

Blackfeet Connections Newsletter #5/6 2024





Welcome to Culture & Hope's Blackfeet Connection's

Fifth/sixth Newsletter 2024

# In this newsletter:

- Introduction
- 988 Resources
- Healing The Circle Re-cap
- Health Day Re-cap
- Group Services
- Health & Pantry Services/activities
- Upcoming events
- Re-occurring events-Language classes and June Clean up Schedule

# Oki Blackfeet Connections



Oki,

welcome to Culture & Hope's Blackfeet Connections Newsletter. This month's suggestions on Mental Health, we have the 988 Lifeline resources, along with an awesome reminder.

Thank you, Glacier Family Foods, Sunflower Eats & Treats and S & L Catering for the great food. We appreciate you!

In case no one told you today:

You belong here

You're doing great

We believe in you!

Kiitsiikakomim

Ki-ta-ki-ta-mat-tsin,

Your collaborating partners at Culture & Hope

# 988 Resources





1 - https://www.facebook.com/samhsa

The #988Lifeline offers caring counseling to people who are struggling or are in crisis—including specialized services for:

✓ Veterans, service members & their families

- **✓** Spanish speakers
- ✓ LGBTQI+ youth and people under the age of 25

https://www.facebook.com/samhsa



We must close the health disparities gap so we can create a healthy nation for all.

SAMHSA is committed to ensuring <u>#LGBTQI</u>+ communities receive access to non-discriminatory health services. http://store.samhsa.gov/.../lesbian-gay-and-bisexual... #PrideMonth

picture and information from <a href="https://www.facebook.com/search/top?q=samhsa">https://www.facebook.com/search/top?q=samhsa</a>

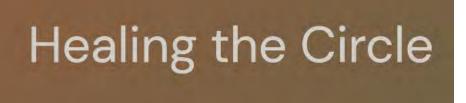


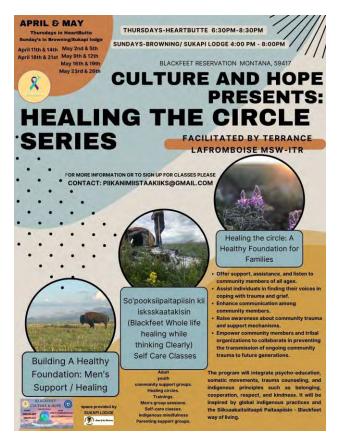
2 - https://www.facebook.com/photo/?fbid=984945439648911&set=a.385783082898486

Daily Reminder: No matter what you're experiencing, you're not alone and that help is always available.

If you or a friend would like support this week, or for those struggling with mental health or substance use, help is available: samhsa.gov/find-help

# Healing The Circle Re-Cap





Our Healing the Circle Series is coming to a close, we would like to give a huge shout out to all those that attended. It was a great honor to help bring a much-needed change of pace to our community. A continuing shout out to our facilitator for all of the amazing work that is continually shared with our community. Change isn't easy but together we can work through it. The Healing Circles include Building a Healthy Foundation: Men's Support/ HealingSo'pooksiipaitaspiisin kii isksskaatakisin (Blackfeet Whole Life healing while thinking clearly) Self-care Class. Healing the Circle: A Healthy Foundation for Families. Created and facilitated by Terrance Lafromboise MSW\_ITR.

# Health Day Re-cap



In addition to our collaboration with Blackfeet Community College:

# **Health Day**

A celebration of **strength, resilience, and perseverance** through self-care and wellbeing. Through our amazing collaboration with the great Blackfeet Community College and all of the great presenters, we were able to provide self-care and wellbeing services to 1,336 people! Great job BCC and thank you so much to all those that attended, provided services and helped make the day possible, we appreciate you! We hope everyone had a great day! We welcome feedback on our events, so feel free to contact us and let us know. As always there are great events happening in Blackfeet Nation, so join in







Health Day was on May 7,2024 was a great success. We would like to highlight the registration team. Thank you all so much. We appreciate you.

