



ROSEVILLE AREA SCHOOLS

Mental Health Supports & Partnerships

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District Crisis, Mental Health, Behavior Lead

District Crisis, Mental Health, Behavior Lead



Crisis

- Facilitate DCCST: District Crisis Consultation Support Team
- Co-Facilitate DSST: District Safety & Security Team
- Support School Crisis Response



Mental Health

- Liaison for Mental Health Partnerships
 - RC Children's Mental Health Collaborative, Suburban Ramsey Family Collaborative, Natalis, Lifesance
- Support Tiered Systems & Best Practices
- Mental Health Topics PD for Staff



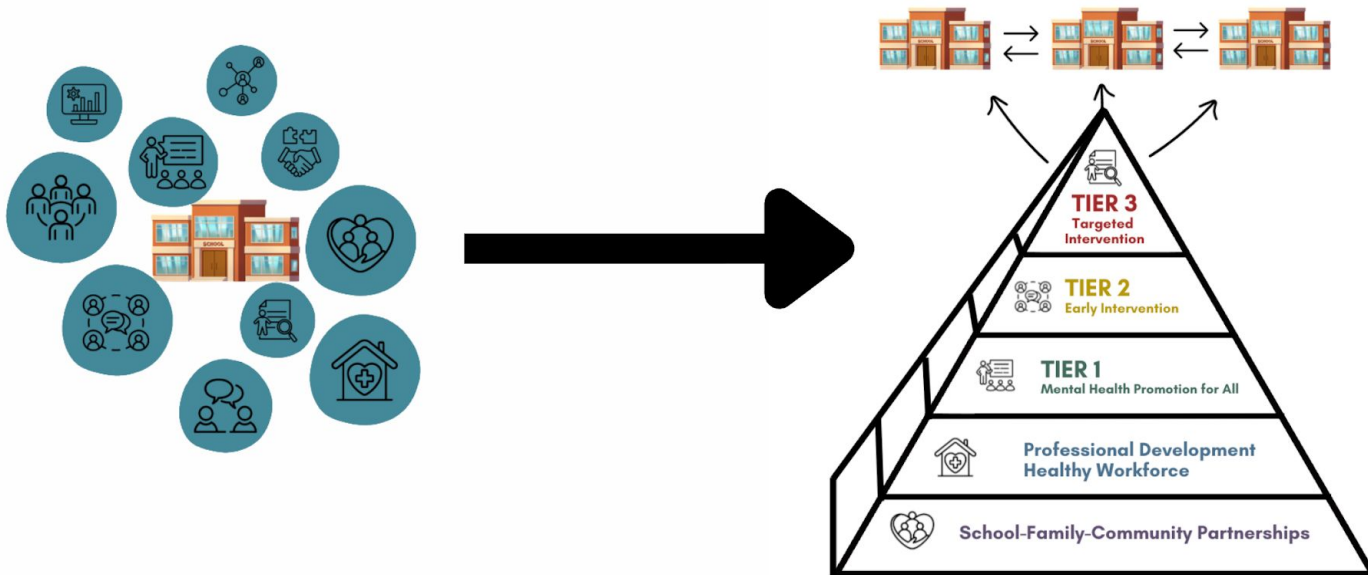
Behavior

- Provide Interventionist Consultation & Support
- Support MTSS Leadership Work
- SEL Leadership Team



