

## **Food service Report**

**JANUARY 2018**

Howdy to all,

The month of January as kept us busy with office work that is being done for the state review. We had a nutritionist come in on the 23<sup>rd</sup> of January and went over our menus with us. We are doing well with our nutrition levels. We will be making some changes to the menus to make sure that we are serving all the different vegetable groups each week. To explain a little, there are red/oranges vegetables which would be tomatoes, carrots, squash, red peppers and sweet potatoes. We have beans and peas which would include all beans but lima and green beans and only chick peas and split peas. We have dark green vegetables that include broccoli, spinach, kale and romaine lettuce to name a few. Starchy vegetables are potatoes, corn, green peas and lima beans. Then we have others vegetables which would include celery, cucumber, asparagus, cauliflower, green beans and mushrooms. This is just some of the other category. We have to make sure that we are serving, or I should say offering, each category during the week. The reason I say offering is because we offer these different vegetables, but the kids do not have to take them. They have other options they can take. With offer vs serve we offer five items and the kids need to take at least three of them. The three items that I am talking about have to come out of five different categories or we call them components. The components are dairy, fruit, vegetables, meat/ meat alternative (which cheese is a meat alternative) and grains. We offer two cups of fruit, 2 ½ cups of vegetables, three cups milk, 5 ½ ounces meat and six ounces of grain every week per student. They have to take three of these components every day. This is for lunch; breakfast is a little different.

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### **Claims;**

- Breakfast numbers for January are 26,845 in 2017 and 33,026 for 2018. We had 20 days in 2018 and 13 days in 2017 with the snow days. That is an average of 1,651 this year and 2,065 last year.
- Lunch numbers are 52,505 for 2018 and 31,865 for 2017. The average for 2018 is 2,625 and for 2017 2,451 that is an increase of 174 student meals this year.
- Our total reimbursement is 178,959.60 for 2018 and 118,320.77 in 2017.

### **Projects;**

- We are still in the planning stages of the Minico High project and are starting to get our plans moving forward for the warehouse expansion.

We invite you all to come and eat with us at any time at any school and would love any feedback. Also come by, and I would be glad to show you our plans for the warehouse and also for Minico.

Thanks, Russ