Photos from BFCC.edu website. <a href="https://bfcc.edu/2024/05/08/health-day-2024/">https://bfcc.edu/2024/05/08/health-day-2024/</a>

# **Group Services in the Community**







## Thoroga Calf Boss Rihe

Monday – Parenting Classes @ 5pm

Tuesday – NA Class @ 5pm

Wednesday – Grief Support Group @ 12pm

# Anna Bull Shoe

Monday – Cultural Night @ 6:00pm – 7:00pm Wednesday- Cultural Night @ 5:00pm – 6:00pm AS NEEDED- Cultural Support – Call to Schedule

# Glenda Comes at Night

Wednesday - AL ANON @ 12pm

## Joanne Cadotte

Thursday- Anger Management @4:30 -5:30 (Closed Group)

(406) 338-3123 • (406) 338-4475 • Fax (406) 338-7653

3 - From Journey to Recovery

Support groups offered by Journey to Recovery Center

**Parenting Class** 

**NA Class** 

**Grief Support Group** 

**Cultural Nights** 

Cultural Support as needed

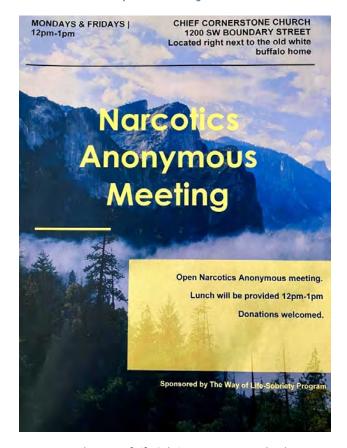
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Anger management-closed group

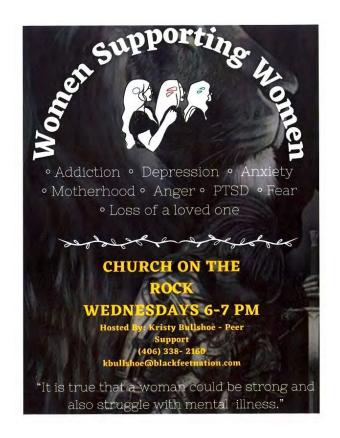
- AA meeting
- NA Meeting
- Woman Supporting Woman
- Diabetes Support Group

# BlackFeet Reservation AA and NA meeting Schedule 12:00 pm ---- NA meeting, Chief Corner Stone Church 7:00 pm ---- Open AA meeting, Crystal Creek Lodge Treatment Center 7:00 pm ---- Open AA meeting, East Glacier Library 5:00 pm ---- NA meeting, Journey to Recovery Center 7:00 pm ---- Open NA meeting, Crystal Creek Lodge Treatment Center 6:00 pm ---- AA meeting, Journey to Recovery Center 7:00 pm ---- Open AA meeting, East Glacier Library 12:00 pm ---- NA meeting, Chief Corner Stone Church 7:00 pm ---- Open AA meeting, Crystal Creek Lodge Treatment Center 7:00 pm ---- Open NA meeting, Crystal Creek Lodge Treatment Center

4 - Provided Crystal Creek Lodge Treatment Center.



5 - The Way of Life-Sobriety Program Facebook



6 - From Blackfeet Tribal Health Facebook

Join Our Diabetes Support Group

# Providing a safe space for sharing and learning.

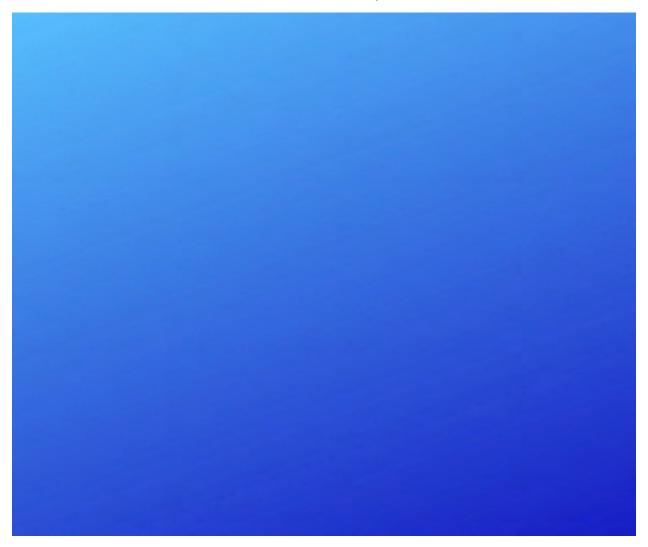


Weekly meetings every Wednesday at 5:00 PM at the Old Radio Shack

Connect with others facing similar challenges.

