

Peanut Butter & Jelly Sandwich Offered Daily for Lunch!



October 2015



Fresh Fruits and/or Vegetables Offered Daily!

Maureen Ouvry, Food Service Director (Telephone: 321-1031)

Monday	Tuesday	Wednesday	Thursday	Friday
Classic Choices: Chicken Nuggets	Hot Dog	Chicken Patty	Pizzazz Pizza	Yogurt & Mini Pancake
5 Stuffed Crust Pizza Sweet Potato Puffs Watermelon Wedge Chocolate Milk	6 All American Hamburger With Fixings Mini Chef Salad Warm Cinnamon Apples Milk	7 Cheddar FILLED Pretzel Low-Fat Yogurt PB Crunchers Crisp Apple Slices Chocolate Milk	8 Kickin' Popcorn Chicken Steamy Rice Carrots with Dip Lunch Bunch Grapes Milk	9 Cowboy Quesadilla Chips, Cheese & Salsa Western Baked Beans Fresh Orange Smiles Chocolate Milk
12 Monkey Dunkers Cheesy Breadsticks Marinara Sauce Broccoli Trees Mandarin Oranges Milk	13 Tiger Tacos (Soft or Hard Shell) Chicken, Cheese Lettuce & Tomato Spicy Beans Bonanza Fresh Baked Cinnamon Rolls Chocolate Milk	14 Corn Dog Centipede! Mini Corn Dogs Jungle Tots Lunch Bunch Grapes Animal Crackers Milk	15 Giant Elephant Ear Waffle! Banana Parfait Crunchy Carrots Chocolate Milk	16 Wild About ABC's Fun Shaped Chicken Nuggets PB Crunchers Fresh Apple Slices w/ Caramel Goldfish Crackers Milk

Wild About School Lunch

Wild Animal Prizes Daily!

GRAB 'N GO

BREAKFAST!

Includes:
Fruit & Milk
3 Choices Daily

Featured Choices:

MONDAY:
Pancake on a Stick

TUESDAY:
Muffin & String Cheese

WEDNESDAY:
Breakfast Pizza

THURSDAY:
Cinnamon Roll
Whole Grain Goodness!

FRIDAY:
Bagel with Cream Cheese



National School Lunch Week: October 12-16

Single Student Breakfast: \$1.25

View Student Accounts at SendMoneyToSchool.com

Single Student Lunch: \$2.50

LOW BALANCE E-MAIL NOTICE:

Would you like to receive an automated e-mail if your student's account balance is running low?
Send an e-mail request to: mouvry@vicksburgschools.org Be sure to include the name(s) of your child(ren)!
USDA is an equal opportunity provider and employer.

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Classic Choices: Chicken Nuggets	Hot Dog	Chicken Patty	Pizzazz Pizza	Yogurt & Mini Pancake	BREAKFAST!
19 <u>Keep Your Napkins Handy!</u> Sloppy Joe! Golden Maize Fruit Bonanza Chocolate Milk	20 <u>Playground Fun!</u> Chicken Hula Hoops Four Square Fries Jumping for Juice Puddles of Milk	21 <u>Mac & Cheese</u> 1/2 Sandwich Select PB Crunchers Crisp Apple Slices Chocolate Milk	22 <u>FRENCH TOAST</u> Breakfast Links Hash Browns Orange Smiles Milk	23 Deli DELUXE Sandwich Crunchy Carrots Watermelon Wedge Chocolate Milk	Includes: Fruit & Milk 3 Choices Daily Featured Choices: <u>MONDAY:</u> Pancake on a Stick <u>TUESDAY:</u> Muffin & String Cheese <u>WEDNESDAY:</u> Breakfast Pizza <u>THURSDAY:</u> Cinnamon Roll Whole Grain Goodness! <u>FRIDAY:</u> Bagel with Cream Cheese
26 BIG SLICE Pepperoni Pizza Skinny Dippers Big Red Apple Milk	27 <u>Chicken Drumstick</u> Glazed Carrots Home-Style Biscuit Lunch Bunch Grapes Chocolate Milk	28 <u>Mama Mia!</u> Rotini Pasta with Marinara & Meatballs Garden Salad Orange Smiles Milk	29 <u>Walking Taco</u> Baked Frito Chips w/Beef, Cheese, Lettuce & Tomato Cinnamon Baked Apples Chocolate Milk	30 <u>HALLOWEEN</u> Batty Nuggets (Fun shaped Chicken Nuggets) Potato Smiles Monster Fruit Ghostly Milk	

School Lunch:

- Fresh, economical, and value packed!
- Excellent source of vitamins A and C!
- Focused on low fats, whole grain rich!
- Meets 1/3 of daily requirements!

HELPING OUR CHILDREN ACHIEVE

- ☉ Children who eat breakfast score better on school achievement tests.
- ☉ Children who eat school meals eat more fruits and vegetables.
- ☉ The school lunch program provides 1/3 of your child's recommended daily requirements. School breakfast provides 1/4 of the daily requirements.

