



Manor ISD

School Health Advisory Council

2024-25 Annual Report
To the Board of Trustees
September 15, 2025





School Health Advisory Council

Every independent school district is required by law to have a school health advisory council (SHAC) of which the majority of members must be parents who are not employed by the school district.

Texas Education Code

Title 2, Chapter 28, Section 28.004



What is a SHAC?

A SHAC is a group of individuals representing segment of the community and school district which provides advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.



Coordinated School Health

Eight Components

- Health Education
- Healthy and Safe School Environment
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services



State Legislated SHAC Requirements

Texas Education Code, Chapter 28, Section 28.004:

- ✓ A parent must serve as a co-chair
- ✓ A minimum of five members must be appointed to serve on the SHAC by Board of Trustees
- ✓ Majority of members must be parents who are not employees of the district
- ✓ SHAC must meet at least 4 times a year
- ✓ All meetings must be recorded and 3 business days notice must be given and the agenda must be posted prior to the meeting
- ✓ The minutes and recording are posted on the website.
- ✓ SHAC must deliver an annual report to the Board of Trustees



2024-25 SHAC Meeting Dates

All meetings held via google meet: Minimum of four meetings required annually. Anyone is welcome to attend any meeting.

- September 26, 2024
- February 27, 2025
- April 24, 2025
- May 22, 2025 - Mental Health Fair Booth

Accomplishments



- St. David's Dental Program collaborated with Manor Mustang Clinic during the summer.
 - 144 students provided with dental services.
- Aurora Concepts partnered with MISD to host one Back to School Immunization clinic
- Austin Public Health supported 24 scholars with back to school vaccines
- Fitnessgram data entered for scholars who completed fitnessgram testing and all data was reported to TEA by Coach Kenneth Young.
- People's Community Clinic continues to support and provide health care services at our Manor Mustang clinic that is able to see ages 9-24 years of age.
- Baylor Scott and White is partnering with MISD to provide free Sports Physicals for 257 scholars June 2nd, 2025
- Baylor University Clinical Site Rotation for Nursing School Students
- Travis County Youth Employment Program - 3 students during the months of June -July worked with the summer school nurses.
- SHAC committee partnered with Health and Wellness to have a table at the mental health fair to recruit parents for SHAC. Bastrop Signs donated shirts for the committee participants.



Accomplishments

Whole Child Department

- Mental Health Services were provided through various Partnerships in the district - these services were based on individual student needs.
- Yoga sessions and Sound Bowl Therapy was offered to students, parents, and staff (i.e., nurses, transportation).
- The Back to School Resource Fair was held at MSHS and approximately 2000 scholars received supplies and backpacks.
- Operation School Bell 250 elementary students
- Teen Outfitters Program - Old Navy \$140 vouchers for 225 high school students.

Employee Wellness

- Aurora Concepts administered vaccines for staff during the year that ranged from Tdap to Shingles vaccines.



Student Support Services Provided

Pregnancy Related Services 24-25

- PRS Total Served: 21 students
- Parenting Teens: 11 students
- Babies delivered: 11
- Total graduates: 6

Project Hope

- Support for 306 students district-wide includes assistance with transportation, enrollment, basic needs assistance, advocacy, one on one with students as needed, progress monitoring and referrals to community resources within the district and community.



Recommendations

- To recruit a student representative from each high school to serve as the student representatives at the SHAC meetings.
- Recruit more parents and community stakeholders for the committee to be consistent with more parents than staff.



SHAC Flyer for 2025-26

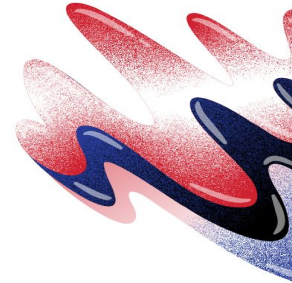


PROMOTING HEALTH AND WELLNESS FOR STUDENTS

A School Health Advisory Council (SHAC) is a group of parents and community members, appointed by the school board to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district.

The majority of members must be parents who are not employed by the district. Texas law requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)



Why do SHACS Matter?

- **Better Access:** SHACs help to maximize learning by helping to provide parent input and feedback on curriculum.
- **Better Grades:** School health programs are proven to increase academic performance and standardized test scores. SHACs help to strengthen those programs by helping to choose and recommend programs.
- **Better Choices:** SHACs help to create a new generation of thriving Texans by provided parent, community, and most importantly student input.

Scan QR Code To Sign Up for

More Information:



2025-26 SHAC VIRTUAL MEETING DATES & TIME
AUGUST 28TH 6PM TO 7PM VIRTUAL
NOVEMBER 20TH 6PM – 7PM
FEBRUARY 26TH 6PM – 7PM
APRIL 30TH 6PM – 7 PM
MAY 22ND IF NEEDED

The Whole school-Whole Community-Whole Child (WSCC)

The WSCC Model is used to ensure that all students feel safe-supported-engaged-healthy-challenged.

How do we do this? We need parents and students to help us build our council so that we can support all of our students and staff in the school.



You may email the Director of Health & Wellness for more information
diana.riosrodriguez@manorisd.net. Office phone 512-278-4093

SHAC Meetings 2025-26



Virtual

August 28, 2025	6P-7P
September 20, 2025	6P-7P
February 26, 2026	6P-7P
April 30, 2026	6P-7P
May 22, 2026	6P-7P



תודה
Dankie Gracias
Спасибо شكري
Merci Takk
Köszönjük Terima kasih
Grazie Dziękujemy Dèkojame
Ďakujeme Vielen Dank Paldies
Kiitos Täname teid 谢谢
Thank You Tak
感謝您 Obrigado Teşekkür Ederiz
Σας Ευχαριστούμ 감사합니다
Бодхон Bedankt Děkujeme vám
ありがとうございます
Tack