# School Start Time Options 2006-2007

Schools	Current	Alternate 1	Alternate 2	Alternate 3
High School	7:30-2:30	8:45-3:45	8:45-3:45	9:00-4:00
Middle School	7:30-2:30	8:45-3:45	8:45-3:45	9:00-4:00
Intermediate School	8:30-3:30	8:00-3:00	7:45-2:45	8:00-3:00
Elementary School	8:30-3:30	7:45-2:45	8:00-3:00	7:45-2:45
Exceptions:				
(Elementaries with Special	8:00-3:00			
Education Buses)				
	8:15-3:15			

## Reasons for investigating making a change:

- · Annual review of school start times
- · Focus on meeting student educational needs
- Research that states that older students perform better with a later start time
- Parent requests to separate start times for elementary and intermediate schools to accommodate travel between campuses

## Study Process:

- · Research information
- Star Telegram Article
- Survey of Surrounding Districts
- · Consensus activity with principals in Principal Meeting to get input
- Administrator Survey
- Formed Administrator Study Group
- DEIC presentation and input activity

### Implications:

- Proposed start times better align with research on student performance
- Changing High and Middle Schools to a later start time will have some impact on students' extracurricular activities. In some cases students may have to miss a class to leave school in order to travel to a contest or event. Principals and the Athletic and Fine Arts Directors have indicated that this can be accommodated. The number of times this will occur will depend on the activities in which the student is involved.
- Later start times will allow better use of before school practice times for some extracurricular activities
- Current schedule would only incur costs for additional routes for increased students and opening of new schools

#### Alternate 1:

 To accomplish this alternate the District will have to provide fourteen additional bus routes at a cost of approximately \$504,000 plus growth.

#### Alternate 2:

This alternate can be accomplished with no additional cost to the District other than growth. This can be accomplished because the elementary runs require only nineteen routes which are typically shorter than the intermediate routes. Sufficient equipment is available to do this.

#### Alternate 3:

 This option moves high schools and middle schools to a 9:00 am start. The elementary and intermediate routes stay the same as Alternate 1. There would be additional "Over Hour" charges to do this in the amount of approximately \$27,850 per year.

To accomplish the intent of getting older students to school later and separating elementary and intermediate times for parent needs, Alternate 2 appears to be the best option. It is also the least costly alternate to our current plan.