

Neah-Kah-Nie High School

8/20/2018

Edition 18-19, Volume 1

# PIRATE NEWSLETTER

## WELCOME MESSAGE From the Office of the Principal

Welcome back to school Pirates, families and friends!

We hope you will use the information in this newsletter to get ready to have a great school year!

### New Staff:

This year we have two new teachers: **Miss Jennifer Schlottmann** is our new foreign language teacher who will be teaching Spanish but also hopes to interest students in French! Please go introduce yourself to her and think about learning another language and other cultures!

**Mr. Mark McLaughlin** will be our new math teacher and Cross Country Coach--he is a NKN alumni, did his student teaching here and is already entrenched in the community. We are so happy to welcome both of these fantastic people!

We are also seeking a great person to fill an open instructional assistant position. If you know anyone that is looking for an exciting job working with kids, with benefits...applications are online on the school district website. ([www.nknsd.org](http://www.nknsd.org))

### New Ideas:

The staff continues to develop our skills and abilities to assist students in achieving their potential. Last year we learned about “Constructing Meaning” techniques teachers can use to help students understand more, use a richer, more academic vocabulary and language skills, write more fluently and speak more eloquently. We will continue to develop our expertise using these techniques while also exploring more basic ideas about how to promote emotional resilience and a growth mindset that will help all students overcome the barriers life throws at them. Our goal is to fight the close-minded perceptions that cause people to think they are “not good at math”, “can’t speak in public” or “aren’t good writers”. We will

be learning more about how people can unknowingly be impacted by “adverse childhood experiences” and how to help them positively navigate and overcome the issues that come as a result later in life. Some refer to this as “trauma informed care”. To us it makes sense. We want to make sure we support our students not just academically but as people that learn and perceive things differently. IF you are interested in learning along with us, give me a call and I’ll share the book titles and times and dates of our professional development!

### New Improvements:

We are very proud of our facilities and it is due to the hard work, high standards and pride that the district’s custodians have in their work. This summer we have had several classrooms repainted, the floors stripped, waxed and buffed to a lustrous shine, the grandstands have been resided and painted and there are new spin cycles and elliptical machines in the weight room...all ready for the new year.

### New Rules concerning cell phones/electronic devices:

It has always been our rule but this year we are doubling down and being consistent in our expectations that cell phones are to be off and away during class time. Schools across the nation and Tillamook County agree that technology has evolved faster than our ability to effectively manage it. Just as parents struggle to make sure their students are responsible and safe users of technology at home, we want to insure this at school as well. The off and away policy is intended to reduce distractions and increase engagement in learning activities the teachers work so hard to plan. Students will be able to access their phones during passing periods and break times and when given permission by teachers in exceptional circumstances.

### **New opportunities:**

We are looking for a new parent representative on our Site Council. The Site Council meets once per month to review achievement data, school programs and plan to achieve school improvement goals set by the team. If you or someone you know is interested in serving on our team, please give us a call in the office!

We are always looking for great people to be substitute teachers, instructional assistants and custodians...you do not need to have a teaching degree to be a substitute teacher! Please contact Kathie Sellars at the district office for more information at 503-355-3506...you can earn about \$200 per day as a teacher filling in when our regular staff can't be there.

Our ASPIRE Program is a mentor program that matches trained and supportive adult volunteers with students to help them plan and prepare for their lives post-high school. The program is open to all students. They will receive one on one help with college and career exploration, financial aid resources, and much more. ASPIRE provides students with someone "in their corner" who is committed to helping them pursue the next steps in their academic lives or careers. Please consider volunteering, I am confident your experience will not only enrich our students' lives but yours as well. Contact Margaret Whiting at 503-355-2272 or by email at [margaretw@nknisd.org](mailto:margaretw@nknisd.org).

Finally I urge you to give me a call if you have any questions or ideas that would benefit students.

The 2018-2019 school year is about to begin. Here's hoping that it will be happy, healthy and successful for one and all!!

*Heidi Buckmaster, Principal*

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### **New Staff Bios:**

I'm **Miss Schlottmann** and I will be teaching **Spanish** this year. I love languages and learning about other cultures. I look forward to meeting the students and integrating world cultures into the curriculum. I lived in Spain for six years and in France for a year and speak both French and Spanish. I am from Oregon originally but am new to the area and love living near the ocean and hiking in the forest. In my opinion, Oregon is one of the most beautiful places in the world.

