



FAMILY HANDBOOK

ANTIOCH UPPER GRADE SCHOOL

2025-2026

INTRODUCTION

Antioch CCSD 34 is committed to creating an engaging and supportive learning environment where every student is inspired to dream and empowered to achieve. As a district, we strive to be the destination that unites ALL— students, families, staff, and community members—to transform the future together. We believe that strong partnerships between home and school are essential to student success, and open communication is key to ensuring a positive and enriching educational experience.

This handbook serves as a guide to our shared expectations, policies, and resources designed to support a safe, inclusive, and thriving school community. We encourage you to stay connected, ask questions, and work alongside us to make this a great school year for your child.

The District website offers additional information, including access to each school website, as well as staff contact information, updated calendars, news and announcements, and school board meeting agendas.

Mission & Vision

At Antioch Upper Grade School, our mission is to Win the Day! by empowering students to reach their full potential. We are committed to fostering a school community where all students strive to embody the qualities of a Warrior: Leadership, Respect, Positive Attitude, Perseverance, and Problem-Solving. These core values guide students in their academic and personal growth, equipping them with the skills and mindset needed to overcome challenges, collaborate effectively, and make a positive impact in their school and community.

Board Policy

Antioch CCSD 34 follows applicable federal and state statutes and guidelines, including those set out by the U.S. Department of Education, Illinois State Board of Education, U.S. Department of Health and Human Services, and other applicable organizations. Antioch CCSD 34 also follows best-practice industry procedures. The complete Antioch CCSD 34 Board Policy Manual is available on the district website.

Handbook Availability and Amendment

The Antioch CCSD 34 Family Handbook is a summary of the District's rules and expectations, and is not a comprehensive statement of school procedures. This handbook is available on the school and District website, and is available in the school office.

We reserve the right to amend the handbook during the school year without notice. Please refer to the most updated copy, as indicated by the revision date.

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BUILDING INFORMATION

Hours

School Hours

During the school year, Antioch Upper Grade School's main office is open from 7:00 AM to 3:30 PM daily. The office will be closed during non-school days and breaks.

Student Hours

Monday, Tuesday, Thursday, Friday: 7:30 AM – 2:43 PM

Wednesday (Early Dismissal): 7:30 AM – 1:45 PM

Contact Information

Administration

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Bell Schedule

__ Grade

	Monday, Tuesday, Thursday, Friday		Wednesday	
Period	Start Time	End Time	Start Time	End Time
1	7:30 AM	8:34 AM		
2	8:37 AM	9:41 AM		
3	9:44 AM	10:48 AM		
4A	10:51 AM	11:12 AM		
4B	11:12 AM	11:33 AM		
5	11:36 AM	12:40 AM		
6	12:43 PM	1:21 PM		
7	1:24 PM	2:02 PM		
8	2:05 PM	2:43 PM		

__ Grade

Monday, Tuesday, Thursday, Friday			Wednesday	
Period	Start Time	End Time	Start Time	End Time
1	7:30 AM	8:07 AM		
2	8:10 AM	8:47 AM		
3	8:50 AM	9:27 AM		
4	9:30 AM	10:05 AM		
5A	10:08 AM	10:29 AM		
5B	10:29 AM	10:50 AM		
4	10:53 AM	11:22 AM		
6	11:25 AM	12:29 PM		
7	12:32 PM	1:36 PM		
8	1:39 PM	2:43 PM		

__ Grade

Monday, Tuesday, Thursday, Friday			Wednesday	
Period	Start Time	End Time	Start Time	End Time
1	7:30 AM	8:34 AM		
2	8:37 AM	9:41 AM		
3	9:44 AM	10:22 AM		
4	10:25 AM	11:03 AM		
5	11:06 AM	11:44 AM		
6A	11:47 AM	12:08 PM		
6B	12:08 PM	12:29 PM		
7	12:32 PM	1:36 PM		
8	1:39 PM	2:43 PM		

INTRODUCTORY INFORMATION AND GENERAL NOTICES

Home/School Communication

Maintaining open lines of communication between home and school is essential to supporting student success. Teachers may share important updates and information through district-approved platforms such as PowerSchool, email, Google Classroom, and newsletters. Additionally, the school office may distribute newsletters and other communications as needed.

