

Canutillo Independent School District

7000 5th Street
Canutillo, Texas 79835

Dr. Monica Reyes
Executive Director, Student Support Services

(915) 877-7650
FAX (915) 877-7652
mreyess@canutillo-isd.org

October 1, 2025

Canutillo Independent School District
Interim Superintendent and Members of the Board of Trustees
7965 Artcraft
El Paso, Texas 79932

Dear Dr. Arellano and Members of the Board of Trustees,

According to EHAA (LEGAL), a board shall establish a local school health advisory council (SHAC) to assist the district in ensuring that local community values are reflected in the district's health education instruction. Education Code 28.004(a) [See BDF regarding composition of the SHAC and FFA regarding federal wellness requirements.]

According to BDF, in addition to its other duties, the SHAC shall submit to the board, at least annually, a written report that includes:

1. Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board;
2. Any suggested modification to a SHAC recommendation previously submitted to the board;
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report; and
4. Any recommendations made by the physical activity and fitness planning subcommittee.

Furthermore, Texas Education Code (TEC) 28.004 states the SHAC shall establish a physical activity and fitness planning subcommittee to consider issues relating to student physical activity and fitness and make policy recommendations to increase physical activity and improve fitness among students, TEC 28.004 (1-1). Additionally, the Board shall determine the specific content of the District's instruction in human sexuality, TEC 28.004 (h).

This annual report will include the activities and accomplishments for the 2024-2025 school year.

Sincerely,

Dr. Monica Reyes
Executive Director, Student Support Services

Toney Moreno & Julie Scott
SHAC Co-Chairs and Parents

The Canutillo Independent School District does not discriminate on the basis of race, color, national origin, gender, age or disability in its employment practices, or in providing education services, activities and programs, including technical education programs. For more information regarding the Canutillo Independent School District's policy of non-discrimination contact: Executive Director for Human Resources, (915) 877-7423, 7965 Artcraft Rd., El Paso, TX 79932.

El Distrito Escolar Independiente de Canutillo no discrimina en cuanto a raza, color, origen, género, edad o discapacidad en lo que se refiere a sus prácticas de empleo, o al proveer servicios, actividades y programas educativos y vocacionales. Para mayor información respecto a la política de no discriminación del Distrito Escolar Independiente de Canutillo, favor de contactar a: Director Ejecutivo de Recursos Humanos, (915) 877-7423, 7965 Artcraft Rd., El Paso, TX 79932.

2024-2025 School Health Advisory Council (SHAC) Report

I. **SHAC Meetings**

4 General session meetings (4 meetings required per year)

- August 26, 2024
- November 4, 2024
- February 3, 2025
- April 7, 2025

Committees

Health & Wellness

Bullying & Mental Health

SHAC Executive Committee Officers

- Co-chair - Julie Scott (parent)
- Co-Chair - Toney Moreno (parent)
- Secretary - Angelica Placencia (parent/staff)
- Parliamentarian - Christina Figueroa (parent/staff)

SHAC Executive Committee

- SHAC District Representative
 - Dr. Nancy Torres, Coordinated School Health Facilitator (staff)
 - Dr. Monica Reyes, Executive Director of Student Support Services - (parent/staff)
- Health & Wellness Committee
 - Martin Carrillo, Elementary School Physical Education & Health Education, Wellness Coordinator (parent/staff)
 - Victor Corral, High School Physical Education & Health Education, Wellness Coordinator (staff)
- Bullying & Mental Health Committee
 - Jesus Juarez, District Prevention Specialist (staff)
 - Dayanira Carrillo, District Social Worker (staff)

SHAC Recruitment 2024-2025 Efforts

- Flyers – print and digital
- SHAC Website:
<https://www.canutillo-isd.org/departments/student-support-services/holistic-health/school-health-advisory-council>
- Campus Parent Liaisons
- Campus SHAC representatives
- Campus Announcements through Blackboard
- SHAC bulletin boards – one per campus
- Open forum - Invitation to community

