

Policy 533 Wellness requires that the school board be provided an annual report of the district's compliance. **I recommend accepting the report:**

Wellness Report – Food Service

May 2013

The districts food service has made the mandated changes as outlined in the Healthy Hunger-Free Kids Act (HHFKA) of 2010. In this Act the meal pattern for school lunch were updated and the changes went into effect this school year. Guidelines were set for calorie ranges of 550-650 for grades k-5, 600-700 for grades 6-8 and 750-850 for grades 9-12. In addition to this, minimum amounts were set for fruits and vegetables. For grades k-8, ½ c. of fruit must be offered each day and for grades 9-12, 1 cup must be offered each day. A daily minimum of ¾ cup of vegetables for grades k-8 and 1 cup for grades 9-12 is required. In the vegetable category minimums of vegetable sub groups must be offered as follows:

Grades k-8

½ c. per week of dark green

¾ c. per week of red/orange

½ c. per week of legumes

½ c. per week of starchy

Grades 9-12

½ c. per week of dark green

1 ½ c. per week of red/orange

½ c. per week of legumes

½ c. per week of starchy

In the HHFKA ranges are set for grains and meat/meat alternates. For grains, grades k-5 has a range of 8-9 oz. per week, grades 6-8 has a range of 8-10 oz. per week and grades 9-12 has a range of 10-12 oz. per week. Meat ranges are 8-10 oz per week for k-5, 9-10 oz per week for grades 6-8, and 10-12 oz. per week for grades 9-12.

In September 2012, the district submitted its' menus to the MN Department of Education to ensure that the HHFKA guidelines were being met. In early October the district was notified that the submitted menus had been approved. These menus have been used during the 2012-2013 school year. The district was reviewed by the MDE in February 2013 and was found to be in compliance of the new guidelines.