To ensure professionalism and consistency, teachers and staff are expected to use district-approved communication methods and should not engage in school-related communication through personal social media platforms (e.g., Facebook) or personal communication devices (e.g., personal cell phones).

Telephones

Each teacher is equipped with a classroom telephone to enhance communication; however, these phones only ring before and after school hours. Voicemail messages left on classroom phones may not be retrieved until after the school day concludes. To ensure timely communication, please do not leave messages for students on classroom phones. For time-sensitive matters, contact the school's main office directly.

Email

Each staff member has a designated school email address to facilitate convenient communication. Staff are expected to respond to emails in a timely manner. In addition, teachers may communicate through Google Classroom. For urgent or time-sensitive matters, please contact the school's main office directly.

Schedule Changes

Students requesting a change of class are encouraged to speak with administration and have a valid reason for the request. Student schedules will not be changed after the first week of instruction.

Body Sprays

For the health and safety of all students and staff, body sprays are strictly prohibited in all district schools. These items may pose allergy or respiratory risks and should not be brought into school buildings.

ACADEMICS

Homework

Homework Corrections

Students have the ability to make corrections to all homework assignments. All homework corrections must be completed and turned in on or by the day of the unit assessment.

Late and Missing Homework

Students have the ability to turn in all late and missing homework assignments without penalty. All missing homework assignments must be completed and turned in on or by the day of the unit assessment.

Formative Corrections

Students have the ability to make corrections to all formative assessments, assignments and activities. All formative corrections must be completed and turned in on or by the day of the unit assessment.

Summative Corrections

Students have the ability to make corrections to all summative assessments, assignments and activities. All summative corrections must be completed within 10 school days after the student receives the initial summative grade. In order to redo a summative assessment, assignment or activity, students must meet with their teacher one time in order to discuss the initial grade and create a plan for completing the corrections.

Homework Make-Up Policy

If a student's absence is excused, he/she will be permitted to make up any missed work, including homework and tests. The student will be permitted the same number of days as he/she was absent to turn in the make-up work. The student is responsible for obtaining assignments from his/her teachers. Teachers are not required to provide work in advance for students going on vacation.

Grading

Grading Categories

Practice (20%)	Formative (40%)	Summative (40%)
In-class activities and homework	Quizzes, exit tickets, mid-module assessments, labs, long-term assignments, writing activities	Unit tests, end-of-module assessments, formal essays, DBQs, long-term projects, skills tests, final performances

Grading Scale

All grades and comments are marked on the student's electronic report card, which is accessible via PowerSchool.

Commendable	Above Average	Average	Below Average	Unsatisfactory
90-100%	80-89%	70-79%	60-69%	59% and below

Honor Roll Eligibility

To recognize academic achievement and improvement, Antioch Upper Grade School has established the following criteria for the honors program:

Straight A Honor Roll	High Honor Roll	Honor Roll
4.0 GPA - All As	3.6 - 3.9 GPA	3.3 - 3.5 GPA

Academic Eligibility for End-of-Year Activities and Graduation

Academic performance plays a critical role in determining student eligibility for end-of-year activities and the graduation ceremony. The following guidelines apply to 8th grade students based on their final and third trimester grades:

- Students who receive 2 or more Fs for their final grade in any class:
 - Will not participate in any end-of-year activities
 - Will not participate in the graduation ceremony
 - May be retained and required to repeat the grade
- Students who receive 1 F for their final grade in any class:
 - May not be allowed to participate in end-of-year activities (subject to administrative review)
 - Will be allowed to attend the graduation ceremony
- Students who receive 1 or more Fs for their 3rd Trimester grade in any class:
 - May not be allowed to participate in end-of-year activities (subject to administrative review)
 - Will be allowed to attend the graduation ceremony

These policies emphasize the importance of academic responsibility and encourage students to stay focused on their studies throughout the school year.

