



Evergreen Elementary School

520 West River Street * Cave Junction * Oregon * 97523

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News from Mr. Regal

Three Rivers
School District

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Welcome back family and friends of Evergreen Elementary for the 2013-14 school year!

Hopefully all of you have had a wonderful summer. It is now time to get back to providing a positive educational experience for each student through powerful partnerships with our students, staff, parents, and community. At Evergreen, we are committed to produce the best and most well rounded students in order to prepare them for their future in school and society. We work diligently to provide a safe and respectful environment where all children can prosper academically, behaviorally, and socially. Every one of our talented and dedicated staff members is persistent in the pursuit of ensuring the success of each and every student. Our staff has been utilizing the last few weeks to assess each student in reading, math, and writing, in turn this data will be used to drive their education in the classroom. They have also been working diligently in establishing set routines and setting high expectations through our school-wide PBIS rules, which are: Be Respectful, Be Safe, Be Responsible, and Be Kind. Please continue to help us at home by reinforcing positive behavior and providing needed support for time to do homework at night. I know that not everyone can come to school and volunteer, but I am asking parents to help monitor homework and provide students time to read at least 20 minutes a night. Thanks in advance for your continued support in the foundation of your student's education.

We look forward to meeting and working with each and every Evergreen family. You are always invited to contact us by sending a note, emailing, telephoning, or coming in to our office.

Let's make it a great year at Evergreen,

David Regal
Principal

Regal's RED HOT Topics

- ⇒ **PTO:** Evergreen Parent Teacher Organization needs volunteers. If you are interested inquire at the office
- ⇒ **VOLUNTEER FORMS:** If you are planning on volunteering in your student's class, chaperoning field trips or even just hanging out for lunch a volunteer packet **MUST** be filled out each year!!!! Stop by the office and pick one up.
- ⇒ **VOLUNTEERS:** All Volunteers **MUST** check in at the office and get a badge before moving about the campus.
- ⇒ **JACKETS AND GEAR:** Label all of your student's belongings
- ⇒ **AFTER SCHOOL PLANS:** If your student's after school plans change please send a note to the office stating the: student name, student teacher and a complete explanation of the change.
- ⇒ **STUDENT DROP OFF AND PICK UP:** Please use the pick up area for this. The bus barn is not a safe place to do this because it is not monitored and busses are in and out of there during this time.

EVERGREEN CALENDAR

9/30	BELIEVE Fundraiser Begins
9/30	Dental Van Here
10/2	Dental Van Here
10/3	Open House Evergreen @ 5:00
10/8	PTO Meeting—Library
10/11	No School—In Service Day
10/14	Last Day for BELIEVE Fundraiser
10/15	Dental Van here
10/17	5th Grade to Crater Lake
10/18	No School—Staff Development
10/22	Bosse & 1/2 Kelly—White Oak Farm
10/22	Clements & 1/2 Kelly—White Oak Farm
10/25	Picture Retake Day
10/29	Dental Van here
10/31	SOM Lunch @ 11:05—Library
10/31	PBIS Assembly @ 12:45 Dress-up Theme: Athletic
11/3	Daylight Savings Time—Set clocks BACK 1 hour

September Students of the Month	
Garman M/W	Jaden Gallardo
Garman T/TH	Nevaeh Doney
Bonney M/W	Mary DeWitt
Campbell	Jesse Kelly
Flaherty	Kami Scott
Gill	Naomi Merrill
Bosse	Hayden Smith
Clements	Cheyenne Chapman
Kelly	Venus Long
Pendleton	Drake Palmer
Nelson	Taylor Hanson
Bethke	Maizi Giroux
ODonnell	Saffire Burdette
Gutierrez	Bryanna Gilmore
Griffis	Sierra Ferry
Wolter	Tierra Murphy



To our wonderful community
for all the donated school
supplies and clothing!

Please join us for:



**EVERGREEN
OPEN HOUSE**

**Thursday, October 3, 2013
5:00pm—6:30pm**



We will begin with refreshments in the cafeteria followed by a brief orientation in the gym . After this teacher will be in their classroom to meet with.