### **Academic Extras for students:**

[NKN students can take college classes now through Northwest Promise \(NWP\), Tillamook Bay Community College Dual Credit Classes & Willamette Promise \(WP\).](#)

This is a wonderful opportunity for NKN students to receive unlimited college credits – the fee for NWP and WP is only \$30.00 per year. Student's sign up for classes and college credit, pay \$30.00 fee, take high school classes taught by our staff, participate in proficiency based assessments based on college standards. Pass the class and receive college credits! You can investigate this program in more detail by calling the School Counselor, Esther Troyer (503-355-3588) or log on at:

[www.wesd.org/willamettepromise](http://www.wesd.org/willamettepromise)

IMAGINE THE POSSIBILITIES!

**College Options:** NKN is excited to continue our partnership with TBCC and offer community college classes in our north county satellite classrooms. This partnership helps us offer students a wider variety of courses, classes that feed into excellent career paths like Health Occupations and the new Natural Sciences program.

### **School Improvement Goals:**

We want all of our students to continue to increase their achievement in the core areas of reading, writing and mathematics so they can be prepared for success in all their classes and life endeavors. In order to meet our improvement goals we will continue to have a school wide focus on reading comprehension and writing well, which includes multiple opportunities to read and write in every subject area, and three benchmark assessments per year that will enable students to demonstrate essential skills in reading, writing and math which are required for graduation.

Extra support with reading, writing and mathematics is available during school hours. In addition to the advisory class, students may take the elective class called "On Course", on late start Monday mornings a staffed study hall is open in The Galley, and we also have after school tutoring one day per week. Please contact the office if you have questions or want to discuss special education and 504 services for your student.

Every year we assess the effectiveness and efficiency of our operations and ask you how satisfied you are with our school and programs. Feedback from all our stakeholders is critical to this work. Please plan to attend Parent Teacher Conferences on October 18<sup>th</sup>. During this conference time, your student will present you with a student led conference, there will also be time for you to meet individually with teachers in a more traditional conference session. We hope you will take time to complete our confidential school improvement survey on line which we will make available at conference time.

### **90% Attendance Goal for Every Student:**

Attendance is critical for success in school and prepares students for success in life. Consistent School Attendance is essential and will be strictly enforced. Please see student handbook information under attendance. We hope that both families and students will work with us to maintain a 90% attendance rate or be collaboratively working to improve it.

### **Orientations Scheduled:**

Grade level orientations have been schedule as follows:

Freshmen	August 29 <sup>th</sup>
Seniors	September 12 <sup>th</sup>
Juniors	September 19 <sup>th</sup>

All orientations will be held in the high school library and will begin at 6:00 p.m. Sophomore orientation will be announced at a later date.

### **Important Senior Information:**

Seniors planning to attend a 4-year college or university next fall and who need to take or re-take exams will have an opportunity to take them at NKN on the following dates:

SAT – October 6<sup>th</sup>, register online at:  
[www.collegeboard.org](http://www.collegeboard.org) by September 18<sup>th</sup>

ACT – October 28<sup>th</sup>, register online at:  
[www.act.org](http://www.act.org) by September 22<sup>nd</sup>

Fee waivers are available from the counselor for those on the Free & Reduced Lunch Program. Cost varies from \$45 - \$75 depending on the type of test being taken. Practice test are also available from those websites, Kahn Academy or Oregon CIS.

### **Reminders:**

#### **Closed Campus:**

NKN is a closed campus for freshmen for the entire school year.

Sophomores, juniors and seniors must earn their off campus privileges by being in good standing academically (checked every three weeks after progress reports are out), staying under the tardy limit (no more than one per week) and maintaining acceptable behavior. The complete details can be found in the student handbook under the “C”s. At any time, parents may request that we limit off campus privileges for their student even if they meet criteria. Our desire is to maintain a safe, responsible and respectful learning environment both in school and in the community.

#### **Parking Permits:**

In order to park on school property, student drivers must register with the office, provide proof of driver’s license

and insurance. The parking permit information will remain on file with the school office. The parking permit must be displayed in the vehicle (for families that share multiple vehicles we are happy to issue multiple parking permits).

### **Lunch Program and Accounts:**

The school cafeteria continues to provide healthy and nutritious breakfasts and lunches meeting the federal school lunch guidelines. A student breakfast is \$1.85 and lunch is \$3.15. If qualified for the Free & Reduced Lunch Program, breakfast is free. Those qualifying for reduced lunch, the cost is \$.40 – please remember if your son or daughter is on the Free & Reduced Lunch Program, if they choose to eat more than one breakfast or lunch, the additional meal is at the paid lunch pricing listed above.