2024-2025 School Health Advisory Council (SHAC) Report

59 TOTAL MEMBERS

17 are parents or grandparents

9 are staff who are parents

17 are staff members

3 are administrators

13 are community or agency members

**represents more than one campus in table below*

- *At least one campus representative from each school*
- *All staff of Student Support Services is involved*

CANUTILLO ISD SCHOOL HEALTH ADVISORY COUNCIL

<u>Campus/Department</u>	<u>Parent (P) / Staff (S)/Administration(A)/Grandparent (GP)</u>
SHAC Co-Chairs (2)	Toney Moreno (P)* Julie Scott (P)*
Childress Elementary (3)	Isaac Oliva (S) Carolina Ortega (P) Fred Flores (S)
Canutillo Elementary (4)	Martin Carrillo (P/S)* Yazmin Ruiz (S) Christina Figueroa (P/S)* Elisabeth Galan (P/S)*
Davenport Elementary (3)	Elisabeth Galan (P/S)* Genesis Rodriguez (P/S) Andres Camacho (P)
Garcia Elementary (2)	Victor Luces (P/S)* Paulina Cuellar (P/S)*
Damian Elementary (4)	Jose Gomez (S) Paulina Cuellar (P/S)* Julie Scott (P)* Jennifer Guerrero (P)*
Reyes Elementary (10)	Jeannine Fierro (S) Sergio Ledezma Fernandez (S) Cesar Perez (S) Marylou Morales (GP) Ashley Engstrom (P) Sandra Day (P)* Kristin Vega (P) Jamie Uzziel (P) Jamaal Uzziel (P) Melissa Villalon (P)
Alderete Middle (5)	Toney Moreno (P)* Christina Figueroa (P/S)* Esther Alzaga (P/S)* Ernestine Garcia (P) Jennifer Guerrero (P)*

2024-2025 School Health Advisory Council (SHAC) Report

Canutillo Middle (5)	Angelica Placencia (P/S)* Justin Balanciere (S) Lucy Hernandez (P) Amber Whitley (P)* Victor Luces (P/S)*
Canutillo High School (11)	Aaron Bajek (S) Jenny Patino (A) Ian Murphy (S) Dr. Monica Reyes (P/S)* Sonia Frayre (P) Amber Whitley (P)* Martin Carrillo (P/S)* Victor Luces (P/S)* Sandra Day (P)* Julie Scott (P)* Angelica Placencia (P/S)*
Northwest Early College High School (4)	Victor Corral (S) Paulina Cuellar (P/S)* Esther Alzaga (P/S)* Sammy Fable (P)
Student Support Services/Nutrition (10)	Dr. Nancy Torres (S) Dr. Monica Reyes (P/A)* Maria Villarreal (A) Daya Carrillo (S) Jocelyn Cepeda (S) Leah Lopez (S) Jesus Juarez (S) Jennifer Carrera (S) Angelina Cardiel (S) Christina Figueroa (P/S)*
Agency/Community (13)	Olga Rohrer - Nicotine and Vaping Awareness Luis Rodriguez - Action for Health Kids Gethsemane Acosta - Action for Health Kids Kristin Ortega - Action for Health Kids Claudia Jimenez - El Paso County Erika Garcia - EP Dentistry for Kids Mary Lou Gonzalez - EP Dentistry for Kids J. Varel - Region 19 P. Chavez - Region 19 Amani Scott - Emergence Health Network Matthew Rodriguez - Emergence Health Network Trina DeMaria - Action for Healthy Kids Sara Dickens-Trillo Mighty Writers

2024-2025 School Health Advisory Council (SHAC) Report

II. Goals of SHAC

Committee Goals

Mental Health

1. What is being done for our teachers for mental health?
2. Trends happening at each campus?

Bullying

1. Campaign for prevention and to educate parents on bullying definition, law, etc.

Health Education

1. Increase parent-family engagement platform.

Wellness

1. Conduct a parent survey on the needs, suggestions of health and wellness
2. Put recess policy in place

SHAC Recruitment Recommendations

- Flyers – print and distribute at school-wide events and functions
- Website
- Parent teacher conferences – parent liaisons to distribute SHAC information
- Health days/nights – distribute flyers
- Parent liaisons
- Campus announcements through Blackboard
- SHAC bulletin boards – one per campus
- Social studies courses to encourage a voice in community involvement
- Old school parent notes – from teachers
- Open forum -invitation to community

III. Committee Highlights

Action for Healthy Kids

Since 2018, Canutillo ISD has been part of the El Paso Healthy Schools Coalition. Action for Health Kids has been a huge support for health and wellness in our district. In the past, they have provided financial grants and consistently offered guidance and support. The coalition has sponsored networking with other districts and community agencies in the El Paso Region.