Hello Evergreen Parents!

My name is Sally Schulte, and I will be teaching some of your kids about nutrition and healthy eating habits starting this October. This program is funded by Oregon State University Extension and SNAP-ED, and I work for their office right here in Josephine County. If you have any questions you can reach me at:

Sally.Schulte@oregonstate.edu.

My focus will be getting the kids to start thinking about what they are eating and learning some basic nutrition concepts, all while having fun! Depending upon the grade, we will be learning about the importance of eating breakfast, why fruits, veggies, dairy and whole grains are so important, and learning to cut back on sodium and empty calories from added sugars.

It would be ideal if we could partner together to produce greater results. Some of the ways you could do this are by:

- Asking your child what they learned about food from the "Nutrition Lady"

- Exploring healthy food choices together in your kitchen or the grocery store

- Offering healthy snacks first, such as fruit, yogurt parfaits, whole-grain waffles with applesauce, and sprinkling parmesan cheese on hot popcorn

- Eating a variety of vegetables and fruits every day

- Eating more whole grains, such as oatmeal, brown rice, and whole-grain bread

- Limiting the sugary drinks such as soda, sports drinks, and fruit-flavored drinks

When you make healthy eating a family affair, everyone benefits. This means foods and beverages with plenty of nutrients (protein, fiber, vitamins and minerals) and not too many calories, fats or sugars. There are some great web sites available to help with information, tips and recipes. Some of these are:

FoodHero.org; ChooseMyPlate.gov; eatright.org; and kidseatright.org.

Happy Eating!



FALL FUNDRAISER

BELIEVE



We will be kicking off our fall fundraiser with Believe on Monday, September 30th. Look for fundraising details and order forms to come home with your student on this day. With your help, we will be raising money that will support and benefit our students through much needed PBIS programs, enrichment activity offerings, field trips, school improvements, special programs, assemblies, student incentives, and field trips. Our school would not be able to provide many of these programs and activities without the support of the Illinois Valley Community.

Child Find for Special Education

Public Law 105.17, known as the Individuals with Disabilities Education Act (IDEA), requires that school districts provide a free and appropriate education to all disabled children and young adults from birth through 21 years of age. The Three Rivers School District requests assistance with the identification of any disabled children ages Birth through 21 who are not enrolled or currently being served in one of the District's schools.

If you know of any disabled children ages 0 through 21, who are not receiving education services, please call the Three Rivers School District Special Education Department at **541-862-3111 x 5202**.

October 2013 I.V. Branch BGCRV

Sun Mon Tue Wed Thu Fri Sat



The USDA and the State of Oregon

are equal opportunity employers and providers.

The Club provides a FREE HOT DINNER daily @ 3:30 Mon-Fri

The Club is located @ Evergreen Elementary School, with regular club hours of 1:50—6:30 Mon-Fri

CLUB LINE:
592-6151
OFFICE: 592-4771
www.bgcrv.com
ivclub@bgcrv.com



Homework Help will be offered Monday-Thursdays from 2-3pm. For more info check in at the front desk.

5	3 EVEGREEN/ BGC OPEN HOUSE- 6:30 THE ARTS: Scarecrows	2 Jr Staff Meeting THE ARTS: Slime	1 Daily Challenge Introduction THE ARTS: Puzzle piece tree	6	7	8	9	10	11	12
	Friday field trip to the Library	Jump Rope Challenge THE ARTS: Owls	Basketball THE ARTS: Finger Paint	Jr Staff Meeting THE ARTS: Slime	Triple Play THE ARTS: Fun with Leaves	Triple Play THE ARTS: Slime	Triple Play THE ARTS: Slime	Triple Play THE ARTS: Slime	CLUB COSED INSERVICE	
19	18	17	16	15	14	13	20	21	22	23
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Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library	Friday field trip to the Library
31	30	29	28	27	26	25	24	23	22	21
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GREAT FUTURES START HERE.