THE HOWLER

Garibaldi Grade School | Newsletter



December 2024

It is already December, I am not sure what happened to the year 2024! Report Cards will be coming home in Thursday Folders. Just a friendly reminder to make sure to keep the office and teacher(s) informed as to what is happening with your child. If you are going to be out of town or someone else might be picking up your child, please make sure we are aware. As always, if you have any questions, don't hesitate to reach out to us!

Important No School Days and Reminders

Mon-Fri, December 9-13, GGS Book Fair
Thurs, December 12 @ 6pm-7pm, Winter Concert. 5:45pm arrive
Mon-Fri, December 16-20, Winter Spirit Week
Mon, December 23 - Mon, January 3, Winter Break, No School
Mon, January 6, Professional Development, No School
School will resume on Tues, January 7th, 2025

| -december 202 | | | | | 2024 |
|---------------|---------|---------------|---|--|---|
| MON | TUE | WED | THU | FRI | SAT |
| 2 | 3 | 4 | 5 | 6 | 7 |
| 9 | 10 | 11 | 12 | 13 | 14 |
| 16 | 17 | 18 | 19 | 20 | 21 |
| 23 | 24 | 25 | 26 | 27 | 28 |
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GGS's Book Fair is December 9th-13th!

The Scholastic Book Fair is coming the week of Dec 9-13. The Book Fair will be held in the GGS Library, during students' regular library days and opening at 5:15 pm before the Winter Concert on December 12th. Additionally, there will be a raffle for a basket full of books and goodies (Two baskets for K-5 and one basket for

Pre-K) at the Holiday Concert! The Book Fair will be open for Preschool students only on Wednesday, December 11, starting at 2:15 pm and ending at 3:30 pm.

Families may also purchase books on the Scholastic Store online from December 9 through December 22. Please visit the website for Garibaldi Grade School's Online Scholastic Book Fair:

https://www.scholastic.com/bf/garibaldigradeschool.

Proceeds from the Book Fair go directly back into our school library!

GGS's Winter Concert is Thursday, December 12th!

Join us for GGS's Winter Concert on December 12th at 6pm in the GGS Gym. Please have students arrive in their classrooms at 5:45pm. Wear fancy or festive attire!

Upcoming Family Nights!

Be sure to save the dates for upcoming Family Nights!

December 12th, 6pm - Winter Music Program
January 16th, 5:30 - 6:30pm - Family Bingo Night
February 13th, 5:30 - 6:30pm - Free Family Paint Night
March 20th, 5:30 - 7pm - Family Skate Night - Tillaskate
May 6th - Spring Music Program





December Characteristic is being Proactive

Each month, GGS focuses on a personal characteristic and teaches it to our students. Our focus for the month of December is being proactive. Students who are being proactive show a positive attitude towards learning, through their actions and

moods. They participate in group activities, follows directions, and takes care of themselves.

At the end of the month we will be handing out three awards in each class, two for students who were demonstrating Being Proactive, and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on being proactive.

The Golden Brain Award!

The students have been learning all of the Tools and how to use them to manage their emotions and actions. It has been so exciting to see them be able to apply those skills in everyday situations. The Golden Brain award will be given out at our monthly assemblies to students who have been able to help themselves or others with our Toolbox Tools.





Importance of Attendance for Students

Missing just two days of school a month means a student has missed more than 10% of the school year. Absences, whether they are excused or unexcused, put students at risk of not graduating on time and can impact them in numerous ways. Identifying barriers to attendance is an important part of keeping students engaged in school, graduating on time, and thriving in all areas of

their lives. Let us know how we can help, GGS wants your child to succeed and is focused on helping smooth the way to regular attendance!

Due to November and December having fewer school days, we are combining those two months for the attendance recognition. Students who are present for those two months 90% or more will be able to have a hot cocoa party!

A great goal to work with your child on is if you student reaches at least 6 months of great attendance, they will be able to attend GGS's end of year attendance ice cream celebration!

Ms. H's Counseling Corner

I hope everyone had a wonderful Thanksgiving break! During November we focused on three Tools that we could use to be responsible for our actions and our emotions. We also discussed how to be Response-Able when faced with any situation. We can thoughtfully respond and make a choice that will have a positive outcome, or we can react without thinking which often leads to a negative consequence. We have practiced using our Listening Tool to pay attention to our bodies when they are giving us clues to a



feeling. Then we stop and take a breath to take a pause, and then finally we can use our Words Tool to talk to our brain to help us respond to our situation.



Towards the end of November we focused on our Please and Thank You Tool. This tool is represented by a key because these "magic" words are the keys to open up communication and make a heartfelt connection with others. These words help people feel good. The word "please" encourages others to be helpful and kind, while the words "thank you" let people know you value them. These words create warm connections with others.

December is the month where we will be learning more about our Quiet Safe Place Tool and our Patience Tool. These are two great Tools to practice during the holiday season since it is often a time of waiting for exciting things. Our Patience Tool is the ability to

wait without complaining and realizing that we can't always get what we want, right when we want

it. Students will practice visualizing their Quiet Safe Place as they wait in different situations throughout the school day.