Filming:

Action for Healthy Kids is currently working on the editing of a film that highlights Canutillo ISD in components of Coordinated School Health in nursing, recess, and physical education.

Physical Education and Physical Activity

This year, Action for Healthy Kids supported Physical Education and Physical Activity by providing research to help draft a recess policy, which was subsequently approved by our Guidance Review Team. The next step in progress is a Physical Education Resolution to the Canutillo ISD Board of Trustees.

2024-2025 School Health Advisory Council (SHAC) Report

Regional SHAC

- Action for Healthy Kids created a Regional SHAC so that the El Paso Region school districts could gather to discuss concerns, issues, and to support districts that are facing concerns with student and staff wellness.
- A Nursing Resolution was supported via Canutillo ISD SHAC and Regional SHAC to inform the Board about the need to have Registered Nurses at each campus. The help of other districts helped educate us all on the importance of RNs and the financial consequences that can occur with having only an LVN, supervised by an RN, like mileage reimbursement and litigation.

School Health Index

- Action for Healthy Kids supports the collection of the School Health Index (SHI). The SHI is a research-based assessment tool that helps you understand which school health policies and best practices your school or district has or does not have in place to support healthy students and to prepare them to learn. The SHI includes key questions on various school health topics from the CDC's version of the School Health Index to provide your school with a shorter, easy-to-complete assessment. AFHK's newly expanded SHI addresses health topic areas consistent with the Whole School, Whole Community, Whole Child (WSCC) model and puts a greater emphasis on Whole Child health by adding in Social and Emotional Climate questions, as well as increasing the focus of how families play a key role in improving childhood health behaviors and development.
- The WSCC model places students at the center and emphasizes the role of the community in supporting the school, the connections between health and academic achievement, and the importance of evidence-based school policies and practices. AFHK's SHI also includes cross-cutting questions that address policies and practices that support multiple health topics. Action for Healthy Kids will send a report for each campus to review.
- SHI Criteria: School Wellness Environment, School Meals, Other School Food, Health Education, Physical Education, Physical Activity, Staff Involvement, Family and Community Involvement

Adult/Youth Mental Health First Aid & Rethink Curriculum

Grant awarded to Canutillo ISD and UTEP Social Work Department

- This grant is supported by our Student Support Services Department.
- The Canutillo ISD Social Emotional Bowl (SEL Bowl 3.0) in November 2024 brought professional development to our teachers, staff, and administrators. The focus was Youth Mental Health First Aid training. Additional trainings were also provided to parents and the community through Parent Universities.
- During Spring 2025, this grant supported additional training of Canutillo ISD staff in the Adult Mental Health First Aid training module (Trainer of Trainers model).
- This grant also supports the Rethink curriculum used by Physical Education/Health teachers and CISD Counselors.