**The application for the Free & Reduced Lunch program MUST BE RENEWED EACH SCHOOL YEAR PRIOR TO MID-OCTOBER.** It is preferred you apply directly online by visiting the district website, clicking on the parent tab and access Mealttime Online. However, a paper application would be available in the high school office.

### **Update Contact Information:**

To insure we are effectively communicating with families, it is important to have current contact information – including phone numbers, physical and mailing addresses and e-mail. If there have been any changes in this information over the summer, please contact the office with your updated information. You can also see your contact information by clicking the “my account” tab in ParentVUE. If you do not have a ParentVUE account, we would be happy to provide you with your activation information. Along with basic contact information, parents can view attendance, grades, and much more via ParentVUE. For your activation information or for questions, contact Delpha Corwin in the high school office.

### **Notification of Absences:**

If your son or daughter is going to be absent from school, please contact Margaret Whiting, Attendance Secretary, by e-mail: [margaretw@nknisd.org](mailto:margaretw@nknisd.org) or by phone at 503-355-2272. If the absence is going to be for an extended length of time, pre-arranged absence forms are to be completed and are available in the high school office. We do use an auto-dialer system to notify parents if your child is not in school and we have not received a call notifying us of their absence. It is important we hear from you early so attendance information can be posted before the morning and afternoon calls go out automatically. We appreciate your support in getting your son or daughter to school! The school bell schedules and the district’s school calendar are enclosed with this newsletter for your reference.

### Neah-Kah-Nie Booster Club:

The Booster Club continues to thrive and helps to support the Neah-Kah-Nie students and staff in many ways. If you would be interested in joining the Booster Club, look for the information sheet in the 1<sup>st</sup> Day Packet sent home with students. The Booster Club meets in The Galley on the 4<sup>th</sup> Tuesday of each month at 6:00 p.m.

### Community Support:

In addition to the NKN Booster Club, there are many organizations and clubs that support our schools, students and staff. Mudd-Nick Foundation, the Eugene Schmuck Foundation and Lions Club are only a few of the great organizations earning a HUGE thank you from the Pirates!! If you have an opportunity to support any event sponsored by one of these groups, please do so!!

### Sports, Clubs and Activities:

#### News from the Athletic Department:

Fall sports are under way and our coaches and athletes are getting ready for their first home events.

#### **Fall Pirate coaches are:**

Mark McLaughlin, Cross Country  
Chris Bennett, Football  
Jenna Betts, Volleyball  
Sharon Finlay, Cheer

Please go to our website at [nknsd.org](http://nknsd.org) for athletic schedules and information. We have a few home events before school starts so come out and support our athletes. Our first home volleyball game vs Jewell is 8/28/18 at 5:00 pm and our first home football game is on 8/31/18 vs Reedsport at 6:00 pm.

We are excited to announce that we are now offering the convenience of online athletics registration through FamilyID ([www.familyid.com](http://www.familyid.com)). FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our athletic programs and helps us to be more administratively efficient and environmentally responsible. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs. The process is easy and a parent/guardian should register by going to the link below:

[www.familyid.com/organizations/neah-kah-nie-high-school](http://www.familyid.com/organizations/neah-kah-nie-high-school)

Fall athletics registration is open on FamilyID and we will let you know when the winter season is open for registration. You and your athlete will complete the registration together and will also be able to upload your student's current sports physical. Remember athletic

physicals are good for two years and, if you need a copy of your student's physical that we have on file, please contact Margaret at 503-355-2272 or by email at [margaretw@nknsd.org](mailto:margaretw@nknsd.org). If you need assistance with registration, contact FamilyID at: [support@familyid.com](mailto:support@familyid.com) or 888-800-5583. Support is available 7 days per week.

### Athletic Sponsorship:

If you would like to renew your Pirate sponsorship or become a Pirate sponsor, please contact Corey Douma, Athletic Director. The sponsorship fees are used to provide additional equipment, facility improvements and provide additional opportunities for Pirate athletes. Please e-mail Mr. Douma at [coreyd@nknsd.org](mailto:coreyd@nknsd.org) or by phone at 503-355-3567. More information will be mailed out soon.

**Technology Club** will be participating in the FIRST Tech Challenge this fall. This competition will require us to build a robot, program it and compete against other teams. Interested students and adult volunteers should e-mail [kathrynh@nknsd.org](mailto:kathrynh@nknsd.org) – No previous robotics experience necessary!

