

Beeville ISD  
School Health Advisory Council Meeting  
Friday, November 1, 2013  
Minutes

The first SHAC meeting for the 2013-14 school year was held Friday, November 1, 2013 from 12:00 pm to 1:00 pm. Those in attendance were Karen Harvey TJIS PE teacher, Denise Fenner BISD RN, Becky Williams community member, Carrie Morin campus representative and parent, Janine Zander, Gaila Alaniz, Trish Martin, parents of BISD students, and Cindy Clendennen Co-chair.

The committee viewed the video *Health Matters, Obesity Epidemic* by the Center for Disease Control (CDC) which speaks to the obesity rate among Americans and in particular school age children. The video was a preface to the agenda item, purpose of SHACs. The committee reviewed BISD school board policy for guidance and to determine activities for the 2013-14 school year.

Plans for this school year include to update the BISD Local Wellness Policy once the US Department of Agriculture determines update criteria. Criteria should be posted during the fall of 2013.

Other items of discussion included information about the BISD health education program offered on each campus; the BISD allergy plan created last year and to be analyzed at the end of this year; and the BISD sex education program in which the school nurses will review videos currently utilized to determine the need for updated material.

Future meeting dates are scheduled for December 6<sup>th</sup>, February 7<sup>th</sup>, and April 4<sup>th</sup>.

Without further discussion, the meeting adjourned at approximately 1:00 pm.

Submitted by Cindy Clendennen, Co-chair