2024-2025 School Health Advisory Council (SHAC) Report

After-school Programs – Nike Days

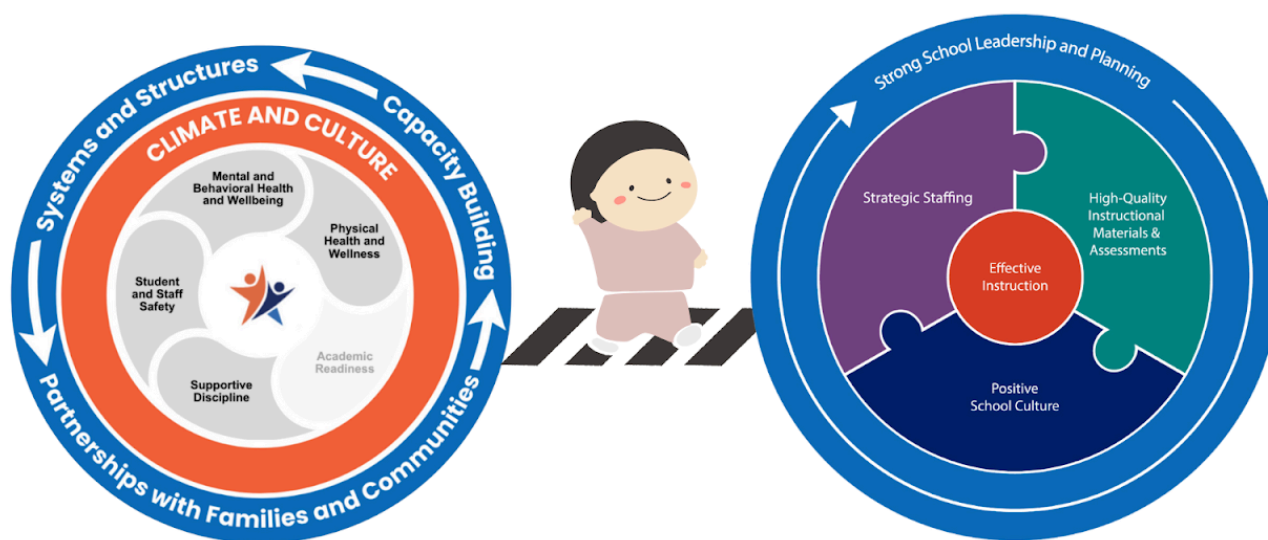
- All six elementary schools participated in after-school activities with Nike Outlet employees who volunteer their time (while supervised by CISD employees) to teach and enjoy physical activities with our CISD students as an after-school program.
- This is FREE to our district.

Bullying Presentations

- SHAC supported parent presentations on bullying that were offered in English and Spanish, morning and evening. Unfortunately, no parents attended this presentation opportunity. SHAC then regrouped with strategies for these bullying presentations. Ideas were shared to be presented at Open Houses, at campus meetings, and district-wide.
- SHAC decided to take advantage of campus programs already in place, like the ACE after-school program and athletics. Coach Bajek invited his volleyball parents to attend a presentation on “Bullying”.
- SHAC also decided we needed better communication strategies to continue parent education.

Campus Climate Survey

- Through the Stronger Connections Grant, all campuses received a free campus climate survey that was conducted anonymously in Fall 2024.
- As part of our ongoing efforts to foster a positive and supportive school climate and culture within our schools, the Texas Center for Students Supports (TCSS) has partnered with the Texas Institute for Excellence in Mental Health (TIEMH) to develop the Stronger Connections Climate Survey. This survey is a vital tool for gathering insights from students, staff, and families, helping the district to better understand our current school climates, identify strengths, and pinpoint areas needing improvement.
- Attachments A-I



2024-2025 School Health Advisory Council (SHAC) Report

CPR Training – Student, Faculty, Staff, and Family

- HB 897, enacted in 2013, mandates CPR and AED training for students in Texas public schools, specifically in grades 7-12, according to the Texas Legislature Online. The bill requires students to receive this training at least once before graduation, and it allows school administrators to waive the requirement for students with disabilities. The bill mandates that the State Board of Education (SBOE) require instruction in CPR and AED use for students in grades 7-12. The training must incorporate psychomotor skills, ensuring students have practical experience with mannequins. The CPR/AED instruction can be provided as part of any course, not just health classes.
- This is supported in the K-12 curriculum through Physical Education and Health Education with CPR mannequins for instruction to students, as well as to teachers, parents, and community members. This initiative was supported by the Coordinated School Health Facilitator and Nurse Coordinator.

El Paso Veteran Affairs (VA) Healthcare System - Tricia Boodhoo, LCSW-S

- The VA El Paso Healthcare System offers a wide range of health, support, and facility services for Veterans in southwest Texas and Doña Ana County, New Mexico. Support to veterans is in primary care, mental health care, specialty care, social programs and services, as well as other needed services. A main focus is suicide prevention.
- El Paso Veteran Affairs (VA) Healthcare System is offering help to Canutillo ISD stakeholders who are veterans.