STUDENT CONDUCT AND DISCIPLINE

Disciplinary Steps in Dealing with Classroom Behavior

Choosing to disrupt class infringes upon the right of the teacher and the right of other students in the class to learn. Even those disruptions that appear minor in nature seriously interfere with the educational process. The following are possible consequences that may be given to students:

1. Supplies, Materials, and Homework - The expectation is for students to come to class prepared with the necessary books, supplies, and homework. Each time a student does not have the necessary pen, pencil, paper, etc., the teacher will appropriately intervene and may assist with acquiring those materials.
2. Classroom Behavior - Students are expected to use courteous behavior towards students and teachers. Each time a student neglects this courtesy he/she will advance to the next disciplinary step. (Examples: interrupts or talks during class, is rude or disrespectful, does not follow teacher directions or classroom rules relating to behavior).
3. Tardy to Class - Students should be in the classroom ready to begin at the time class is scheduled to begin. Each time a student arrives after this time, without a pass, he/she will advance to the next disciplinary step.

Office Discipline Referral

Office Discipline Referrals (ODR) serve as documentation of major or minor behaviors. Staff will complete an Office Discipline ODR when student behavior needs to be addressed by administration; which may or may not result in a consequence.

Detention

When a student is issued a detention, he or she will be verbally told and may be given written notification when to serve detention. The detention will be served either during the lunch period, Success period, during lunch and Success, after school,

or another predetermined time with consultation of parents/guardians. Failure to serve a detention will result in additional consequences.

In-School Suspension (ISS)

A possible intervention that may be assigned by administration is an alternative school day assignment. While serving this assignment, the student is expected to complete school assignments in the ISS room. On the day of the ISS, the student will not be attending his/her regular classes, but will be assigned to the ISS room. If the student is absent on the day of the ISS, he/she is to serve it on the first day after returning. Students who engage in misbehavior while serving this program may be subject to out of school suspension at the discretion of administration. Parents/guardians will be responsible for making immediate arrangements to pick up their child from school.

Any time a student is excluded from instruction by an administrator, the student will be allowed to make-up the work that is missed. The student is responsible for obtaining the missing assignments and turning them in on the due date designated by the teacher.

Theft

Personal items that are found must be turned in to the office or a teacher immediately. Any item belonging to a student that is reported missing and found in the possession of another student or in that student's locker will be considered stolen and disciplinary action will be taken. Additionally, any school property (including books) not properly checked out from a teacher or the LMC and found in the possession of a student, or in that student's locker, will be considered stolen. The student will be fined and/or disciplined on a case-by-case basis. Certain incidents of theft may be referred to the appropriate law enforcement agency.

Fighting or Other Acts of Physical Violence

If a student is approached by another student and wants to fight, he/she should tell the nearest staff member or go to the Principal's office to report it. Students should not involve themselves in a fight. These general guidelines also apply to travel to and from school as well as at school-sponsored activities.

Fighting at school will not be tolerated. When such an event happens, a thorough investigation of the activity is conducted by administration and discipline is usually issued to all participants and based upon the aggression of students involved. Unfortunately, such events are generally not the result of one simple act of aggression on the part of one individual.

Electronic Devices

District 34 promotes the reasonable use of cell phones and electronic devices in the classroom for educational purposes. The use of electronic devices and other technology at school is a privilege, not a right. Students are prohibited from using electronic devices, except as provided herein. An electronic device includes, but is not limited to: cell phones, audio or video recording devices, electronic watches, laptop computers, tablets, or other personal electronic devices. All personal electronic devices, including cell phones, must be kept powered-off and out-of-sight during the regular school day (7-20-2:43) unless:

- The supervising teacher or staff member grants permission or restrictions. At no time should a supervising teacher or staff member allow students to use social media and related applications along with taking photos and videos unless receiving permission from Administration.
- Use of the device is provided in a student's IEP or 504 plan.
- It is needed in an emergency that threatens the safety of students, staff, or other individuals.

Electronic devices may never be used in any manner that disrupts the educational environment, violates student conduct rules or violates the rights of others. This includes, but is not limited to:

- Cell phones are not permitted to be used or visible in the classroom.
- Students are not allowed to use their cell phones in the hallway during passing periods.
- Students are not allowed to have earbuds/headphones on during passing periods.
- Earbuds/headphones are allowed to be used with a school issued iPad with teacher permission for academic purposes.
- If a student needs to call a parent, they can use a classroom phone, or they can use the student phone in the main office.
- Cell phone use in the cafeteria during lunch will be permitted at the discretion of the supervisors.
- Cell phones may NOT be present in locker rooms or restrooms.
- Cell phone use on buses will be permitted at the discretion of the bus driver.
- Parents/Guardians, please do not call/text your student(s) during the school day. If you need to communicate with your student(s), call the main office, (847) 838-8301.