Diabetes Prevention and Management Program 104 E Central Ave (old Radio Shack) For More Info or Questions 406-407-5135 406-338-2795

# Health services/activities in the Community



We always welcome more Services and activities then what we are aware of in the Community. Please reach out to us with your Posters. Thank you.



8 - Ōyō•ṗ Food Pantry

Miisamssootaa: June (long rains)

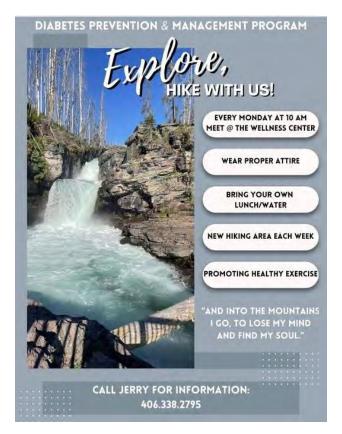
Elder Hour (60+): Elder hours will now take place every Monday from 10:00 am to 12:00 pm, then everybody from 1-4pm.Long Distribution Day: Every Thursday from 1:00 pm to 6:00 pm, we will be hosting our long distribution session, open to all community members.

We have established the first two locations for our mini pantries. We have paired up with Manpower to bring two locations to Seville and Heart Butte.

Heart Butte Distribution: Biweekly on Thursdays 1-4pm

Seville Distribution: Biweekly on Wednesdays 2-4:30pm

Message from <u>Oyo•p</u> Food Pantry Facebook



9 - https://www.facebook.com/groups/www.blackfeet.health

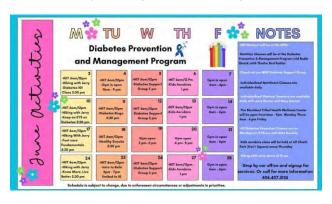




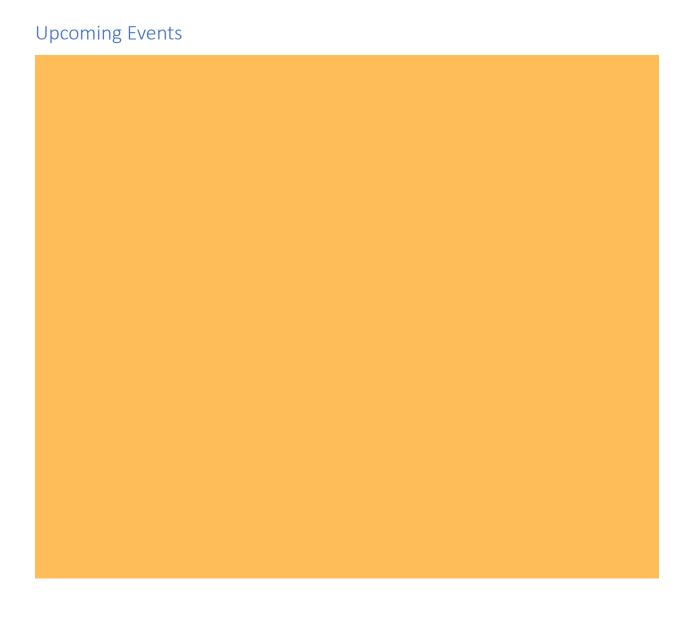
11 - https://www.facebook.com/groups/www.blackfeet.health



12 - https://www.facebook.com/BlackfeetIHS



13 - https://www.facebook.com/groups/www.blackfeet.health





14 - https://www.facebook.com/FASTBlackfeet

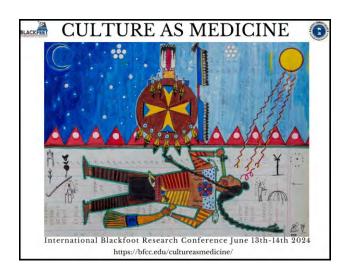
Join us for a celebration of LGBTQ+ identities at our Pride Picnic! At this outdoor community cooking class we will have healthy food for participants to cook and share with one another. Expect delicious food, laughter, and learning about how to support wellness as an LGBTQ / 2 Spirit individual. Bring friends, family, and anyone who supports love and kindness The picnic will be at 3pm on Friday, June 14th at the O'yo'p' Food Pantry backyard (weather permitting).