Human Sexuality

- As a part of the district's curriculum, students receive instruction on human sexuality. The School Health Advisory Council (SHAC) is involved with reviewing and selecting course materials for such instruction. State law requires that any instruction related to human sexuality, sexually transmitted diseases, or human immunodeficiency virus or acquired immune deficiency syndrome must:
 - Present abstinence from sexual activity as the preferred choice of behavior concerning all sexual activity for unmarried persons of school age;
 - Devote more attention to abstinence from sexual activity than to any other behavior;
 - Emphasize that abstinence is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, and the emotional trauma associated with adolescent sexual activity.
 - Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy and sexually transmitted diseases; and

**No new programs to be approved at this time. We are using the Canutillo ISD adopted and state-approved health textbook and any already Board approved programs as a supplemental source.*

2024-2025 School Health Advisory Council (SHAC) Report

Human Trafficking

- The Human Trafficking Youth Prevention Education was an informational presentation that was introduced to the SHAC by Jessica Varela and Patsy Chavez from Region 19. (Memorandum of Understanding was Board approved September 23, 2024.)
- This presentation is for both students and staff to be educated and trained in the definition of human trafficking, what it looks like, and how to help prevent it. There will be different levels of training for students at the elementary (grades 4-5), middle school, and high school level.
- The middle school training session is *Inner Voice*. Students in grades 6th-8th will be trained in looking out for the signs of human trafficking and a safety plan is completed in class.
- The high school student training for 9th-10th graders is *What is Human Trafficking* and the 11th-12th graders is *Resilience, Protective Skills*.
- Trainers will collaborate with counselors and social workers to establish red flags.

Mighty Writers - Sara Dickens-Trillo

- This presentation was to provide information on a community resource. Located on Vinton Road, this after-school program offers programming in homework help, reading, writing, arts and crafts, and provides a *Middle School Mentorship* program. This program is free.

Paso del Norte Children's - Jessica Olague

- This presentation was to provide information on a community resource. The Help Me Grow El Paso program is a program to help with children's development for our students. This program is given by Parents as Teachers (PATs) at United Way for 0-5 years old, located in the Lone Star Building, under an MOU with CISD.
- The program can also be used as a resource for our parent liaisons.

Smoke Free Paso del Norte - Kristen Ortega, Gethsemane Acosta, Luis Rodriguez (intern)

- This presentation was to provide information on a community resource. The PdNHF leverages and invests in initiatives, programs, and policies to promote health and prevent disease in the Paso del Norte region. The focus is on smoking and vaping.

Texas Lions Camp - Annette Norch

- This presentation was to provide information on a community resource. The primary purpose of the Texas Lions Camp is to provide, without charge, a camp for physically disabled, hearing/vision impaired, and diabetic children from the State of Texas, regardless of race, religion, or national origin. Our goal is to provide an atmosphere wherein campers will learn the "Can Do" philosophy and be allowed to achieve maximum personal growth and self-esteem. The Texas Lions Camp is recognized as a non-profit corporation, under section 501(c)(3) of the Internal Revenue Service Code. The Camp is accredited by the American Camping Association, and is licensed by the Texas Department of Health.

2024-2025 School Health Advisory Council (SHAC) Report

IV. Recognitions:

Dr. Nancy Torres: We recognize her dedication to the position of Coordinated School Health Facilitator, who served 10 incredible years with us and was reassigned to a new position in the district. Over the past decade Dr. Torres was a cornerstone of our district's health initiatives, tirelessly championing the Whole School, Whole Community, Whole Child (WSCC) approach.

We are grateful for the lasting legacy she leaves behind—a stronger, healthier district united by a shared vision and representing the district through her hard work and commitment.

