



November 2017 Newsletter

GEAR UP to GO ON



Gaining Early Awareness & Readiness for Undergraduate Programs
Aim High, Make a Plan, Get Ready, GO ON

Inside This Issue

Red Ribbon Week

Junior Field Trip

Important Upcoming Events

College Application Week

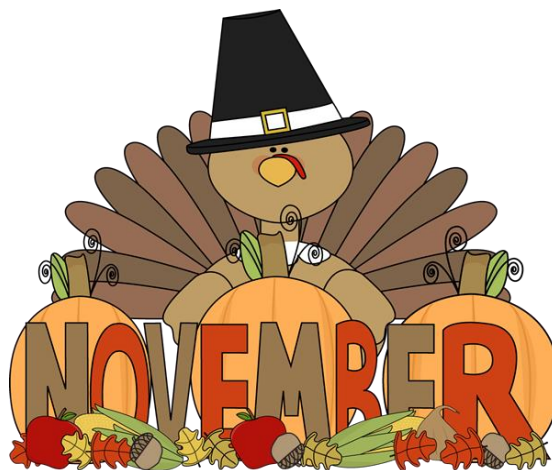
Sources of Strength Middle School Booster

FAFSA Support

S.O.S. Thankfulness Campaign

AVID Parent Night

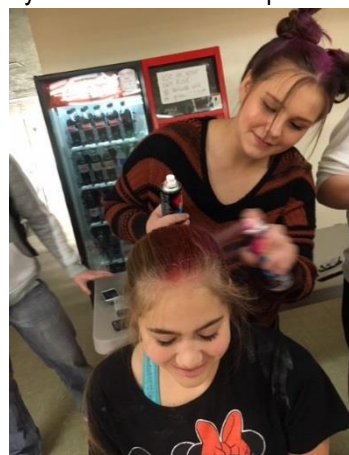
ACT December 10th



Red Ribbon Week October 23rd-26th: Red Ribbon Week theme days at HHS were planned by Sources of Strength (S.O.S.) peer leaders. Monday was Crazy Hair Day, Tuesday was Flannel Day, Wednesday was Spirit Day, and Thursday was Tie Dye Day. S.O.S. peer leaders promoted Strength based messages during advisory all week by helping teach lessons and lead activities. All HHS students were given the opportunity to learn about the importance



of having a trusted adult or mentor. They watched a video on bullying and what it takes to be a positive friend. Students discussed the eight strengths, and shared about the one that meant the most to them. S.O.S. president Nallely Gonzalez with a team of students organized a S.O.S. Carnival on Wednesday October 25th for spirit day with the goal of getting everyone involved in healthy activities. The lunch period was



extended so everyone could participate. Booths included, face painting, fishing for compliments, apple bobbing, an obstacle course, a tie dye station, sack races, basketball hoop shoot, a balloon game challenge... The National Guard came and set up a battle bots game and a strength measuring punching bag. On Thursday Ms. Dodge car was filled with freshmen to emphasize the "better together" friendship theme. Students guessed how many freshmen would fit in the car and Lizbet Albor made the winning guess of 18. It was a great week. Positive messages about spreading Help, Hope and Strength continue on at HHS with a campaign to help all students to find a trusted adult or mentor. Students are encouraged to take "selfies" with their trusted adults or mentors and are asked to post them on the Wall of Trust outside the guidance counselor's office. The goal is for all HHS students to have a trusted adult in their life!

http://studentservices.accountsupport.com/hhs_sources_of_strength.html

Juniors take a Field Trip November 1st to the National College Fair and War Hawk Museum:

The field trip on November 1st to the National College Fair and War Hawk Museum was an excellent experience for HHS juniors. Over a hundred colleges were represented at the fair as well as the military, art and technical schools. In our visit to the War Hawk museum, we had the opportunity to hear the harrowing stories of survival from two World War II veterans. The information students had been learning in Mr. Lee's U.S. History class, came to life through the historical memorabilia and personal stories of tragedy and triumph found throughout the museum. Below are photos from the field trip.



Juniors and the ACT Test in February: The end of December we will be registering all HHS juniors to take the ACT February 10th. Following is a link to an excellent, new ACT test prep website. <https://www.prepfactory.com/u/z594A> Junior's, please check it out, and start preparing yourself for the upcoming college entrance exams. Every moment you spend preparing is like putting money in a bank account towards your future. Better ACT scores mean better scholarship offers...If you have any questions, please stop by my office for a visit.