Go to <https://www.firstinpires.org> to learn more.

### Newsletter Enclosures:

2018-2019 Annual School Calendar

*High School Year Flyer*

School Bell Schedules

2018-19 Annual Notice for Statewide Test-JUNIORS ONLY

### **MISSION**

Neah-Kah-Nie commits to providing a learning community focused on improvement, persistence and integrity.

### **VISION**

Full engagement in rigorous academics and healthy activities will produce graduates able to apply the literacy, problem solving, creativity and technology skills needed for success in college and the work force.

NEAH-KAH-NIE SCHOOL DISTRICT  
Annual Calendar  
2018-2019

Adopted: February 12, 2018  
Revised: June 11, 2018

July						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August						
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			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September						
S	M	T	W	T	F	S
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23	*24	25	26	27	28	29
30						

October						
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21	*22	23	24	25	26	27
28	*29	30	31			

November						
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				1	2	3
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11	12	13	14	15	16	17
18	*19	20	21	22	23	24
25	*26	27	28	29	30	

December						
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						1
2	*3	4	5	6	7	8
9	*10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August	24-30	Prof. Development/Teacher Workdays
	31	Non-Contract Day
September	3	Labor Day Holiday
	4	First Day of School
	10, 17, 24	District-wide 1.25 hour late start Monday
October	1, 8, 15, 22, 29	District-wide 1.25 hour late start Monday
	12	State Wide Inservice Day - No School
	18	K-12 Parent/Teacher Conferences
	19	K-5 Parent/Teacher Conference / Prof Dev. 6-12
November	5, 19, 26	District-wide 1.25 hour late start Monday
	12	Veterans Day Holiday (observed)
	21	No School - Non Contract Day
	22	Thanksgiving Holiday
	23	No School - Non Contract Day
	30	Grade Day K-12 (Trimester 1 = 56 days)
December	3, 10	District-wide 1.25 hour late start Monday
	17-31	Winter Break
	25	Christmas Holiday
January	1	New Year's Holiday
	2	School Resumes
	7, 14, 28	District-wide 1.25 hour late start Monday
	18	District-wide Inservice - No School
	21	Martin Luther King Day Holiday - No School
February	4, 11, 25	District-wide 1.25 hour late start Monday
	18	President's Day Holiday
March	4, 11, 18	District-wide 1.25 hour late start Monday
	15	Grade Day K-12 (Trimester 2 = 59 days)
	25-29	Spring Break
April	1, 8, 15, 29	District-wide 1.25 hour late start Monday
	22	Parent/Teacher Conferences 6-12 / Prof. Dev. K-5
May	6, 13, 20	District-wide 1.25 hour late start Monday
	27	Memorial Day Holiday
June	1	High School Graduation
	3, 10	District-wide 1.25 hour late start Monday
	12	District-wide Early Release / Last Day for Students
	13	Grade Day K-12 (Trimester 3 = 56 days)
	14-20	Reserve for Making Up Inclement Weather Days. They Will Not Be Used Unless Necessary.

January						
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		1	2	3	4	5
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13	*14	15	16	17	18	19
20	21	22	23	24	25	26
27	*28	29	30	31		

February						
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10	*11	12	13	14	15	16
17	18	19	20	21	22	23
24	*25	26	27	28		

March						
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10	*11	12	13	14	15	16
17	*18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April						
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	*1	2	3	4	5	6
7	*8	9	10	11	12	13
14	*15	16	17	18	19	20
21	22	23	24	25	26	27
28	*29	30				

May						
S	M	T	W	T	F	S
				1	2	3 4
5	*6	7	8	9	10	11
12	*13	14	15	16	17	18
19	*20	21	22	23	24	25
26	27	28	29	30	31	

June						
S	M	T	W	T	F	S
						1
2	*3	4	5	6	7	8
9	*10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Trimesters - All Grades

November	29	Holidays	8
March	14	Instructional Days	171
June	12	Conferences	2
		Prof Dev/Teacher Wrk Days	7
		Grade Days	3
		Total	191

Key For Symbols

- △ Holiday
- \* Late Start Mondays
- Non-Contract Day
- Grade Day, Prof. Dev./Teacher Wrk Days
- ▨ Reserved days for making up inclement weather days. They will not be used unless necessary.