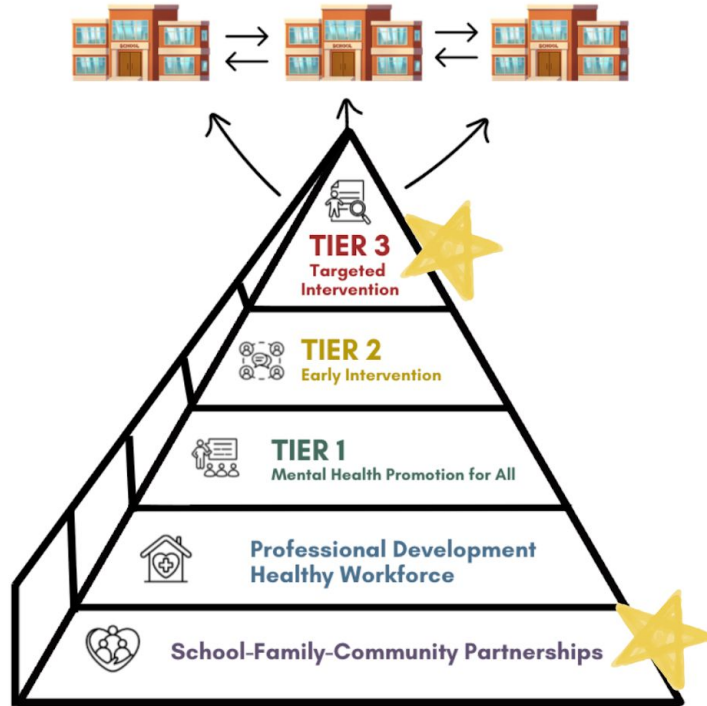
Mental Health in Roseville Area Schools

Mental Health is more than Mental Illness
Comprehensive School Mental Health (CSMH) is Essential





Mental Health in Roseville Area Schools





Mental Health Partnerships

Why Mental Health Partnerships in our Schools?

THE NEED IN NUMBERS



(CDC) [Source Link](#)

- Nearly **1 in 5** youth have been diagnosed with a mental, emotional, or behavioral health condition (ages 3-17)
- in 2023, **20%** Adolescents reported seriously considering attempting suicide in the past year (ages 12-17)



- Approximately every **1 in 4** RAS 8th and 11th graders reported feeling down, depressed or hopeless in the past 2 weeks
- Nearly **1 in 3** RAS 5th graders reported worrying a lot

MN 2022 Student Survey [Source Link](#)

50%

Approximately 50% of youth in need do not receive mental health care



Mental Health Partnerships



Ramsey County Children's Mental Health Collaborative

Working across systems and with families to support children's mental health.

You're Not Alone
your story continues.



SUBURBAN RAMSEY FAMILY
COLLABORATIVE

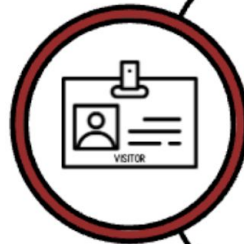
Mental Health in Roseville Area Schools

**Referrals via School
Mental Health Staff or
request by family**



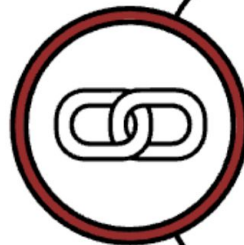
SCHOOL-BASED MENTAL HEALTH (SBMH)

- School-Based Mental Health Service includes a formal relationship with RAS and a community mental health agency to place licensed mental health providers in the school building for a select number of days/week.
- Providers provide counseling services to referred students during the school day
- Currently partnering with 2 community agencies across 3 school sites (Sept 2025)



VISITING MENTAL HEALTH PROVIDERS

- In some situations when student or family circumstances have caused significant access barriers to participate in mental health counseling with a licensed provider they have already established care with, RAS will consider allowing that provider to visit the school site to provide counseling services
- **Schools must make a formal request to the Student Services Executive Director for case-by-case consideration and approval**



SCHOOL-LINKED MENTAL HEALTH

- Through our partnership with Ramsey County Children's Mental Health Collaborative (RCCMHC), we are able to refer families for rapid access, and short term **community-based** therapeutic services
- RCCMHC also has avenues to support basic needs, transportation, translation, and other resource navigation for referred families
- Available to all RAS school sites

