



JUDSON INDEPENDENT SCHOOL DISTRICT

Meeting Date: August 21, 2025

Submitted By: Dr. Lacey Gosch
Title: Assistant Superintendent

Agenda Item: Consider and take action regarding approving the proclamation to recognize September 7-13, 2025, as National Suicide Prevention Week.

CONSENT ITEM

RECOMMENDATION:

To approve September 7-13, 2025, as National Suicide Prevention Week for Judson ISD.

IMPACT/RATIONALE:

National Suicide Prevention Week is an annual campaign to educate the general public about suicide prevention and the warning signs of suicide.

Suicide is a major public health concern and one of the leading causes of death in the United States. In an effort to address this issue and encourage the positive change, the theme for World Suicide Prevention Day (September 10, 2025) is "Changing the Narrative on Suicide". This theme aims to raise awareness about the importance of reducing stigma and encouraging open conversations to prevent suicide.

During the month of September people across the world take time to remember the lives lost to suicide, the millions of people who have struggled with suicidal ideation, and acknowledge the individuals, families, and communities that have been impacted.

BOARD ACTION REQUESTED:

Approval/Disapproval



National Suicide Prevention Week Proclamation **Judson Independent School District Board of Trustees**

WHEREAS: September is known globally as Suicide Prevention Month. The ***National Suicide Prevention Week Proclamation*** was created to raise the visibility of the mental health resources and suicide prevention services available in our community. The goal is to speak openly about the importance of mental health and the impacts of suicide to help remove the surrounding stigmas, and to direct those in need to the appropriate support services; and

WHEREAS: Suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and

WHEREAS: Each and every suicide directly impacts a minimum of 100 individuals, including family, friends, co-workers, neighbors, and community members; and

WHEREAS: Every member of our community should understand that throughout life's struggles we all need the occasional reminder that we are all fighting our own battles; and

WHEREAS: Judson ISD encourages all residents to take the time to “check in” with their family, friends, and neighbors on a regular basis. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.

NOW, THEREFORE, I, Monica Ryan, by virtue of the authority vested in me as Board President of the Judson Independent School District Board of Trustees, do hereby proclaim September 7-13, 2025, as NATIONAL SUICIDE PREVENTION WEEK. We encourage our community to participate in mental health awareness and education activities, not only during September, but also throughout the year, making a visible statement that we are strongly committed to improve mental health care and resources in our community.

Board President, Monica Ryan

Board Secretary, Lesley Lee