If you have any questions about the cell phone procedure, please contact an administrator directly.

Solicitation (with the Exception of School-Sponsored Activities)

Students may not sell, trade, or distribute items at school for either fundraising (e.g., ticket sales, the sale of food products, craft products, pledges of money, etc.) or personal interest (e.g., baseball cards, comic books, etc.) without administrative permission. This includes any advertising, handbills, student petitions, posters, etc. Appropriate intervention will be taken at the discretion of administration.

Gambling

Gambling, in any form, involving the exchange of money or property is strictly prohibited on school grounds, school buses, or at any school-sponsored function.

Violations will result in appropriate intervention at the discretion of the administration. Consequences may include detention, and repeated offenses will result in out-of-school suspension.

Peer Editing

Peer editing is a recognized and highly effective educational strategy used to enhance student learning through collaboration and constructive feedback. If you object to your student's work being shared among their peers for editing purposes, please notify the school so an alternative assignment can be provided.

Forgery/Plagiarism

The act of obtaining, copying, writing, using, or giving information in a false or fraudulent manner, as well as using another person's work (e.g., written content, ideas) and presenting it as one's own, constitutes forgery and/or plagiarism.

Such actions are considered serious offenses, and appropriate disciplinary action will be taken at the discretion of the administration, up to and including detention or out-of-school suspension. Students are expected to maintain academic integrity and take responsibility for their own work.

LOCKERS

Each student will be assigned a hallway and gym locker at the beginning of the school year. These lockers are equipped with built-in locks; additional locks may not be used unless assigned by administration.

Using a school locker is a privilege, not a right, and students are responsible for maintaining order and cleanliness in their assigned lockers. Lockers and lock combinations must not be shared with other students under any circumstances.

Lockers remain the property of the school and may be inspected at any time by school officials without prior notification or permission. A fee may be assessed if a student requests a change to their locker or combination.

Students may decorate each other's lockers with prior approval from administration.

PHYSICAL EDUCATION

All students enrolled in PE classes are required to purchase and wear a **PE uniform**, consisting of **black shorts and a gray shirt**. The **student's first and last name** must be written on both items in **permanent marker**. PE uniforms should be taken home at the **end of each week** for washing and returned at the **beginning of the following week**.

Dress Code & Participation Requirements

- Athletic shoes are required. Crocs, slides, sandals, and other non-athletic footwear are not permitted.
- No hats, sunglasses, toys, or unauthorized accessories may be worn during class.
- Sweatshirts and sweatpants may be worn over the PE uniform when classes are held outdoors in colder weather.
- Hair must be kept out of the face for safety reasons. Rubber bands, hair ties, or clips may be used, but hats and bandanas are not permitted.
- Body spray is prohibited in the gym locker rooms.

Medical Excuses & Alternative Assignments

- A **parent/guardian note** excusing a student from PE is valid for **up to two days**. After two days, a **note from a licensed healthcare provider (MD, DO, APN, PA)** is required.
- **Students who sit out of PE** due to a medical excuse must also **refrain from recess, extracurricular activities, school-sponsored sports, and practices**.
- Students unable to participate in PE will be **assigned an alternative activity**.

Uniform Modifications

A student may wear a modified uniform for religious, cultural, or modesty reasons. Prior approval from the school board is not required for such modifications.

End-of-Year Activities

Eligibility and Expectations

Participation in end-of-year activities, including field trips, celebrations, and the graduation ceremony, is a privilege, not a right. These events serve as a recognition of students' hard work and achievements throughout the school year. To be eligible, students must maintain consistent academic effort and appropriate behavior.

As the year progresses, students are expected to uphold academic performance and positive conduct to ensure their participation in these activities. Failure to meet academic or behavioral expectations may result in the loss of privileges for end-of-year events and other school activities.

At the discretion of administration and/or the student's team of teachers, any or all of these activities may be revoked due to academic or behavioral concerns.

Behavior that may result in loss of privileges includes, but is not limited to:

- Out-of-School Suspension (OSS)
- In-School Suspension (ISS)
- Administrative intervention
- Contact with law enforcement for disciplinary reasons

Students are expected to demonstrate responsible behavior and good decision-making throughout the school year to maintain eligibility for these special events.