PE with Mrs. B!

During the month of November, students worked on volleyball and hockey skills. We had fun exploring bumping and setting. The upper grades even played mini games of volleyball as well as a fun version of scooter board hockey. Additionally, all classes have been learning about nutrition. We have learned that there are 5 food groups and we can plan meals using the My Plate model. Check out https://www.myplate.gov/link

strength & endurance, cardiovascular endurance, & flexibility).



What's next? Students will be learning about the components of physical fitness (muscular

Thank you for supporting our Jog-a-thon!

for more information and resources.

Our kids did an amazing job during the Jogathon fundraiser. The students worked so hard receiving pledges and running on the actual day. It's been amazing to see the excitement of students raising funds for their own school! \$7574 was the final amount raised for GGS's backpack food program and classroom snack pantries. We are so proud of what they accomplished!

Thank you again for helping support our school!



Vision Screenings - January 28, 2025

On January 28, 2025 Vision Screenings will be offered by the Lions Club for all students. These screenings occur each year as part of required Oregon school based health screenings. A follow up letter



will be sent home within a few weeks of the screening ONLY if there are unexpected results or if your students need a follow up screening with an eye doctor. We appreciate this opportunity offered by the Oregon Lions Sight and Hearing Foundation.

Win a prize for taking care of yourself!

The team at NKN Student Health & Wellness Center invites you to participate in the 3rd Annual Well-Being & Self Care Challenge! NKN SHWC encourage students to focus on caring for themselves and sharing how they do so. Entry forms were sent home with students



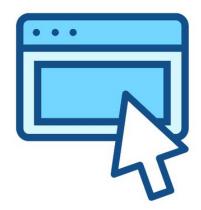
or they can pick up an entry form at NKN Student Health & Wellness Center (on the NKN HS campus). Return the completed entry form by December 11th for a chance to win a prize.

NKN School Board Meetings

Next Meeting is Monday, December 9th, 6:30pm

This is a monthly meeting of our School Board. The meeting takes place at our District Office or through Zoom. You can access this meeting through our district website (www.nknsd.org) under "School Board" and then "Board Meetings".

GGS information online



How to Find GGS Information Online!

Besides our monthly Howler Newsletter, you can find school information online! Our district has an informative website at www.nknsd.org and Garibaldi Grade School has a page with all sorts of great information for our families. You can find this monthly newsletter, student handbook and even a parent page with information on busing, school lunches, wellness and more!

Reminder: Sign up for FlashAlert!

As we move into the stormy weather months, you can receive FlashAlert messages from NKN School District updating you on any delays or closures. To do this you go to



https://www.flashalert.net/, manage your messenger subscription, and make sure you are signed up for Neah-Kah-Nie School District.



Be a Substitute at Garibaldi Grade School!

Sign up to be an Instructional Assistant (classified) or Teacher (certified) substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to ESS.com, click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact 866-208-7454 x1 or email: applicationswest@ess.com.

Classroom Celebrations, Volunteering, and Field Trips

Reminder that all food that is brought for classroom celebrations needs to be store bought or food prepared in an health department inspected kitchen. Please let your child's teacher know prior to bringing in treats, it makes it easier for them to schedule a time to celebrate.

Also, if you would like to volunteer during a classroom party or field trip, remember you will need to have an approved volunteer background check on file. They are good for 3 years. Some field trips there is limited number of spots for volunteers, so please make sure you get the teacher's approval before making plans to attend.

Please Keep Students With Symptoms Out of School:

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

 $This \ list is \ school \ instructions, \ not \ medical \ advice. \ Please \ contact \ your \ health \ care \ provider \ with \ health \ concerns.$

| SYMPTOMS OF ILLNESS | THE STUDENT MAY RETURN AFTER *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses. | | | |
|---|--|--|--|--|
| Fever: temperature of 100.4°F (38°C) or greater | *Fever-free for 24 hours without taking fever-reducing medicine. | | | |
| New cough illness | * Symptoms improving for 24 hours (no cough or cough is well-controlled). | | | |
| New difficulty breathing | * Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed. | | | |
| Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements | *Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents) OR with orders from doctor to school nurse. | | | |
| Vomiting: one or more episode that is unexplained | *Symptom-free for 24 hours OR with orders from doctor to school nurse. | | | |
| Headache with stiff neck and fever | *Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent</i> medical care may be needed. | | | |
| Skin rash or open sores | *Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse. | | | |
| Red eyes with colored drainage | *Symptom-free, which means redness and drainage are gone OR with orders from doctor to school nurse. | | | |
| laundice: new yellow color in eyes or skin | *After the school has orders from doctor or local public health authority to school nurse. | | | |
| Acting differently without a reason: unusually sleepy, grumpy, or confused. | *Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse. | | | |
| Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide. | *After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely. | | | |
| Oregon 1+1 | OREG | | | |











A variety of fresh fruits and vegetables are available daily on our offering bar. All of our bread items are whole wheat or whole grain. GF options available. Fat-free and 1% milks are offered daily. Whole grain cereals are an option at breakfast. Menu items are subject to change.

"This institute is an equal opportunity provider"



Garibaldi Grade School

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