Call (406)845-6461 for questions.

Image and information from Fast Blackfeet Facebook page.

https://www.facebook.com/FASTBlackfeet

# **Event 2**



# 15 - https://www.facebook.com/BlackfeetCommunityCollege

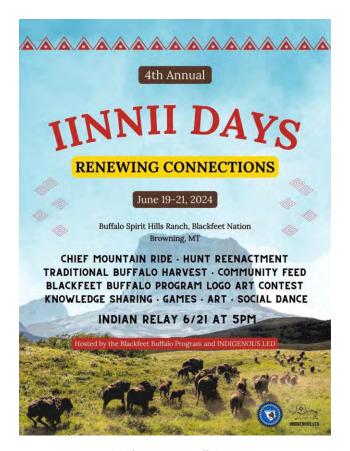
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To view agenda click on arrows in slide show.

Let the countdown begin! Our International Blackfoot Research Conference kicks off this Thursday! 
We invite everyone to join us and engage in these incredible Indigenous research presentations.

Check out our agenda and come be a part of this enriching experience!

#InternationalBlackfootResearchConference2024 #IndigenousResearch #IBRC2024 all information and photos from https://www.facebook.com/BlackfeetCommunityCollege



16 - Blackfeet Nation Buffalo Program

IINNII Days
Renewing Connections
June 19-21, 2024
Buffalo Spririt Hills Ranch



 ${\it 17-https://www.facebook.com/BlackfeetCommunityCollege}$ 

Student Success is inviting BFCC and the community to celebrate pride month with food, dancing, karaoke, and live music! Don't miss out on the fun June 25th!

From Blackfeet Community College Facebook page



18 - https://www.facebook.com/profile.php?id=100066551416280

June 22-23, 2024

De La Salle Blackfeet School Gym

Spay/Neuter clinic for households in need of assistance

"BFWD is seeking volunteers to help the up and coming Spay and Neuter clinic. This will also be a great opportunity for students to get their volunteer hours in as well."

poster and information from <a href="https://www.facebook.com/profile.php?id=100066551416280">https://www.facebook.com/profile.php?id=100066551416280</a>



19 - https://www.facebook.com/BlackfeetTHIP

Operation Walking Shield no-cost medical clinic coming soon! July 18th - July 27th at the Browning High School! Please visit our event page at www.blackfeet.health/walkingshieldAlso please complete our survey to help maximize our use of resources <a href="https://forms.gle/bumNeAaTxenc8zdAA">https://forms.gle/bumNeAaTxenc8zdAA</a>

information from Blackfeet THIP facebook

# Re-occurring Events.





20 - Blackfeet Reservation's Resource Center Facebook group page

**Blackfeet Adult Language Class** 

Open to the Public

Location: Blackfeet Community College, Beaver Painted Lodge, Room 122

Every Tuesday & Thursday 4:30pm to 6:00pm Mountain Time

Instructor: assinaipoyi, Jesse DesRosier

Zoom Meeting Information

Meeting ID: 951 5395 0329

Passcode: 790TgV

Information found on Blackfeet Reservation's Resource Center Facebook page.



21 - https://www.facebook.com/search/top?q=galt%20museum%20%26%20archives

A partnership has been formed between the Galt Museum & Archives | Akaisamitohkanao'pa, Blackfoot Resource Hub and Sik Ooh Kotok Friendship Centre to bring Blackfoot Language Classes back and bigger than ever!

Join us every Thursday in-perron and online for the next 16 weeks for sessions led by Blackfoot teachers and Elders from Blackfoot Resource Hub, Sik Ooh Kotok Friendship Society and the Galt Museum & Archives.

All ages | everyone and beginners welcome | in person at the Galt Museum | online zoom options | registration not required | no cost to participate | please bring your own materials to keep notes | supper provided at 5:30 pm every class.

#yql" Galt Museum & Archives FB page.



Free Dumping schedule for June 2024

https://www.facebook.com/profile.php?id=100064479078591