College Application Week November 6th-9th:

November 6th-9th is College Application Week at Homedale High School and throughout the state of Idaho. Mrs. Flaming and the new TriO representative Ms. Martinez will be visiting the Senior Leadership and Economics classes to help seniors apply to colleges. Students who are considering the military, are encouraged to apply to at least one college. In order to apply to college's, student will need their social security number and need to know the exact spelling of their



legal name. Below are pdf's with the costs of Idaho colleges, and a list of links to most of the Idaho college applications. The Idaho State Board of Education through the Next Steps website has created an online application where seniors can apply to 8 Idaho colleges at once. This is the link to the website. <https://apply.nextsteps.idaho.gov/> Most Idaho colleges are waiving the application fee during this week so seniors should not procrastinate to apply. Seniors planning to attend an out of state college should check to see if the school offers Idaho students in-state tuition by visiting the Western Interstate Commission for Higher Education website at <http://wiche.edu/wue> .

[Idaho Colleges Cost Comparisons](#)

[Links to Idaho College Applications](#)

[HHS College Application Week Webpage](#)

Sources of Strength Booster Training at Homedale Middle School November 13th

On Monday November 13th, Homedale High School S.O.S. peer leaders and Suicide Prevention Action Network Trainer Mrs. Debbie Flaming will be heading to the middle school to conduct the second annual S.O.S. booster training at the middle school. Ms. Topmiller, the new middle school counselor would like to continue the program for the 2017-18 school year and has 50 students signed up to participate. The training teaches students that they can impact their school environment in a positive way by using their voice. The activities and games break down barriers and help students build relationships with each other and the adult advisors. The training ends with students choosing an adult advisor and planning with a team of fellow student's, campaigns to spread messages of Hope, Help & Strength throughout the school and community. [HHS S.O.S Webpage](#)



For more information about the national Sources of Strength organization, visit <https://sourcesofstrength.org/>

Parent/Teacher Conferences Monday November 13th, 4:15-8:15 in the cafeteria.

FAFSA Support Monday November 13th 4:15-8:15 p.m. in the library/media center

FAFSA HELP NIGHT: Monday November 13th during Parent/Teacher Conferences in the HHS Library, 4:15-7:15 p.m. Mrs. Flaming will be available to provide one on one help for seniors and their parents with their FAFSA applications. Email dflaming@homedaleschools.org or drop in during parent/teacher conferences. Javier from CWI will be coming to help **Spanish speaking parents** with the FAFSA Process. Parents need to bring their 2016 1040 Federal Tax returns. Please click on the link with a list of items needed.

[List of items needed for completing the FAFSA](#)
[FAFSA & FSA ID Information](#)



Sources of Strength Thankfulness Campaign Week November 13th-16th during Advisory:

Sources of Strength is sponsoring a Thankfulness Campaign the week before Thanksgiving break during Character Time for advisory. All HHS students will be given Thankfulness journals and will be encouraged to find three things they are grateful for each day for 21 days. Research has shown that an attitude of gratitude can actually change brain chemistry to be most positive and joyful over time.

THANKSGIVING BREAK NOVEMBER 17th-26th

AVID Parent Night at HHS Wednesday November 29th: The middle school and high school AVID students, instructors and counselors are planning a parent night to showcase what AVID is all about. The event will include a dinner and stations for parents and younger siblings to visit and experience AVID activities. It is estimated that by the year 2020, two-thirds of all jobs will require some level of postsecondary education. AVID prepares students for 21st century careers each day by providing the academic and behavioral skills necessary to succeed in the workplace. Organization, time management, critical thinking, collaboration, and problem-solving are strong components of the AVID System. AVID includes career exploration in its secondary curriculum, develops partnerships with organizations to help students find [pathways to careers](#), and supports and prepares students in degree and certificate programs to be [successful in the workforce](#). For the 2017-18 school year, Homedale High School will have three AVID classes. One class for freshmen, sophomores and juniors. AVID, Advancement Via Individual Determination, is a global nonprofit organization dedicated to closing the achievement gap by preparing all students for college and other postsecondary opportunities. Established more than 35 years ago with [one teacher in one classroom](#), AVID today impacts nearly 1.5 million students in 46 states and 16 other countries/territories. [View the AVID Snapshot](#).

ACT Test for Seniors December 10th

The next ACT will be on Saturday **December 10th**. The students will be taking the test either at the College of Idaho or Caldwell High School. **THEY MUST HAVE THEIR PHOTO ID & ADMISSION TICKET or they will not be allowed to test.** Arrival time is 7:45 a.m. Students are to bring two #2 pencils, an approved calculator, **a photo ID**. ACT test prep has been planned during advisory classes. Student may begin preparing for the ACT by logging into <http://march2success.com>. A new ACT and SAT test prep website is <https://www.prepfactory.com/u/z594A>. Want to know more about college entrance exams, dates, deadlines for Homedale High School students?...visit the link below. http://studentservices.accountsupport.com/hhs_college_bound_tests.html
[ACT Registration Log In](#)



Thursday, December 20th, End of 2nd Quarter.

If you have any questions or would like to know more about the Gear Up to Go On & Academic College & Career Counseling services at Homedale High School, please visit Mrs. Debbie Flaming's website at <http://studentservices.accountsupport.com/index.html> or e-mail dflaming@homedaleschools.org or call Homedale High School (208) 337-4613 ext 224.