Celebration Field Trips

End-of-year celebration field trips will be determined by the 6th, 7th, and 8th grade teams. These trips serve as a special reward for students. Eligibility for participation will be based on academic performance, behavior, and overall effort throughout the school year. Additional details, including destinations and requirements, will be communicated as the school year progresses.

8th Grade Activities

As students approach the end of their time at AUGS, several special events are planned to celebrate their achievements. In order to participate in the end-of-year activities, students must meet academic and behavioral expectations.

Planned activities include an 8th grade picnic, dance, and graduation ceremony. Graduation is traditionally held at a D117 venue on the last Wednesday of the school calendar (subject to change). Final details and information regarding these events will be communicated in the spring. All 8th grade fees must be paid in full for participation in end of the year activities.

ATHLETICS & EXTRACURRICULARS

Requirements for Participation in Athletic Activities

A student must meet all academic eligibility requirements and have the following fully executed documents on file in the school office before being allowed to participate in any athletic activity:

1. A current certificate of physical fitness issued by a licensed physician, an advanced practice nurse or physician assistant. The preferred certificate of physical fitness is the [Illinois High School Association's Preparticipation Physical Evaluation Form](#).
2. A permission slip to participate in the specific athletic activity signed by the student's parent/guardian.
3. Proof the student is covered by medical insurance.
4. A signed agreement by the student not to ingest or otherwise use any drugs on the IHSA's most current banned substance list (without a written prescription and medical documentation provided by a licensed physician who performed an evaluation for a legitimate medical condition) and a signed agreement by the student and the student's parent/guardian agreeing to IHSA's Performance-Enhancing Substance Testing Program.
5. A signed agreement by the student and the student's parent/guardian authorizing compliance with the School District's Extracurricular Drug and Alcohol Testing Policy; and
6. Signed documentation agreeing to comply with the School District's policies and procedures on student athletic concussions and head injuries.
7. Pay participation fee.

Academic Eligibility

Selection of members or participants in extracurricular and athletic activities is at the discretion of the designated teachers, sponsors, and coaches.

In order to participate in extracurricular and athletic activities, a student must maintain passing grades weekly in all courses in which he/she is currently enrolled.

1. Students and parents/guardians will review the Athletic Handbook.
2. Any student participating in sports or activities that has an "F" in any subject at the weekly check will be placed on probation for one week.
3. The student is not eligible to compete and/or travel but may try-out and/or practice with the team.
4. Weekly eligibility checks will occur on Wednesdays.
5. The Athletic Director (AD) will create a current list of athletes and distribute the list each Wednesday morning to all staff.
6. The staff will return a signed and completed list to the AD by 8:00 am each Thursday morning (unless the school calendar dictates an alternative).
7. The AD will notify the coaches each Thursday of any ineligible athletes.
8. Coaches will be responsible to notify the athletes of their ineligible status.
9. Students who are ineligible will not be allowed to participate in any competition starting Sunday through the following Saturday. They will be allowed to participate on the Thursday, Friday, and Saturday of the week that they are notified.
10. Students ineligible for the third time during a season will be removed from the team. The participation fee will not be refunded.
11. Students with special needs may be given individual consideration at the discretion of administration.

12. Eligibility checks will begin one week prior to the first athletic contest in that sport.
13. If a student is on a sports team and receives isolation, they are not allowed to participate in their sport on the day or days that they are isolated, unless specifically granted permission in writing, by the Principal.

Illinois Elementary School Association (IESA)

Eligibility for most athletics is also governed by the rules of the Illinois Elementary School Association and, if applicable, these rules will apply in addition to this Athletic Code. In a case of a conflict between IESA and this Athletic Code, the most stringent rule will be enforced.

Absence from School on Day of Event

A student who is absent from school after noon is ineligible for any extracurricular or athletic activity on that day unless the absence has been approved in writing by the principal. Exceptions may be made by the designated teachers, sponsor, or coach for justifiable reasons, including: (1) a pre-arranged medical absence; (2) a death in the student's family; or (3) a religious ceremony or event.

A student who has been suspended from school is also suspended from participation in all extracurricular and athletic activities for the duration of the suspension.

