

## **School Health Advisory Council (SHAC) Annual Report 2025-2026**

As required by state law, FISD established a school health advisory council that meets four times throughout the school year to assist the district in ensuring that local community values are reflected in the health education instruction.

During the 2025-2025 school year, the SHAC committee met on October 23, December 11, February 19, and April 16. Each meeting lasted approximately an hour and had both district and campus staff members that represented food service, nurses, counselors, and PE teachers, as well as, parents from each campus.

The agendas of each meeting included updates from PE, nurses, counselors, and food service and a review of the FISD Wellness Plan. The committee learned about the new Texas SB12 (2025) law. Texas Senate Bill 12 (2025) requires Texas public schools to obtain annual written parental consent for health services, surveys, and club participation. Guest presenters from FISD Cares & the Alliance shared with the committee information on all of the services provided by this organization to support our students and their families. This committee also provides feedback for our Meal Service Advisory Board and reviews the FISD Wellness Policy Measurement Plan.

At this time, there are no recommendations concerning the health education curriculum and instruction or related matters.