



# Positive Happenings

LINK: Life Skills - Independence - Networking - Knowledge



## Quick Facts

- During the 2016-2017 school year, LINK offered 28 activities.
- Each LINK activity is staffed by two or three district staff members.



*Left to right: Trisha Miller, Ann Redepenning and Andrea Mogren.*

## LINK Program and Staff Overview

The LINK program serves adults with disabilities and focuses on offering opportunities that promote life skills, independence, networking and knowledge. During the 2016-2017 school year, LINK offered 28 activities and averaged 14 participants at each activity. Activities included holiday parties, dinners at local restaurants, mini-golf, movie nights, game nights, arts & crafts and many more.

LINK staff members seek feedback from participants regarding what activities they'd like to participate in and we then work to develop programming that provides social, recreational and educational experiences for adults with disabilities. We've learned that every event we offer needs to include two things - food and time for participants to hang out with their friends!

Each LINK activity is staffed by two or three district staff members. We are fortunate to have two staff who are employed as special ed paraprofessionals with Forest Lake Area Schools. Ann Redepenning and Trisha Miller have worked in the district for four years and two years respectively. Andrea Mogren is a Forest Lake Area Schools graduate and is now employed as a special ed teacher in District 916.

Ann, Trisha, and Andrea's knowledge, skill and passion for working with people with disabilities shines through. They are very talented at adapting activities and managing a diverse group to ensure everyone has a safe and fun experience at LINK.

### Contact Information

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