Presentations and Parent Sessions by Coordinated School Health Facilitator (Dr. Nancy Torres)

- UTEP Kinesiology- mentoring and interviewing
- UTEP Social Work- coordinated school health
- Parent Sessions
 - Healthy Habits-Hygiene, Sleep, Nutrition, Wellness, Physical Activity, Organizational skills
 - AED/CPR/Choking
 - Growing Bodies, Recreational Games
 - Adolescents/Puberty
- Student Sessions
 - CPR, Choking
 - AED - infant, child, adult
 - Basic Sign Language

Physical Education Department - Advanced Certifications:

National Board Certification - Physical Education/ Early and Middle Childhood – **BCE - Raul Villanueva & Isaac Oliva** - They are two out of three National Board Certified Physical Education teachers in the state of Texas and the only ones to ever certify in El Paso.

Isaac Oliva is BCE campus Teacher of the Year and CISD's Elementary Teacher of the Year.

National Board Certification - Health Education/Early Adolescence Through Young Adults – **CMS - Karly Dreher** - Coach Dreher is one of two people certified in health education in the entire state of Texas.

National Board Certification - Health Education/Early Adolescence Through Young Adults – **CMS - Enrique Castaños**

National Board Certification - Physical Education/Early and Middle Childhood - **CES - Martin Carrillo**, Physical Education and Health teacher - completed components in May 2025, scores will be received in December 2025.

2024-2025 School Health Advisory Council (SHAC) Report

National Board Certification - Physical Education/Early and Middle Childhood - **CE - Yvonne Carrillo**, Physical Education and Health teacher - in progress, expected completion date May 2026

Continuing Partnerships:

- Aliviane - classes in campuses, working with Cantuillo ISD Prevention Specialist
- National School District Wellness Coalition
- Regional SHAC
- Gardening programs in progress and working with the ACE after-school program, and the National Immigrant Farmers Initiative
- Texas Parks and Wildlife - archery programs in progress and working with ACE after-school program

- V. **ACTION ITEM: The Nicotine and Vape Awareness Program is supported and recommended by the CISD SHAC for Board approval.**

Nicotine and Vape Awareness (NOVA) - Olga Rohrer

- NOVA has educational programs that cater to individuals of all ages regarding the dangers of nicotine & e-cigarettes.
- This research-supported educational program is developed in collaboration with the Mendez Laboratory at UTEP, aimed at delivering in-depth scientific knowledge in an interactive and adaptable way. They believe that the best way to create youth leaders is by educating and empowering them with current and relevant information. With this, they strive to take steps towards a vape-free community.

Board Action Summary

Board Meeting: October 28, 2025

Requested By: 2024-2025 School Health Advisory Council (SHAC)

Action Requested:

The Canutillo ISD SHAC recommends Board approval of the 2024-2025 School Health Advisory Council (SHAC) Report and the Nicotine and Vape Awareness (NOVA) Program.

Date of Action Taken: October 28, 2025

2024-2025 School Health Advisory Council (SHAC) Report

WHEREAS, the local School Health Advisory Council has considered that local community values are reflected in any recommendations made by the council; and

WHEREAS, the local School Health Advisory Council has considered research concerning the current health, wellness, and human sexuality issues; and

WHEREAS, the health, wellness, and human sexuality programs will continue to promote abstinence and will provide information on decision making; and

NOW, THEREFORE, based on this information, **BE IT RESOLVED** that the Canutillo Independent School District School Health Advisory Council's Annual Report be recognized and approved;

Approved and adopted the 28th day of October, 2025. We, the undersigned, hereby certify that the foregoing Resolution was duly adopted by the Canutillo ISD SHAC.

SHAC members

Approved and adopted the 28th of October 2025. We, the undersigned, hereby certify that the foregoing recommendations were duly adopted by the Canutillo Independent School District Board of Trustees.

<u>Board Members</u>	<u>Signature</u>
_____ Armando Rodriguez, President	_____
_____ Lily Maldonado, Vice President	_____
_____ Cindy Zuniga, Secretary	_____
_____ Breanne Barnes, Trustee	_____
_____ Lucy Borrego, Trustee	_____
_____ Sergio Martinez, Trustee	_____
_____ Caroline Ortega, Trustee	_____