

This policy update reflects an amendment to Idaho Code section 33-520 requiring school districts to adopt a policy permitting the self-administration of diabetes medication and blood glucose monitoring by pupils with diabetes, not later than September 1, 2016

Soda Springs School District No. 150 recognizes that students attending the schools in this district may be required to take medication while at school or school sponsored activities, either on a short-term or daily basis. If requested in writing by the parent/guardian, the school will provide an appropriate place for storing the medication and **if requested in writing by the parent/guardian**, will supervise the dispensing of the medication.

SELF-ADMINISTRATION OF PRESCRIPTION INHALERS, EPINEPHRINE AUTO-INJECTORS, INSULIN, AND BLOOD GLUCOSE MONITORING SUPPLIES

1. For the purposes of this section of the policy, “self-administration” means a student’s use of medication pursuant to prescription or written direction from a physician.
2. Any student for whom a physician or other authorized medical professional has prescribed 1) a metered-dose inhaler or dry powder inhaler for treatment of asthma or other potentially life-threatening respiratory illness, 2) an epinephrine auto-injector for severe allergic reaction (anaphylaxis), 3) insulin, or 4) blood glucose monitoring supplies will be permitted to self-administer such medication, as prescribed by a physician during the school day and at school-sponsored activities.
3. A student who is permitted to self-administer medication consistent with this policy is permitted to possess and use a prescribed inhaler, epinephrine auto-injector, insulin, or blood glucose monitoring supplies at all times as prescribed by their physician during the school day and at school-sponsored activities.
4. The student’s parent/guardian must annually notify, in writing, that the student will be self-administering the medication.
5. The student’s parent/guardian must provide annually a current treatment plan from the student’s health care provider identifying the medication; dosage; symptoms, time lapse, or exposure that will necessitate administering the medication; frequency of use; and potential side effects.
6. The parent/guardian is responsible for notifying the district of any changes to the student’s medical condition that would impact the self-administration of medication.
7. A student who is self-administering medication consistent with this policy may be required to maintain a current duplicate of the prescription medication with the school nurse or the school administrator.

8. *If a student requires blood glucose testing or insulin injections during the school day or at school-sponsored activities, the following policy applies: Students with diabetes may self-administer blood glucose testing and insulin injections as prescribed by their physician. In practicing self-administration, students are required to practice universal precautions for the disposal of waste.*

OTHER PRESCRIPTION MEDICATIONS

1. The parent/guardian must submit a written request to the school if he or she wants the school to store and/or administer the medication.
2. The medication must be in its original container.
3. The student's name, prescription number, prescribing doctor, and directions for administering the medication must be clearly set forth on the container.

NON-PRESCRIPTION (OVER-THE-COUNTER) MEDICATIONS

1. The parent/guardian must request in writing that non-prescription medication be given during school hours. Specific directions for administering the medication and the parent's/guardian's signature must be received before any medication will be given to the student.
2. The medication must be in the original container and the student's name and directions for administering the medication must be written on the container.
3. Non-prescription medications, such as aspirin or Tylenol, will not be provided to students. Students must supply their own non-prescription medications.

ADDITIONAL GUIDELINES

1. Generally, medications should be dispensed to students before and/or after school hours under the supervision of the parent/guardian. Medications should only be dispensed at school when necessary to meet the health needs of the student.
2. Parents/guardians are responsible for notifying the school, in writing, that the student requires medication on a regular or emergency basis, and supplying the medications and instructions for dispensing the medications.
3. The district may require that the student's health care provider annually submit a current treatment plan, identifying the medication, dosage, frequency of use, and side effects. The parent may be requested to sign a release to allow district staff to communicate with the health care provider.
4. *The student's need for medication will be reviewed, and a student health plan and/or a Section 504 Accommodation Plan will be developed, if determined necessary.*

5. *The designee who dispenses medication to students will maintain a log of all medications dispensed.*
6. All medications that are not self-administered will be kept in a secured area in the school office or nurse's room.
7. It is the student's responsibility to come to the office at the appropriate time to take his or her medication, unless the student's plan states otherwise.
8. No medications, prescription or non-prescription, will be dispensed by a teacher, secretary, or other personnel to a student without written permission from the student's parent/guardian.
9. Any medication that a student must have in case of emergency will be kept in an easily accessible location.
10. The parent/guardian is expected to provide an adequate supply of the medication to be dispensed, and to retrieve any unused medication at the end of the school year or at the withdrawal of the student. Medication that is not retrieved by the parent/guardian by the student's last day of attendance during the school year will be disposed of by the district.

**LEGAL REFERENCE:**

Idaho Code Sections

33-506(1) – Organization and Government of Board of Trustees

33-520 – Policy Governing Medical Inhalers , Epinephrine Auto-Injectors, Insulin and Blood Glucose Monitoring Supplies

ADOPTED: April 20, 2011

AMENDED: October 22, 2014

FIRST READING: AUGUST 24, 2016

**Language in text set forth in italics is optional.*