# High School YEARS

Working Together for Lifelong Success



## Short Clips

### Safety first

Your teenager may want to make plans without having to clear them with you first. But to keep her safe, you still need to know where she's going and who she'll be with. Insist on details, and give her a curfew. She may scoff, but deep down she'll know you love her.

### Dangers of e-cigs

Although e-cigarettes may be marketed as a safer way to smoke, they're not. E-cigs, vapors, or "vapes" as they're sometimes called, are simply a different way to put nicotine into the bloodstream. And they are illegal for anyone under 18 years old. Let your teen know these facts, especially if you suspect that his friends might be "vaping."

### Kindness is easy

Being kind in small ways shows others that you care—and it's simple. Encourage your high schooler to show kindness throughout the day. For instance, she could carry the lunch tray for a classmate on crutches. Or she might give a quarter to a cashier if the person in front of her comes up short.

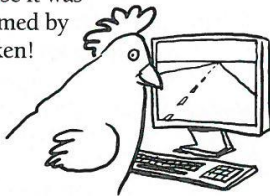
### Worth quoting

"The things that make me different are the things that make me me."  
A.A. Milne

### Just for fun

**Q:** Why did the computer cross the road?

**A:** Because it was programmed by the chicken!



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## Time to talk

Fifteen minutes may not seem like much. But research shows spending that amount of time each day talking with your teen can keep your lines of communication open. Try these four ways to make the minutes count.

### 1. Chat with your teenager when he's relaxed and in a good mood.

Knock on his door before he goes to bed, or greet him when he comes home from an evening out with friends. Start a conversation about your night and his, rather than asking him a lot of questions.

**2. Watch for cues that your teen wants to talk.** If he has something on his mind—or just feels like talking—he may linger nearby while you cook or offer to go along to the grocery store with you. Encourage him to open up by casually asking how things are going.

**3. Do an activity together.** Your high schooler may feel more comfortable



discussing his life while you're taking a walk or driving to the mall. Be ready to listen extra closely if he mentions a serious topic like a new relationship or a friend who is in trouble.

**4. Reconnect after interruptions.** If you have to stop a conversation to take a younger child to soccer practice, for instance, let your teen know you still want to talk. ("I'll be back in 30 minutes. Can we talk more then?") Be sure to follow through when you get home. 👍

## I wouldn't miss it!

Teens who attend school regularly are more likely to graduate. Good attendance also creates a habit that can carry over into work later. Consider these tips.

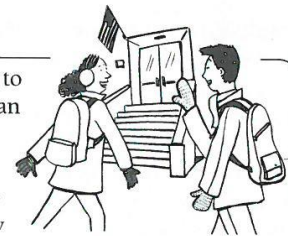
### Set expectations

Being out for even a day or two a month means losing valuable learning time. Tell your child that the only acceptable excuses are illness, family emergencies, or pre-approved college visits.

### Discuss results

Point out that missing school means she'll have to make up coursework. If she falls far behind, she may have to retake courses.

*Note:* Call the attendance line or write notes for excused absences so the school knows your teen is not skipping. If she does skip, contact the school so you can create a plan together to get her back on track. 👍



C6079

## Q & A The opioid epidemic and teenagers

You may have heard news reports about the opioid epidemic and wondered whether it could affect your teenager. Here are answers to questions about opioids, which include heroin and prescription pain relievers like OxyContin, Vicodin, and codeine.

**Q:** How can I talk to my teen about opioids?

**A:** Explain the dangers, including the serious consequences like addiction and even fatal overdose. When you hear sobering statistics in the news, such as the number of overdoses in your state, share them with your high schooler.



**Q:** What if a doctor prescribes an opioid for one of us?

**A:** Keep all medications locked up between doses. Also, promptly dispose of any leftovers. That will keep them away from teens who are tempted to explore medicine cabinets or face peer pressure from friends to do so.

**Q:** What are the signs of opioid use, and what should

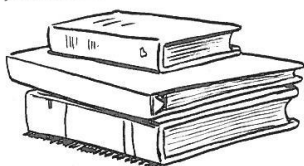
I do if I think my child has tried these drugs?

**A:** Signs of opioid use include shifts in relationships with family and friends, not caring about one's appearance, changes in sleep habits, and poor concentration. If you suspect or discover your teen is using drugs, contact her pediatrician immediately. 👍



## Be a frequent reader

Nearly half of 17-year-olds report reading for fun only once or twice a year. Here are ways to change that trend with your teen.



