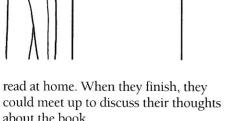


Offer to drive your child to meet friends at the library. They might browse the shelves for fiction or nonfiction based on their own interests, then find a spot to settle in and read side by side. Or perhaps they'll all get copies of the same book to

read at home. When they finish, they about the book.



If you think your tween has outgrown listening to you read to him, think again! In fact, children of all ages benefit from being read to. Offer to read the first chapter or two of a book out loud. Then, leave the book where he'll find it. He just may get hooked and read the rest on his own.



Raise an appreciative child

Tweens don't always realize how much their parents and others do for them. Help your child feel and express appreciation, and ward off a sense of entitlement, with these ideas:

■ Teach your tween to be grateful for things she might consider no big deal.

Maybe you wait in the car every week during her music lesson, or a friend's mom drives her to a birthday party. Encourage her to think about the effort involved ("It was nice of Mrs. Lake to go out of her way to pick you up") and to say thank you.

Explain that you provide for your middle grader's *needs*, but set an expectation that she'll save or work for wants, like a skateboard or video game. Suggest that she do odd jobs, such as babysitting or washing cars, to earn money. ج 💃



Conflict resolution: Find your path

When your child has a disagreement with a friend or sibling, she can actually use the experience to improve her relationship. How? By handling the situation the right way. Suggest these steps.

- **1.** Ask your tween to think about how she normally reacts to a conflict. Is she a "hippo" who charges into an argument, a "turtle" who withdraws from clashes, or a "deer" who freezes when a squabble puts her in the spotlight?
- **2.** Once your middle grader knows her usual response, she can adjust as needed. A hippo may need to walk away to



calm down or to remind herself to listen quietly. A turtle might think about how good it feels when problems are solved, then make an effort to discuss the situation. A deer could admit, "I don't know what to say," and agree to talk after she thinks things over.

3. Encourage your child to practice new responses until they feel natural. Discuss how conflicts work out when she responds one way vs. another—what seems to get the best results? \(\xi^2\)

Design a logo

Ask your child to imagine he's starting his own company. What logo would send the right message to his audience? By designing one, he'll practice creative thinking and build communication skills. Here's how.

First, encourage him to think critically about logos on websites, food packaging, and clothing. For instance, why

does the Amazon logo have an arrow that goes from A to Z?

Then, have your middle grader research what people associate with

certain colors, shapes, and fonts. For example, yellow is often considered cheerful, and squares are thought to hint at trust and stability. Different fonts can convey everything from fun to elegance.

Now your tween could use what he learned to design his logo. For a tech support company, he might choose yellow, a square, and a futuristic-looking font to suggest that he's cheerful and that customers can trust him to solve their technology problems.

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rfecustomer@wotlerskluwer.com www.rfeonline.com ISSN 1540-5540 Ment

Mental health ed

My son's school started putting mental health lessons into health class. Why is this necessary?

A The school wants to keep students safe and healthy—physically and mentally. That's why they're trying to help children recognize and deal

with mental health problems like depression and suicidal thoughts.

Ask your son what he's studying in health class, just as you would with any subject. For example, he may be learning about symptoms of depression or how to ask for help if he has suicidal thoughts. Let him know he can come to you if he feels down or thinks about harming himself.

If you'd like to find out more, talk to your son's health teacher, school counselor, or administrator about the curriculum they use and how you can support him at home.



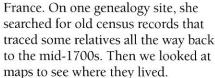
Parent Learning about heritage

I recently started researching my family's

genealogy. When I mentioned this to my daughter, Evelyn, she wanted to help out. It turned out to be an interesting history and geography les-

son for her—and for me.

I knew about our Spanish heritage, but after talking to my parents and digging a little deeper online, Evelyn and I discovered that we also had ancestors from England and



Evelyn has decided to make a family

tree for an upcoming social studies project. She needs to know where the other half of her family came from, so she's going to do genealogy research on her mom's side of the family next. €