A student who is absent from school on a Friday before a Saturday event may be withheld from Saturday extracurricular or athletic activities at the sole discretion of the designated teacher, sponsor, or coach.

Travel

All students must travel to extracurricular and athletic activities and return home from such activities with his or her team by use of school approved transportation. A written waiver of this rule may be issued by the teacher, sponsor or coach in charge of the extracurricular or athletic activity upon advance written request of a student's parent/guardian and provided the parent/guardian appears and accepts custody of the student. Oral requests will not be honored and oral permissions are not valid.

Code of Conduct

This extracurricular and Athletic & Activities Code of Conduct applies, where applicable, to all school-sponsored athletic and extracurricular activities that are not part of an academic class nor otherwise carry credit for a grade. This Code of Conduct applies to all extracurricular and athletic activities and is enforced 365 days a year, 24 hours a day.

This Code does not contain a complete list of inappropriate behaviors. Violations will be treated cumulatively, with disciplinary penalties increasing with subsequent violations. A student may be excluded from extracurricular or athletic activities while the school is conducting an investigation into the student's conduct.

Students and their parents/guardians are encouraged to seek assistance from the Student Assistance Program for alcohol or other drug problems. Participation in an alcohol or drug counseling program will be taken into consideration in determining consequences for Code of Conduct violations.

The student shall not:

1. Violate the school rules and School District policies on student discipline including policies and procedures on student behavior;

2. Ingest or otherwise use, possess, buy, sell, offer to sell, barter, or distribute a beverage containing alcohol (except for religious purposes);
3. Ingest or otherwise use, possess, buy, sell, offer to sell, barter, or distribute tobacco or nicotine in any form;
4. Ingest or otherwise use, possess, buy, sell, offer to sell, barter, or distribute any product composed purely of caffeine in a loose powdered form or any illegal substance (including mood-altering and performance enhancing drugs or chemicals) or paraphernalia;
5. Use, possess, buy, sell, offer to sell, barter, or distribute any object that is or could be considered a weapon or any item that is a look-alike weapon. This prohibition does not prohibit legal use of weapons in cooking and in athletics, such as archery, martial arts practice, target shooting, hunting, and skeet;
6. Attend a party or other gathering and/or ride in a vehicle where alcoholic beverages and/or controlled substances are being consumed by minors;
7. Act in any unsportsmanlike manner;
8. Violate any criminal law, including but not limited to, assault, battery, arson, theft, gambling, eavesdropping, vandalism, and reckless driving;
9. Haze or bully other students;
10. Violate the written rules for the extracurricular or athletic activity;
11. Behave in a manner that disrupts or adversely affects the group or school;
12. Be insubordinate or disrespectful toward the activity's sponsors or team's coaching staff; or
13. Falsify any information contained on any permit or permission form required by the extracurricular or athletic activity.

Hazing is any humiliating or dangerous activity expected of a student to belong to a team or group, regardless of his or her willingness to participate. *Bullying* includes cyber-bullying (bullying through the use of technology or any electronic communication) and means by physical or verbal act or conduct, including communications made in writing or electronically, directed toward a student or students that has or can be reasonably predicted to have the effect of one or more of the following:

1. Placing the student or students in reasonable fear of harm to the student's or students' person or property;
2. Causing a detrimental effect on the student's or students' physical or mental health;
3. Interfering with the student's or students' academic performance; or
4. Interfering with the student's or students' ability to participate in or benefit from the services, activities, or privileges provided by a school.

Examples of prohibited conduct include name-calling, using derogatory slurs, stalking, sexual violence, causing psychological harm, threatening or causing physical harm, threatened or actual destruction or property, or wearing or possessing items depicting or implying hatred or prejudice of one of the characteristics stated above.

Uniforms

When a uniform is assigned to a student, he/she becomes financially liable to return that same uniform to the coach/sponsor at the end of the season. If a missing uniform is later found, the replacement fee will be refunded if the uniform has not yet been replaced. Also, students/parents/guardians are responsible for following the laundering instructions as uniforms are very expensive and can easily be damaged in the washer/dryer if cleaned improperly.

Modification of Athletic or Team Uniform

Students may modify their athletic or team uniform for the purpose of modesty in clothing or attire that is in accordance with the requirements of the student's religion or the student's cultural values or modesty preferences.