Trimester 1



School-Based Mental Health

2

Agency Partners

Natalis Psychology
Lifetance Health

4

RAHS Sites

RAHS
RAMS
FAHS
Central Park

5

Providers

5 Mental Health
Professionals working in
RAHS sites

83

Students

Receive ongoing school-
based therapy

Trimester 1



School-Based Mental Health

Partnership Utilization

91%

**New referrals turned into
ongoing clients**

90%

**Providers' Caseload at 90%
Capacity***

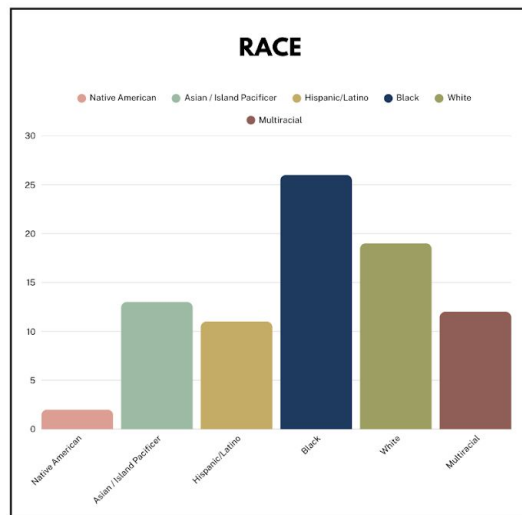
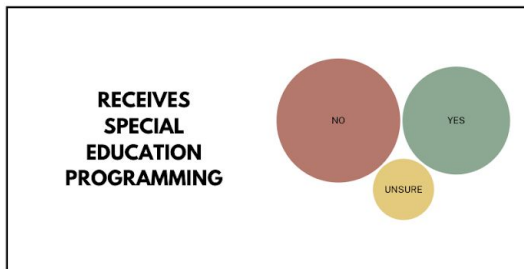
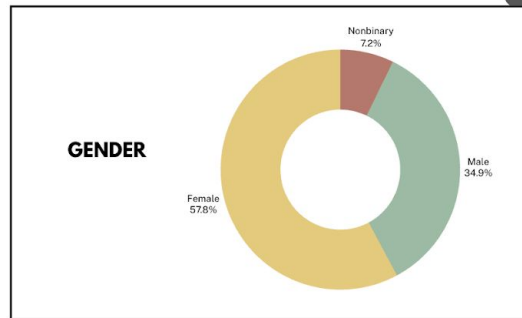
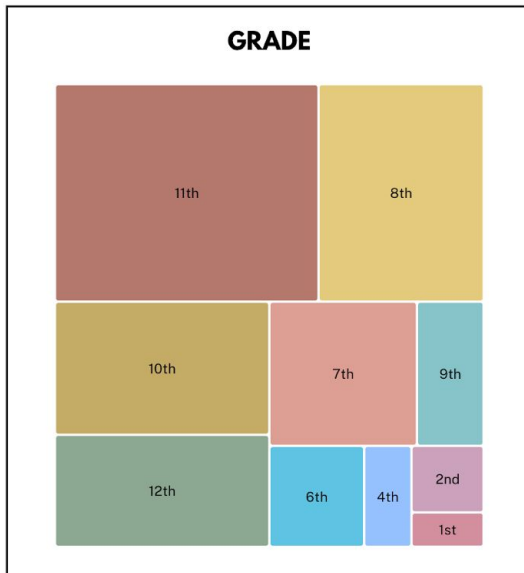
**This number has grown since end of tri 1*

Trimester 1



School-Based Mental Health

Students Receiving Services



Looking Ahead

→ CSMH

Collaborative work on building **comprehensive school mental health system** with tiered supports, district alignment, and clear referral pathways

→ Build Partnerships

Build & Strengthen Community Mental Health Agency Partnerships
Considerations: Sustainability, Funding

→ Increase Awareness

Communication mediums to increase student and family awareness of available supports and how to access





Support Surrounding Current Events

Support Resources for Staff

Talking Points
Trauma-Sensitive Practices
Compassion Resilience
Grounding Exercises
Mental Health Support Resources

Site Visits & Support

Dog Therapy Team Visits

You're Not Alone
your story continues.





Thank you!