

The Howler

Garibaldi Grade School | Newsletter



May 2023

Lots of exciting field trips and activities are coming up. Be sure to check your students backpacks and Thursday Folders to make sure you are not missing any important announcements!

And an important reminder, if you would like to volunteer for a field trip, you will need a district volunteer application approved and on file. These application can take up to 2 weeks to process, so plan ahead. You can reach out to the GGS office to have a application sent home or check to see if you application is still current.

Important Upcoming Dates

May 1st, Monday - No School, In Service Day

May 11th, Thursday - Spring Concert, 6:30pm in the GGS gym

May 16th, Tuesday - Parent Group Meeting, 6pm in the GGS library

May 17th, 5th Grade Transition Night at Middle School from 5-6pm

May 24/25th, PRESCHOOL conferences (no preschool)

May 29, Monday, No School Memorial Day



Spring Music Concert

Thursday, May 11th at 6:30pm (6:15pm doors to classrooms open)

Students have been working hard on perfecting their performances for the spring concert. Please join us in the GGS gym and enjoy our preschool-5th grade music performances and what they have been learning about in music with Mr. Simpson.



GGs Kindergarten Round-Up

Thursday, May 11th from 8:30am-10am

Do you have an incoming Kindergarten for the 2023-24 school year? Please join us to find out more about GGS's Kindergarten program. Come find out what to expect next year, learn about curriculum and meet teachers/staff. Your child will also have the opportunity to visit a kindergarten classroom and go on a short bus ride!

5th Grader Transition to Middle School

The month of May is full of getting our current 5th graders prepared to head on to our middle school next year. On Wednesday, May 17th, from 5-6pm incoming 6th graders and their families are invited to "NKN Middle School Transition Night" up at the middle school in Rockaway. Families and students will learn all about what middle school will be like and how to successfully make the transition. Students and parents will come away feeling prepared, ready and excited about starting 6th grade. Then on Wednesday, May 31, the 5th grade students will go as a group and visit the school themselves.



May's Characteristic is Perseverance

Each month, GGS focuses on a personal characteristic and teaches it to our students.

Our focus for the month May is Perseverance. We normally include a Pride of the Pack award focused on perseverance, but we decided to focus on it this month specifically! Students demonstrate perseverance when they continue effort to do or achieve something despite difficulties, failure or opposition. Students who have perseverance, keep trying again and again.

At the end of the month we will be handing out three awards in each class, demonstrating perseverance. Please talk with your child(ren) around the conversations they are having at school on how they show perseverance.

Ms. H's Counseling Corner

We are almost at the end of our school year, and it has gone by way too quickly! I am finishing up my classroom lessons on bully prevention. We have talked about how we might need to use our Courage Tool when we address a situation where someone is not treating us with respect. We also took a closer look at different ways to use our Courage Tool.

- Physical Courage: To keep going with resiliency, balance and awareness
- Social Courage: To be yourself unapologetically
- Moral Courage: Doing the right thing even when it's uncomfortable or unpopular.
- Emotional Courage: Feeling all emotions either comfortable or uncomfortable without guilt.
- Intellectual Courage: To learn, unlearn, and relearn with an open flexible mind.

During May, we will be doing some activities to review our mood meter to name our emotions, and then choosing one of our "Tools," to help us handle these emotions. I am including a script as an idea on how to help your child work through big emotions.



ACKNOWLEDGE THE EMOTION - let the child know that you see they are experiencing an emotion.

SAY: I can see something is bothering you.

LABEL THE EMOTION - Help the child understand what emotion they may be feeling.

SAY: Where is your energy level? Are you feeling comfortable or uncomfortable?

VALIDATE THE EMOTION - All emotions are valid even if the emotion doesn't fit the problem.

SAY: It sounds like you feel ____ because of _____. Does that sound right?

PROBLEM SOLVE - Help your child explore the Tools that might help them.

SAY: I wonder which three Tools might help right now?

NKN
STUDENT HEALTH & WELLNESS CENTER

The NKN Student Health & Wellness Center provides services to all students regardless of the student's ability to pay.
Located at the Neah-Kah-Nie High School.

Center opens Tuesday, August 9th for medical services (including sports physicals).

Health & Wellness Center Hours

Tuesday:
8:30 am - 12:00 pm
1:00 pm - 5:00 pm (closed 12:00 pm - 1:00 pm)

Wednesday:
8:30 am - 12:30 pm
1:30 pm - 5:00 pm (closed 12:30 pm - 1:30 pm)

Thursday: Starting September 6th
(Counseling appointments only)
8:30 am - 12:00pm
1:00 pm - 4:30 pm (Closed 12:00 pm - 1:00 pm)

(503) 355-3500

Visit the website for available services
and resources: shhealth.nkn.org

*Parents have the right to opt out of services.

NKN School Board Meetings

Monday, May 8th, 6:30pm

This is a monthly meeting of our school Board. Meeting takes place at our District Office or through Zoom. You can access this meeting through our district website (www.nknsd.org) under "School Board" and then "Board Meetings".

Neah-Kah-Nie Employment Opportunities

Come work for the School District!

We currently have part and full time jobs available within the school district! Full Benefit and Job Descriptions are listed on our website: <https://nknsd.org/departments/human-resources/> If you have any questions, contact Kathie Sellars at our District office, 503-355-3506 or kathies@nknsd.org.

Are you interested in a flexible work schedule?

Sign up to be a classified or certified substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to ESS.com, click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact ABrueske@ess.com or our Human Resources office at 503-355-3506



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