■ **Keep reading material on hand.**

Put books, magazines, and comics in the car and in various rooms around the house. Change up the mix with finds from yard sales and used-book stores. And make regular trips to the library together—seeing all the choices can inspire your teen to pick out books he'll enjoy.

■ **Subscribe to a newspaper.** Leave the paper on the kitchen table. As your child gets used to reading at breakfast or after school, he'll develop his own go-to sections. Whether it's the front page, the sports section, or the arts column, reading a daily paper is a great way to develop a reading habit. 👍

## How to increase confidence

Feeling confident can pave the way for your high schooler's future success, both in and out of the classroom. Try these tips to boost her self-esteem.

■ **Stay upbeat.** Encourage your teen with positive statements like "I know you'll rock your presentation today!" Also, share what gives you confidence. "I was a little nervous about my presentation at work, but I felt good because I had backed up my points with solid information."

■ **Give her responsibility.** Put your teenager in charge of home projects like replacing a water filter or a printer cartridge. Accomplishing tasks successfully, and seeing family members benefit from her efforts, will boost her confidence.

■ **Focus on what your teen can do.** Shine the spotlight on what your child is good at. Say she has a knack for explaining complicated ideas in simple language. Ask her to help her younger brother with his fractions homework or to teach the whole family how to play a challenging board game. 👍



## Parent to Parent

### Does multitasking work?

My son regularly scanned Twitter and texted his friends while doing homework. James told me not to worry—that he could "multitask"—but I wasn't so sure.

I asked his homeroom teacher about this last spring, and she said kids tend to make more mistakes and take longer to finish work when they multitask. To show my son the difference, she suggested this. I asked him

to track how long it took him to do homework for a week and the number of errors marked when the work was returned. Then, he tracked the same things for a week of homework without tweeting and texting.

He was surprised by the results!

Once James saw he could finish more quickly and do better work, he decided on his own to cut down on multitasking—giving him more time for socializing afterward. 👍



### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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# HIGH SCHOOL BELL SCHEDULE 2018-2019

65 minute class periods- breakfast after 1<sup>st</sup> period (15 minutes), 4 minute passing period, 30 minute lunch, 30 minute advisory

<b>8:20 – 8:30 am</b>	<b>Buses Arrive</b>
<b>8:30 am</b>	<b>Warning Bell</b>
<b>8:35 – 9:40 am</b>	<b>Period 1</b>
<b>9:40 – 9:55 am</b>	<b>Breakfast</b>
<b>9:59 – 11:04 pm</b>	<b>Period 2</b>
<b>11:08 – 12:13 pm</b>	<b>Period 3</b>
<b>12:13 – 12:43 pm</b>	<b>Lunch</b>
<b>12:47 – 1:17 pm</b>	<b>Period 4/Advisory</b>
<b>1:21 – 2:26 pm</b>	<b>Period 5</b>
<b>2:30 – 3:35 pm</b>	<b>Period 6</b>

## High School Late Start **Mondays**

75 minute late start, before school breakfast (20 minutes), 58 minute classes, 4 minute passing period, 30 minute lunch, no advisory period.

<b>9:35</b>	<b>Buses Arrive</b>
<b>9:35 – 9:55 am</b>	<b>Breakfast</b>
<b>9:55 am</b>	<b>Warning Bell</b>
<b>9:59 – 10:57 am</b>	<b>Period 1</b>
<b>11:01 – 11:59 pm</b>	<b>Period 2</b>
<b>11:59 – 12:29 pm</b>	<b>Lunch</b>
<b>12:33 – 1:31 pm</b>	<b>Period 3</b>
<b>1:35 – 2:33 pm</b>	<b>Period 5</b>
<b>2:37 – 3:35 pm</b>	<b>Period 6</b>



## High School 2 hour delayed Start

Short breakfast break, 48 minute classes, 30 min. lunch, no advisory.

<b>10:25 am - 10:35 am</b>	<b>Buses Arrive</b>
<b>10:35 am - 10:46 am</b>	<b>Breakfast</b>
<b>10:46 am</b>	<b>Warning Bell</b>
<b>10:50 am - 11:38 am</b>	<b>Period 1</b>
<b>11:42 am - 12:30 pm</b>	<b>Period 2</b>
<b>12:30 pm – 1:00 pm</b>	<b>Lunch</b>
<b>1:03 pm – 1:51 pm</b>	<b>Period 3</b>
<b>1:55 pm – 2:43 pm</b>	<b>Period 5</b>
<b>2:47 pm - 3:35 pm</b>	<b>Period 6</b>

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