Physical Exams/Athletic Participation

All students desiring to participate in any of the athletic programs are required to have a physical examination within one year of intended participation. NOTE: This physical report must be on file before a student may try out or practice for any sport. [Parent Consent For Participation In Interscholastic Athletics/Extra-Curricular Activities](#) signed by the parent/guardian must also be turned in to the coach. Student participation on the athletic program requires:

1. Up-to-date physical as listed above.
2. A signed [AUGS Extracurricular Participation Fee](#) to participate.
3. School athletic insurance coverage or signed waiver from parent/guardian stating that insurance has already been provided with a pre-existing family policy.
4. Students on athletic teams must be in attendance at school by 5th period to participate in after school events.
5. All athletes are required to follow all training and participation rules established by the coach and Athletic Director.
6. Players who break the rules of participation will be warned verbally on the first incident and parents/guardians notified. This may result in game suspension as decided upon by the coach and Athletic Director.
7. Players who break rules for the second time in a season will be subject to the above with possible dismissal from the team.
8. Players who break the rules for the third time will be removed from the team.

Requests to miss practice must be turned in to the coach or Athletic Director. The coach will review the request and notify parents/guardians if the absence is excused.

Athletics Schedule

Antioch Upper Grade School offers a wide variety of highly successful athletic activities for both boys and girls. Our interscholastic teams compete in the Northwest Grade School Conference in addition to competing against other schools in the area. Sport-specific information and schedules can be found on the AUGS Athletics website.

FALL	WINTER I
<ul style="list-style-type: none"> ● Boys & Girls Soccer (6-8) ● Girls Softball (6-8) ● Boys & Girls Cross Country (6-8) 	<ul style="list-style-type: none"> ● Boys Volleyball (6/7 & 8) ● Girls Volleyball (6/7 & 8) ● Girls Basketball (6)
WINTER II	SPRING
<ul style="list-style-type: none"> ● Boys Basketball (6-8) ● Girls Basketball (7-8) ● Dance Team (6-8) ● Cheer (6-8) ● Wrestling (6-8) 	<ul style="list-style-type: none"> ● Boys Track (6-8) ● Girls Track (6-8)

Spectators and School-Sponsored Events

All students and parents/guardians are encouraged to attend sporting events. Students attend games free of admission. Adults pay an admission fee. The purpose for such attendance is to help foster a feeling of confidence in our team and to develop a strong school spirit. Spectators are expected to act and behave in a courteous and considerate manner at all

times. Arrangements to leave an event or activity prior to its scheduled ending time must be made with administration. Students choosing to behave inappropriately at such events risk not being allowed to attend future events. Supervision of students is available for only a short time after the end of a game/event. Students are expected to arrange for a ride home at that time. Students continuing to remain at school for an unreasonable amount of time after a game is over risk not being able to attend future events. Parents/guardians, we ask that you cooperate in picking up your child at an appropriate time or arrange for transportation. The rules governing all home sporting events are as follows:

1. Remain in bleachers throughout the contest.
2. Demonstrate proper conduct at all times.
3. Leave the premises only when your ride arrives.
4. Remain in the gym area at all times, excluding locker rooms.
5. Noise-making devices are not permitted.
6. Demonstrate good sportsmanship (booing is not acceptable).
7. Follow all directions.

Student Athlete Concussions and Head Injuries

Student athletes must comply with Illinois' Youth Sports Concussion Safety Act and all protocols, policies and bylaws of the Illinois Elementary School Association before being allowed to participate in any athletic activity, including practice or competition.

A student who was removed from practice or competition because of a suspected concussion shall be allowed to return only after all statutory prerequisites are completed, including without limitation, the School District's return-to-play and return-to-learn protocols.

EVENING RECREATIONAL EVENTS

From time to time, the Antioch Upper Grade School has informal, recreational activities planned in the evening. These types of activities are planned to encourage appropriate social interactions in a supervised setting. In order for everyone to have fun, certain rules must be reinforced.

1. All regular school rules apply.
2. Students must remain in the school building in the designated areas at all times.
3. Students must demonstrate proper respect for the property of the school and others.
4. Students must be passing all classes in order to attend dances.
5. Students must observe necessary safety rules at all times.

Additionally, students who are suspended, out-of-school or in-school, during the week may not attend evening events.